



Family Programs

You are signed up for our Virtual Workshop

Stress and Resilience

**Please read the instructions below.
See you soon!**

- Bring something to write with.
- Join the meeting 5 minutes before.
- Make sure you are in a space where you can listen and participate.
- When you join the session, please add your name on the screen and turn on your camera.

Zoom Meeting ID: 940 2643 7772
Passcode: 023139

For more information, please visit:

 [/KPEducationalTheatreFamilyPrograms](https://www.facebook.com/KPEducationalTheatreFamilyPrograms)

kp.org/educationaltheatre/scal

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