



Andes Central School District

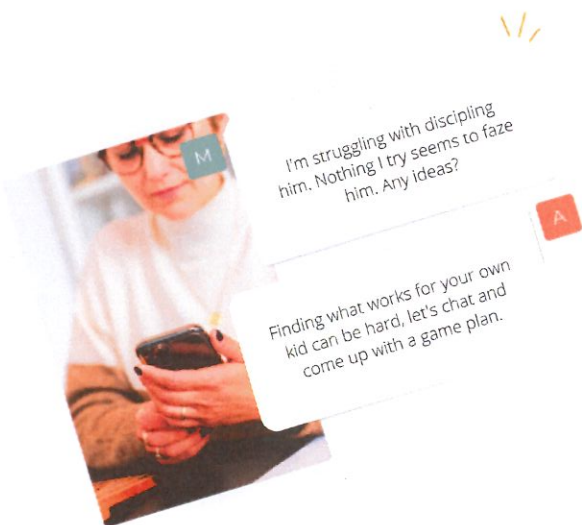
is partnering with



FREE New Resource to Families Coaching for Parents

In response to parent concerns about student health and well-being, Andes Central School District is partnering with ParentGuidance.org to provide Mental Health Resources to families, designed to help parents and caregivers support students.

All interactions are kept totally anonymous from the school district.



Our coaches are trained, specialized, certified and ready to help!

Your coach shares insight, energy and validation into your personal family challenges...day-to-day, week-to-week, even year-to-year when you feel too stuck, too alone, or too exhausted.

How you handle your child's difficult moments now can influence their mental health later. Coaches are like your virtual parenting assistant, working together to help you help your child.

Free and Confidential Registration & Participation
Scan QR code or click the link to register for coaching
<https://CookCenter.info/GetCoaching>





Coaching for Parents...

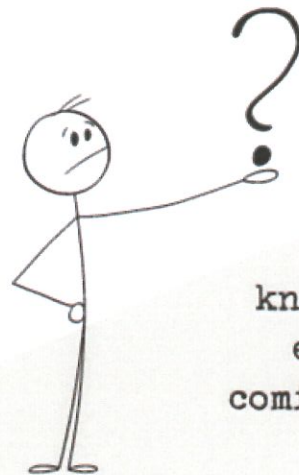
"I would recommend coaching to any parent. It not only helps you overcome difficulties in parenting, but helps you create bonds of love, communication and trust with your children."

- Parent in Coaching



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for Coaching

Or go to: <https://CookCenter.info/Get-Coaching>



"The coaches are incredibly knowledgeable both in content and experience. They make you feel comfortable participating, respected and valued."

