

TECC LUNCH JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL !!
4 NO SCHOOL !!	5 WG Macaroni & Cheese Tri Tators Pickle Spear Frozen Strawberry Cup Chocolate Milk 1% White Milk 1%	6 Ham & Cheddar Sandwich Vegetarian beans Baby Carrots/FF Ranch Rosy applesauce Chocolate Milk 1% White Milk 1%	7 Pizza Corn Baby Carrots/FF Ranch Chocolate Chip Cookies Peaches diced Fat Free Chocolate Milk White Milk 1%	8 Beef Taco Wrap Salsa Green Salad Broccoli Crowns/Ranch Dip Banana Chocolate Milk 1% White Milk 1%
11 Cheeseburger Crispy Oven Fries Broccoli Crowns/Ranch Dip Mandarin Orange Slices Ketchup Chocolate Milk 1% White Milk 1%	12 Popcorn Chicken Mashed potatoes/Gravy Carrots Sliced Cooked Rosy applesauce Chocolate Milk 1% White Milk 1%	13 Cheese Nachos Refried Beans Baby Carrots/wFF Ranch Peaches diced Chocolate Milk 1% White Milk 1%	14 Mazzios Cheese Pizza Corn Broccoli Florets/w FF Ranch Chocolate Chip Cookies Peaches diced Fat Free Chocolate Milk White Milk 1%	15 Grilled Cheese Vegetable Beef Soup Potato Wedges Banana Chocolate Milk 1% White Milk 1%
18 NO SCHOOL !!	19 Chicken Sandwich Crispy Oven Fries Baby Carrots/wFF Ranch Mandarin Orange Slices Ketchup Chocolate Milk 1% White Milk 1%	20 Barbeque Meatballs GARLIC TOAST Green Beans Rosy applesauce Chocolate Milk 1% White Milk 1%	21 Mazzios Cheese Pizza Corn Baby Carrots/FF Ranch Diced Peaches Sugar Cookie Chocolate Milk 1% White Milk 1%	22 Hot Ham and Cheese Wrap WG Cheetos Vegetarian beans Broccoli Florets/w FF Ranch Raisins Chocolate Milk 1% White Milk 1%
25 Popcorn Chicken Potato Wedges Green Beans Mandarin Orange Slices Ketchup Chocolate Milk 1% White Milk 1%	26 Grilled cheese Tomato Soup Broccoli Florets/w FF Ranch Pickle Cup Apple Wedges Chocolate Milk 1% White Milk 1%	27 Hot Dog On Whole Grain Bun Crispy Oven Fries Baby Carrots/FF Ranch Rosy applesauce Fat Free Chocolate Milk White Milk 1%	28 Pizza Corn Baby Carrots/FF Ranch Chocolate Chip Cookies Peaches diced Fat Free Chocolate Milk White Milk 1%	29 Chicken Taco Wrap Salsa Refried Beans Broccoli Crowns/Ranch Dip Banana Chocolate Milk 1% White Milk 1%