

## BARNARD BREAKFAST JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL !!
4 NO SCHOOL !!	5 Pancake on a Stick Syrup Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	6 Cereal Blueberry Muffin Squares Chocolate Milk 1% White Milk 1% Apple Juice	7 Cinnamon Sugar Oatmeal WG Pop Tart Fresh Apple Slices Chocolate Milk 1% White Milk 1% Apple Juice	8 Cereal Whole Grain Toast Jelly Packet Banana Chocolate Milk 1% White Milk 1% Apple Juice
11 Mini Cinnamon Rolls Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	12 Cheesy Scrambled Eggs Whole Grain Toast Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	13 Cereal Granola Bar Cinnamon Applesauce Chocolate Milk 1% White Milk 1% Apple Juice	14 WG Pancakes SYRUP Banana Chocolate Milk 1% White Milk 1% Apple Juice	15 Cereal Whole Grain Toast Jelly Packet Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice
18 NO SCHOOL !!	19 Trix Yogurt Graham Crackers Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	20 Cereal WG Pop Tart Applesauce Chocolate Milk 1% White Milk 1% Apple Juice	21 WG Pancakes SYRUP Banana Chocolate Milk 1% White Milk 1% Apple Juice	22 Cereal Graham Crackers Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice
25 Cereal Biscuit Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	26 Cinnamon Sugar Oatmeal Whole Grain Toast Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	27 Cereal WG Pop Tart Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	28 WG Pancakes SYRUP Banana Chocolate Milk 1% White Milk 1% Apple Juice	29 Breakfast Frudel Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice

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