



RCMS

This institution is an equal opportunity provider.

January 2021

Please see the website for menus and other key information.

Variety of Milk served with each meal

Reminder:
You can deposit money into your students Food Service account through Skyward Family Access.

*Menu is Subject to Change.
** Extra grains may be added to each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
No School	5 Scrambled Eggs/ Cinnamon Toast Peaches Milk / Juice	6 Cereal Pears Milk / Juice	7 Powdered Donut Mandarin Oranges Milk/ Juice	8 Breakfast Pizza Strawberry Applesauce Milk/ Juice
	Chilli/Grilled Cheese Carrots and Dip Applesauce Milk	Corn Dog Tater Tots Mandarin Oranges Milk	Chicken Nuggets Mac n Cheese Green Beans Pineapple Milk	Mr. Rib Baked Beans Peaches Milk
11 Pancake/ Sausage Bites Syrup Oranges Milk/ Juice	12 Egg Casserole Toast and Jelly Pears Milk / Juice	13 Biscuits and Gravy Banana Milk / Juice	14 Chocolate Donut Grapes Milk/ Juice	15 Breakfast Pizza Peaches Milk/ Juice
Tater Tot Casserole Bread Stick Peas Slushy Milk	Hot Ham and Cheese Cooked Carrots Pears Milk	Popcorn Chicken Mashed Potato Bowl Roll/Corn/Peaches Milk	Taco in a Bag Salad/ Cheese Salsa Applesauce Milk	Chicken Patty Baked Beans Orange Milk
No School Martin Luther King	19 Scrambled Eggs/ Cinnamon Toast Pineapple Milk / Juice	20 Cereal Blueberry Milk / Juice	21 Powdered Donut Banana Milk/ Juice	22 Breakfast Pizza Grapes Milk / Juice
	Chicken Noodles Green beans Roll Mixed Fruit Milk	Pizza Salad / Dressing Apple Milk	Orange Chicken Rice California Blend Mandarin Oranges Milk	Sloppy Joe Corn Pineapple Milk
25 French Toast / Syrup Apple Milk/ Juice	26 Egg Casserole Toast and Jelly Grapes Juice / Milk	27 Biscuits and Gravy Oranges Milk / Juice	28 Chocolate Donut Banana Milk/ Juice	29 Breakfast Pizza Peaches Milk/ Juice
Chicken Tenders Baked Beans Ketchup Mandarin Orange Milk	Spaghetti Bread Stick Green Beans Pears Milk	Bosco Sticks Marinara Salad / Dressing Applesauce Milk	Cheeseburger Tater Tots Pickle Orange Milk	PBJ Celery/Peanut butter cup Grapes Milk

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50



Reliable Caring Cooks Undoubtedly #1

Growing Strong Healthy Tigers, one Meal at a Time!



Prices	
Breakfast	\$2.20
Reduced	.30
Adult Breakfast	\$3.30
Lunch	\$2.80
Reduced	.40
Adult	\$4.30
EXTRA MILK	.50