

Wednesday, December 14, 2022 - Agenda

Our Guiding Statement:

Mena School District is devoted to providing a district wide effort to promote and protect every member of our district including all staff member's and children's health and wellbeing. Every child deserves the right to have access to healthy foods and opportunities to be physically active in order to grow, learn and thrive. It is proven that through health, student's attendance and academic success will be impacted in a positive manner.

Location: The health and wellness committee met on Dec. 14, 2022 in the Louise Durham conference room.

Time: The meeting began at 3:15.

Those in attendance were

Curtis Black, Principal at LD
Bobby Landon, MHS Nurse
Becky Richardson, LD Nurse
Lisa Falls, HH Nurse
Brook Maechler, MS Nurse
Robin Castor, PE Instructor LD
Tamara Smart, HH Principal
Susan Bodey, Aramark FSD Representative
Amy Bartow, FSD Mena Public Schools
Bridgett Martin, Community Representative
Shanda Craig, Student Success Coordinator
Wanalynn Alexander, Independent Living

Minutes:

- Assign Modules
- Menus Reviews
- Mental Health Services
- Veggie Meters

- Bike Program Overview

Wellness Committee Requirements Checklist Implementation and Compliance

Modules	Committee Members & Links
Module # 1	Elementary - Becky Richardson/Nurse ,Lisa Falls HH Middle/High - Bobbi Baker/Nurse
Modules # 2	Elementary -Robin Castor/PE ,Ray Hunter HH Middle/High - Ray Hunter/Trevor Humphry/Coach
Module # 3	Elementary - Robin Castor/PE,Ray Hunter HH Middle/High - Ray Hunter,Trevor Humphry/Coach
Module # 4	Elementary -Amy Bartow FSD. Middle/High - Amy Bartow FSD.
Module # 10	Elementary - Curtis Black,Tamara Smart / Principle Middle/High - Celeste Ashcraft, Todd Coogan
Module # 11	Elementary - Shanda Craig Middle/High - Shanda Craig

- Approve menus: The Mena School Wellness Committee has reviewed the menus for the following Child Nutrition Program, Aramark Food Services, and has no recommendations at this time.
- Modules were assigned to each representative and requested to be returned upon completion.
- Robin Castor discussed the success of the bike program. She mentioned that she took a poll of children and many had never known how to ride a bike before the program began.
- Amy Bartow and Susan Bodey discussed the nudge survey . This is a survey from UAMS to establish goals that are complete and goals that will be attained over the next three years to improve the nutritional standards.

The next meeting is scheduled for February 22, 2023 at 3:15.