

AR
 Holly Harshman Elem School (Mena School District)
 1000 Geyer Drive
 Mena AR 71953
 479-394-3151

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Holly Harshman Elementary
School LEA Number:	5703010

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	HOLL673798
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Reviewer Comments:

Body Mass Index (BMI)

Develop a brief narrative of student BMI trends based on the analysis of the data.

Health weight percentage seems to be lower than in previous years for 4th grade males and female

FEMALES

*Healthy weight is down to 53.57% in '21 from 55.22% in '22.

*Obesity is down to 14.29% IN '21 from 22.39% in '20.

*Overweight is up to 26.79% in '21 from 19.4% in '20.

MALES

*Healthy weight is down to 48.39% in '21 from 64.1% in '20.

*Obesity is up to 22.58% in '21 from 14.1% in '20.

*Overweight is down to 17.74% in '21 from 17.95% in '20.

Additional Health Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (**AR Code §6-20-709**).

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Goal 1 Measurable Objective

Students are served healthy breakfasts, lunches and snacks daily in an effort to achieve a 2% BMI decrease

Goal 1 Activities

Activity	Person Responsible	Timeline
Menus are reviewed with multiple options.	Susan Bodey	Fall 2021
A second chance breakfast may be implemented.	Susan Bodey	Winter 2021
Afternoon snacks are given daily.	Susan Bodey	Fall 2021

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Goal 2 Measurable Objective

Additional physical activity will produce a 2% decrease in overweight females and obese males.

Goal 2 Activities

Activity	Person Responsible	Timeline
40 minutes of recess	Classroom teachers	daily for 21/22 school year
PE classes also occur for 45 minutes 2x weekly (90 minutes total).	Matt Sandifer/Ray Hunter	twice a week- 21/22 school year

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Goal 3 Measurable Objective

Goal 3 Activities

Activity	Person Responsible	Timeline

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Child Maltreatment	Arkansas IDEAS	2 hours

Human Trafficking	Arkansas IDEAS	30 minutes
Stress regulation, Exercise and Healthy Eating Tips	School Nurse	30 min

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments: