

AR
 Louise Durham Elem School (Mena School District)
 106 North Reine Street
 Mena AR 71953
 479-394-2943

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Louise Durham Elementary
School LEA Number:	5703009

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Loui759831
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Reviewer Comments:

Mod 11 does not have a green check mark next to it.

The SHI is missing questions pertaining to tobacco. Click "My SHI Options", select "Edit School Profile" and add the topic that is missing.

SW

Body Mass Index (BMI)

Develop a brief narrative of student BMI trends based on the analysis of the data.

In 2020 134 Kindergarten students were screened. 70.9% were healthy and 15.7 % were overweight and 13.4% were in the Obese category.

102 2nd grade students were screened. 70.6% were healthy, 14.7% were categorized as overweight and 14.7 % were in the Obese category.

The percentage of healthy students had been consistently trending down until this year. There was an increase of over 10% of students in the healthy category this year. However, the number of students in the Obese category also increased slightly this year.

Additional Health Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Based on a site-based survey, students have spent less time playing outside and more time involve in sedentary activities than the previous year.

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (**AR Code §6-20-709**).

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Goal 1 Measurable Objective

The school will partner with the cafeteria personnel to provide healthy snacks for our students daily. The LEA will coordinate with child nutrition personnel to ensure menus are reviewed by the district wellness committee.

Goal 1 Activities

Activity	Person Responsible	Timeline
Contact the Nutrition Coordinator for prices and plans	Bridget Buckley	
Coordinate snack delivery	Jimma Holder	
Prepare snacks	Tanesha Chambers	

Reviewer Comments:

Good job on your team's efforts to address nutrition on the school campus! Within the measurable objective section, a target level of performance should be included. An example may be, "After a review of past school health assessments, 75% of students will engage in nutrition education one day per week by May 2022." An objective should clearly answer, one or all the following questions:

- How much?
- How many?
- How will I know that it's accomplished? Please keep this in mind for future submissions

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Goal 2 Measurable Objective

Louise Durham will implement a new standards-based physical education program. They will evaluate and determine our priority standards and proficiency scales for PE and purchase the equipment needed to support this program.

Goal 2 Activities

Activity	Person Responsible	Timeline
Choose Priority Standards	Robin Castor	
Create Proficiency Scales	Robin Castor	
Order Equipment	Jimma Holder	

Reviewer Comments:

What exactly is it that your school is planning to increase/decrease? And by how much?

An objective should clearly answer, one or all the following questions:

- How much?
- How many?
- How will I know that it's accomplished? Please keep this in mind for future submissions.

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Goal 3 Measurable Objective

Louise Durham will purchase curriculum and equipment to support a social and emotional support program for students and teachers.

Goal 3 Activities

Activity	Person Responsible	Timeline
Create and adult emotional support room	Robin Castor	
Choose and Social and emotional curriculum	Linda Collins	
Create emotional support zones for students	Robin Castor	

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Use of emotional support rooms	Robin Castor	1.5 hours
Social and emotional support curriculum support	Linda Collins	1 hour

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments:

Your school is on the right path for goal 2. All that's left to do at this point is make your statement more measurable. What exactly is it that your school is planning to increase/decrease? And by how much?

An objective should clearly answer, one or all the following questions:

- How much?
- How many?
- How will I know that it's accomplished? Please modify the objective and resubmit.

3/21/22 bdr