

Health and Wellness Minutes
11-9-21
Location: LD Conference Room

Members Present:

Jimma Holder-LD Principal
Amy Bartow-Health/Nutrition representative
Bobbi Landon-MHS Nurse
Becky Richardson-LD Nurse
Lisa Falls -HHE Nurse
Tamara Smart-HHE Principal
Jaiden Milam- Student Representative

- Appointed a secretary for the year- Tamara Smart
- Discussed new menu system- NutriSlice (New software program)
 - Keto Options?
 - Carbs on HHE menu
 - Breakfast options at HHE- Second chance option?
- Reviewed annual Wellness document and discussed all requirements
- Scheduled the next meeting for January