

# A MESSAGE FROM THE CEO

October 30, 2020

Today, in Anchorage, one person tested positive for the virus that causes COVID-19. Upon receiving the positive test result, the patient was immediately placed in isolation—away from others. The individual is a resident of Sand Point; therefore, the State of Alaska daily reporting will show this as a positive case for our region.

Eastern Aleutian Tribes is working closely with Alaska Public Health and the city of Sand Point to ensure precautions are taken to protect anyone who may have been in close contact with the individual. How the individual contracted the virus is under investigation. We will keep the public informed of any information that is needed for community health and safety.

COVID-19 is still here and is highly contagious. Remember that some people, without symptoms, may be able to spread the virus. To prevent further spread of COVID-19, I encourage you to follow the recommendations from the CDC for precautionary measures:

- Wear a cloth face covering, placed over your mouth and nose, when in public. If possible, avoid those who are not wearing a mask. Your mask protects them. Their mask protects you.
- Stay six feet or more away from non-household members. Do not gather in groups. Keep close interactions small. Avoid crowded places. Do not shake hands, elbow bump, or hug—instead wave and verbally greet others.
- Wash your hands often. Clean and disinfect frequently touched surfaces.
- Avoid nonessential travel. Travel increases your chance of getting and spreading COVID-19. The more cases at your destination, the more likely you are to get infected during travel and spread the virus to others when you return.
- Stay home if you are sick, if a person in your home is sick, or if you have been in close contact with a person who has tested positive for COVID-19.

If you feel ill, have mild symptoms, or suspect you may be infected with the virus that causes COVID-19, contact your local health care provider to be tested; you should also take steps to help prevent the disease from spreading to people in your home and the community. Additional information on COVID-19 is available through the Alaska Department of Health and Social Services at [www.coronavirus.alaska.gov](http://www.coronavirus.alaska.gov).

We are in this together, we will get through this together.

Paul Mueller  
CEO

