

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

SEPTEMBER 3 – SEPTEMBER 10, 2018

FOOD SERVICE – Reminder your child has a choice of 3 entrees each day.
Milk is also available with each meal.

REMINDER – The school day this year runs from 8am to 3:30pm

MONDAY, SEPT. 3:

BREAKFAST: NO SCHOOL

LUNCH: NO SCHOOL

ACTIVITIES: RC JR/SR HS: Activity Period – NO SCHOOL

EAST: NO SCHOOL

TUESDAY, SEPT. 4

BREAKFAST: Pancake Sausage Griddle, Yogurt with Fruit Muffin, Oatmeal Cereal

**LUNCH: Super Nachos or BBQ Pork on Bun, Entrée salad, Taco Salad,
SIDES – Fresh Garden Salad, Refried Beans, Mandarin Oranges**

**ACTIVITIES: RC JR/SR HS: Activity Period – FBLA
HS VB, 4pm, HERE, Tri meet with Beloit & Red Cloud
JV FB @Minneapolis, 5pm, bus leaves at 3pm
Play Practice, 7pm**

EAST: Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, SEPT. 5:

BREAKFAST: Cinnamon Roll, Breakfast Nachos, Oatmeal Cereal, Yogurt, Bananas

**LUNCH: Chicken Patty or Hamburger Steak, Entrée Salad, Strawberry Chicken Salad,
SIDES – Mashed Potatoes with Gravy, Green Beans, Pineapple, Hot Roll**

ACTIVITIES: ADM: D-SILT @District office, 4pm

RC JR/SR HS: Activity Period –BAG

EAST: Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, SEPT. 6:

BREAKFAST: Breakfast Sliders, apple Hand pie, Oatmeal Cereal, Toast, Apple

**LUNCH: Hot dog on Bun or Korean BBQ Pork Tacos, French Fries, Entrée Salad,
Cobb Salad, Blueberry Muffin – SIDES – Fresh Garden Salad, Pears**

**ACTIVITIES: RC JR/SR HS: Activity Period – Science Club/JH Stuco
JH VB @Minneapolis, 4:15pm, bus leaves at 2:30pm
JH FB @Minneapolis, 5pm, bus leaves at 2:45pm
FCA, following sports practice, at 6pm
Play practice, 7pm**

EAST: Belleville After School program – 3:30pm – 5:30pm

FRIDAY, SEPT. 7:

BREAKFAST: Biscuits and Gravy with Sausage, Mini Waffles, Oatmeal Cereal, Yogurt, Grapes

**LUNCH: Tony's Pizza or Pepperoni Calzone, Entrée Salad – Popcorn Chicken Salad,
Pineapple Muffin – SIDES – Fresh Garden Salad, Roasted Vegetables,
Tropical Fruit**

**ACTIVITIES: RC JR/SR HS: Activity Period – FCCLA Officers
FFA – State Booth Set up at State Fair, bus leaves at 6am
RCHS FB @Ellsworth, 7pm, bus leaves at 3:30pm**

**EAST: Follow the Tuesday/Thursday schedule today
5th Grade Field Day – Pawnee Indian Village, 9:30am
Belleville After School Program – 3:30pm – 5:30pm**

Kansas State Fair will be going on in Hutchinson, from September 7th – September 16th

SATURDAY, SEPT. 8:

**ACTIVITIES: RC JR/SR HS: HS VB @Ellsworth, 8am, bus leaves at 6am
Play Set Work Day, 8am – 12pm
HS JV VB @Smith Center, 9am, bus leaves at 7am
Cross Country @Wamego, 10am, bus leaves at 6:15am**

MONDAY, SEPT. 10:

BREAKFAST: Pancakes with Fruit Topping, Sausage Biscuit, Oatmeal Cereal, Yogurt, Apple

LUNCH: Chicken Nuggets or Beef and Noodles, Italian Bread, Entrée Salad Choice –
Mandarin Orange Chicken Salad – SIDES – Fresh Garden Salad,
Corn, Applesauce

ACTIVITIES: **ADM:** Board of Education meeting @Jr/Sr High School office, 7:30pm
RC JR/SR HS: Activity Period – FCCLA
JH VB @Concordia, 4:30pm, bus leaves at 3:10pm
JV FB vs Ellsworth, 5pm, HERE
Play Practice, 7pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

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