

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

APRIL 30, 2018 – MAY 7, 2018

All Grades 6-12 have a Fruit Choice and Garden Salad Bar with lunch

CHOICE -- Peanut/Butter/Jelly Sandwich

UPCOMING SCHOLASTIC BOOK FAIR – The Jr/Sr High School will be holding their spring Book fair on Monday, May 7 through Saturday, May 12th. They will be open from 7:30am to 3:30pm on these dates. This is a “Buy One – Get One Free” Book fair.

PROM

Prom will be held on Saturday, April 28. The walk-in will begin at 5:30pm. Students will be arriving at the front entrance of the Jr/Sr High School. They will be announced in the gymnasium. You are welcome to watch them arrive outside or you may be seated in the gymnasium. The dinner will follow and the formal dance will be from 8pm – 11pm. The After Prom arrival will be from 11:30pm – midnight.

SUMMER HELP

USD #109 is taking applications for summer help. You may pick up an application at the Jr/Sr High School office. You may also call the district office at 785-527-5621 if you have questions.

MONDAY APRIL 30:

BREAKFAST: Whole Grain Cereal, Yogurt Cup, Fresh Apples, Juice Choice, Milk Choice

LUNCH: Sweet & Sour Chicken Nuggets, Seasoned Brown Rice, Broccoli florets, Cherry Tomatoes, Celery Sticks, Tropical Fruit, Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – Art Club
KSU AG CDE @Manhattan, 8am
RCHS Varsity Golf @Salina Municipal Golf Course
9am, bus leaves at 6am
JH Track @Beloit, 3pm, bus leaves at 1pm
Pre-State Forensics @Blair Theatre, 7pm
EAST: Bread Baking with 5th Grade, Cafeteria
1st Grade MyPlate
Belleville After School Program – 3:20 – 5:30pm

TUESDAY MAY 1:

BREAKFAST: Biscuit & Gravy, Pineapple, Juice Choice, Milk Choice

LUNCH: Chicken Crispito, Romaine Lettuce, Salsa, Refried Beans,
Fresh Mixed Fruit Cup, Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – OPEN
KSU AG CDE @Manhattan, 8am
RCHS Track @Minneapolis, 3pm, bus leaves at 1pm
Pre-State Forensics @Blair Theatre, 7pm
EAST: Bread Baking with 5th Grade, Cafeteria
Belleville After School Program – 3:20 – 5:30pm

WEDNESDAY MAY 2:

BREAKFAST: Scrumptious Coffeecake, Fresh Citrus Fruit Cup, Juice Choice/Milk Choice
LUNCH: Grilled Chicken Sandwich, Whole Grain Buns, Seasoned Corn, Tossed Salad, Cherry Applesauce, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – Science Club
Red Cross Blood Drive – 6:30am – 3:30pm
HS Stuco to East Elementary for lunch, leave 11:30am
EAST: 4th Grade to Republic County Historical Museum, 9:30am
Bread Baking with 5th Grade, Cafeteria
Belleville After School Program – 3:20 – 5:30pm
HS Stuco to East Elementary for lunch, leave 11:30am

THURSDAY MAY 3:

BREAKFAST: Western Omelet, Salsa, Fresh Grapes, Juice Choice, Milk Choice
LUNCH: Pulled Beef Sandwich, Whole Grain Bun, Creamy Coleslaw, Baked Beans, Strawberries, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – KAYS/JH STUCO
Softball MAKE-UP @Plainville, 3pm, bus leaves at 11:30am
RCHS Golf @Ellsworth, 3pm, bus leaves at 11:30am
EAST: Bread Baking with 5th Grade, Cafeteria
Belleville After School Program – 3:20 – 5:30pm

FRIDAY MAY 4:

BREAKFAST: Mini Cinis Pull Aparts, Fruit Cocktail, Juice Choice, Milk Choice
LUNCH: Rock & Roll Beef Wrap, Steamed Carrots, Broccoli Florets, Pineapple, Fruit Crisp (6-12), Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – BAG
RCHS Track @Rock Hills, 3pm, bus leaves at 1:30pm
State Forensics leave for Wichita, 3:45pm
RCHS Softball vs. Beloit, 4pm, HERE
Dismiss players at 2:33pm
EAST: Follow the Tuesday/Thursday schedule today
Belleville After School Program – 3:20 – 5:30pm

SATURDAY MAY 5:

ACTIVITIES: RC JR/SR HS: State Forensics, return around 10pm

MONDAY, MAY 7:

BREAKFAST: Whole Grain Cinnamon Roll, Fresh Banana, Juice Choice, Milk Choice
LUNCH: Chicken Tetrazzini, Garlic Bread, Tossed Salad, Sliced Cucumber, Baby Carrots, Sliced Peaches, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – FFA Officers
Book Fair – Jr/Sr HS Library, 7:30am – 3:30on
Greenhand Ag Mechanics, HERE, 4pm
RCHS Spring Band/Vocal Concert, 7:30pm
EAST: Belleville After School Program – 3:20 – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410:

Fax: (202- 690-7442; or

Email: program.intake@usda.gov.

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