

# REPUBLIC COUNTY U.S.D. NO. 109

## BREAKFAST AND LUNCH MENUS AND ACTIVITIES

APRIL 23, 2018 – APRIL 30, 2018

All Grades 6-12 have a Fruit Choice and Garden Salad Bar with lunch

CHOICE -- Peanut/Butter/Jelly Sandwich

### **EAST ELEMENTARY PHYSICAL EDUCATION --**

**Reminder to parents. Please make sure that your child has clean socks for PE for the next 3 weeks. We will be having our tumbling/gymnastics unit. Thank you !!**

### **MONDAY APRIL 23:**

**BREAKFAST:** Mini Waffles, Pineapple, Juice Choice, Milk Choice

**LUNCH:** Ham & Cheese Sandwich, Whole Grain Bun, Potato Wedges, Broccoli Florets, Fruit Cocktail, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – Art Club  
HS Golf @Concordia, 3pm, bus leaves at 12:45pm

**EAST:** 1<sup>st</sup> Grade MyPlate  
Belleville After School Program – 3:20 – 5:30pm

### **TUESDAY APRIL 24:**

**BREAKFAST:** Breakfast Taco, Salsa, Sliced Pears, Juice Choice, Milk Choice

**LUNCH:** BBQ Beef, Whole Grain Bun, Fresh Snow Peas, Baked Beans, Summer Fruit Salad, Brownie (6-12), Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FBLA  
JV Golf @Smith Center, 1pm, bus leaves at 11am  
HS Track @Washington, 3pm, bus leaves at 1:30pm  
HS Softball @Plainville, 3pm, bus leaves at 11:30am  
Jr/Sr HS Site Council @Jr/Sr HS Library, 5pm  
Junior High Spring Music Concert, 7:30pm, Jr/Sr HS gymnasium

**EAST:** Kindergartners visit the quilters, Presbyterian Church, 1:30 – 2:30pm  
Belleville After School Program – 3:20 – 5:30pm

### **WEDNESDAY APRIL 25:**

**BREAKFAST:** Whole Grain Bagel, Toppings, Strawberries, Juice Choice, Milk Choice

**LUNCH:** Taco Burger, Whole Grain Bun, Tortilla Chips, Salsa, Dark Green Lettuce, Refried Beans, Banana, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FFA  
8<sup>th</sup> Grade to NCKTech, Beloit, 9:30am, bus leaves 8am  
NCAA League Art @Ellsworth, 9am, bus leaves at 6am  
Finance Challenge @Wichita State, 9:30am, bus leaves at 6:45am

**EAST:** MTSS BLT Meeting, 3:45pm  
Belleville After School Program – 3:20 – 5:30pm

### **THURSDAY APRIL 26:**

**BREAKFAST:** Mini Pancakes, Sausage Patty, Tropical Fruit, Juice Choice, Milk Choice

**LUNCH:** Chicken Patty, Whole Grain Roll, Mashed Potatoes, Gravy, Green Beans, Sliced Pears, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period –BAG  
JH Track, HERE, 12pm  
HS Golf @Clay Center, 3pm, bus leaves at 12pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm

### **FRIDAY APRIL 27:**

**BREAKFAST:** Whole Grain Cinnamon Roll, Mandarin Oranges, Juice Choice, Milk Choice

**LUNCH:** Lasagna, Garlic Bread Stick, Garden Salad, Fresh Baby Carrots, Sliced Peaches, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – HS STUCO  
HS Track @Beloit, 10am, bus leaves at 8am  
JV Golf @Valley Heights, 3pm, bus leaves at 12:30pm  
HS Softball @Ellsworth, 4pm, bus leaves at 12:50pm

**EAST:** Last day of Tier  
Follow the Monday/Wednesday Schedule today  
Belleville After School Program – 3:20 – 5:30pm

**SATURDAY APRIL 28:**

**ACTIVITIES: RC JR/SR HS:** Jr/Sr Prom – A Walk on the Beach  
Walk-In begins at 5:30pm  
Dinner to follow  
Formal Dance is from 8 pm – 11pm  
After Prom arrival is from 11:30pm - midnight

**SUNDAY, APRIL 29:**

**ACTIVITIES: RC JR/SR HS:** KSU AG CDE @Manhattan

**MONDAY, APRIL 30:**

**BREAKFAST:** Whole Grain Cereal, Yogurt Cup, Fresh Apples, Juice Choice, Milk Choice

**LUNCH:** Sweet & Sour Chicken Nuggets, Seasoned Brown Rice, Broccoli Florets,  
Cherry Tomatoes, Celery Sticks, Tropical Fruit, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – Art Club  
KSU AG CDE @Manhattan  
Varsity Golf @Salina, 9am, bus leaves at 6am  
JH Track @Beloit, 3pm, bus leaves at 1pm  
Pre-State Forensics @Blair Theatre, 7pm  
**EAST:** Bread Baking with 5<sup>th</sup> Grade, Cafeteria  
1<sup>st</sup> Grade MyPlate  
Belleville After School Program – 3:20 – 5:30pm

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**REMINDER – MENUS & EVENTS are subject to change.**

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