

# REPUBLIC COUNTY U.S.D. NO. 109

## BREAKFAST AND LUNCH MENUS AND ACTIVITIES

DECEMBER 9 – DECEMBER 16, 2019

**FOOD SERVICE – Reminder your child has a choice of different entrees each day.  
Milk is also available with each meal.**

RCHS Basketball – The High School will be playing Thayer Central at home on **Thursday, December 5.** The JV games will begin at 4:30pm, with the girls playing at the Jr/Sr High School and the guys will be at East Elementary. The Varsity girls will follow the JV girls at the Jr/Sr High School at 6pm, with the Varsity guys to follow.

The High school will be traveling to Superior on **Saturday, December 8.** The JV girls and JV guy's games will begin at 4:30pm. They will be playing a couple of quarters of "C" team guy's game following the JV guys. The Varsity girls will begin at 6pm, followed by the Varsity guys.

The Junior High Basketball teams will be traveling to Ellsworth on **Thursday, December 5.** All games will be played at the Jr/Sr High School in Ellsworth. They will begin at 4pm and the order of games will be B girls, B boys, A girls, A boys.

### **CHRISTMAS FUN – Here are some fun activities taking place in the community**

The High School, Buffalo Actors Guild will be performing Christmas Skits at the Blair Theatre on Saturday, December 7<sup>th</sup> at 1pm. There will be a visit from Santa and treats for all the children. All are welcome and it is free admission.

Munden Christmas Party – This will be held on Monday, December 9<sup>th</sup>. The Republic County High School Show Choir will be performing at 7pm.

BASP Talent Show – The BASP students will be performing in a Talent Show at 6pm on Friday, December 13<sup>th</sup> at East Elementary. It will be a free will donation. They are asking for donations of supplies to do arts and crafts at the BASP program...

The RCHS Art Club will be sponsoring a Christmas fundraiser on Saturday, December 14.

The Republic County High School Show Choir will be performing at the Blair Theatre at 2pm on Sunday, December 15.

The RCHS Winter Music Concert – featuring the choir and band will be held on Monday, December 16 at 7pm at the Jr/Sr High School Gymnasium.

Cuba Christmas Party – This will be held at the Cuba Community Hall from 6:30pm – 8pm, on Tuesday, December 17<sup>th</sup>. They will be playing bingo and have snacks. Each person is requested to bring a gift for the white elephant gift exchange. They would like the gifts to all be gender and age neutral.

**FUN FACTS ABOUT EXERCISING – Exercising boosts self – confidence** – Exercising can help ease your mind and rejuvenate your body. Working out will make you feel great and boost your confidence.

### **MONDAY, DEC. 9:**

**BREAKFAST:** Breakfast Sliders, Sausage Biscuit, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

**LUNCH:** Chicken Patty on Bun, Italian Sub, Salad – Mandarin Orange Chicken Salad, Pineapple Muffin, SIDES – Fresh Garden Salad, Corn, Fresh Fruit, Mandarin Oranges, Milk

**ACTIVITIES:** **ADM:** **Board of Education Meeting, District office, 7:30pm**  
Kids Cheer Clinic, 5-7pm, Jr/Sr High School cafeteria

**RC JR/SR HS:** Activity Period – NHS  
JH Boys BB @Sacred Heart, 4:30pm, bus leaves at 2:30pm  
JH Girls BB vs. Sacred Heart, HERE, 4:30pm  
Show Choir @Munden Christmas, 7pm, bus leaves at 6pm  
Scholars Bowl @Sacred Heart, 4pm, bus leaves at 2pm  
Kids Cheer Clinic – 5-7pm, cafeteria

**EAST:** Belleville After School Program – 3:30pm – 5:30pm  
Kids Cheers Clinic – 5-7pm @Jr/Sr HS cafeteria

**TUESDAY DEC. 10:**

**BREAKFAST:** Western Egg N Bacon Sandwich, Pancake Sausage Griddle, Cereal, Oatmeal, Toast, Chilled Fruit, fruit Juice, Milk

**LUNCH:** Mozzarella Dunkers, Chicken and Noodles with Italian Bread – SALAD – Italian Chef Salad, Italian Bread – SIDES – Tater Tots, Fresh Garden Salad, Fresh Fruit, Pears, Milk

**ACTIVITIES:** **RC JR/SR HS:** Activity Period – FCCLA  
HS Choir to Long Term Care – 11:20am  
HS BB vs. Concordia, HERE, 4:30pm JV games  
Varsity Girls @6pm, followed by Varsity Guys  
KIDS Cheer Clinic will be performing at halftime of Varsity Guys

**EAST:** Belleville After School Program – 3:30pm – 5:30pm  
HS BB vs. Concordia, HERE, 4:30pm, JV Guys  
Followed by C Boys

**WEDNESDAY, DEC. 11:**

**BREAKFAST:** Sausage Pancake on a Stick, Apple Pastry, Cereal, Oatmeal, Yogurt, Fruit Juice, Fresh Fruit, Milk

**LUNCH:** Roast Turkey with Gravy, Meatloaf, SALAD – Popcorn Chicken Salad, Hot Roll – SIDES – Mashed Potatoes with Gravy, Glazed Carrots, Fresh Fruit, Peaches, Hot Roll, Milk

**ACTIVITIES:** **RC JR/SR HS:** **1 HOUR LATE START – Collaboration Time**  
Activity Period – OPEN  
FFA/AG Sales/Milk Quality/CD's @Abilene, bus leaves at 6am  
HS Stuco to East Elementary for lunch – 11am – 12:30pm

**EAST:** **1 HOUR LATE START – Collaboration Time**  
Belleville After School Program – 3:30pm – 5:30pm

**THURSDAY, DEC. 12:**

**BREAKFAST:** Cinnamon Roll, Tot N Egg Casserole, Cereal, Oatmeal, Cinnamon Toast, Fruit Juice, Chilled Fruit, Milk

**LUNCH:** BBQ Bacon Cheeseburger Nachos, Pepperoni Pizza – SALAD – Chicken Caesar Salad, Focaccia Bread – SIDES – Fresh Garden Salad, Cowboy Beans, Fresh Fruit, Applesauce, Milk

**ACTIVITIES:** **RC JR/SR HS:** Activity Period – HS Stuco  
JH Girls BB vs. Concordia, HERE, 4:30pm  
FCA following sports practice @6:15pm

**EAST:** Belleville After School Program – 3:30pm – 5:30pm

**FRIDAY, DEC. 13:**

**BREAKFAST:** Biscuits and Gravy with Sausage, Mini French toast, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

**LUNCH:** Chicken and Waffles, Patty Belt Burger – SALAD – Chicken Bacon Ranch Salad, Italian Bread – SIDES – Fresh Garden Salad, Broccoli with Ranch Dressing, Fresh Fruit, Pineapple, Milk

**ACTIVITIES:** **ADM:** BASP TALENT SHOW – 6pm at East Elementary

**RC JR/SR HS:** Activity Period – FFA  
HS BB @Beloit, bus leaves at 2:45pm  
HS Gym – JV girls @4pm, (2qrt C Girls),  
Varsity Girls 6pm, followed by Varsity Guys  
Elementary Gym – JV Boys (3qrt) @4:30pm, C Boys (3qrt)

**EAST:** BASP TALENT SHOW – 6pm at East Elementary Gym  
Follow the Monday/Wednesday Schedule today  
Belleville After School Program – 3:30pm – 5:30pm

**SATURDAY, DEC. 14:**

**ACT**  
Art Club Christmas Fundraiser  
HS Wrestling @Minneapolis, 9am, bus leaves at 5:45am  
JH “B” BB Tournament – HERE, 9am

**SUNDAY, DEC.15:**

Open Gym 1-3pm  
Show Choir @Blair Theatre, 2pm

**MONDAY, DEC. 16:**

**BREAKFAST:** Egg, Bacon and Cheese Bagel, Mini Waffles, Cereal, Oatmeal, Yogurt,  
Fresh Fruit, Fruit Juice, Milk  
**LUNCH:** Corn Dog, Frito Pie – SALAD – Taco Salad, Cornbread – SIDES – Fresh Garden  
Salad, Cheesy Cauliflower Popcorn, Fresh Fruit, Peaches, Milk  
**ACTIVITIES:** **RC JR/SR HS:** Activity Period – KAYS  
RCHS Winter Music/Vocal Concert, 7pm  
**EAST:** Belleville After School Program – 3:30pm – 5:30pm

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Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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