

**REPUBLIC COUNTY U.S.D. NO. 109**  
**BREAKFAST AND LUNCH MENUS AND ACTIVITIES**

AUGUST 29 – SEPTEMBER 6, 2016  
All Grades 6-12 have a Fruit Choice and Salad Bar with lunch

**FRIDAY – AUGUST 26 – Sports practices – TAILGATE**

All sports, Junior High Football and Volleyball and High School Football and Volleyball and Junior High and High School Cross Country will be practicing from 3:35pm – 5:45pm at their fields and gyms. The practices are open to the public. The “CARES” group will be sponsoring a free will donation hot dog/hamburger feed in the Ag building, beginning at 5:45pm. Be sure and get out and show your support of the “BUFFS”.

**MONDAY AUG 29:**

**BREAKFAST:** Pancake on a Stick, Tropical Fruit, Juice Choice, Milk Choice

**LUNCH:** Spaghetti w/Meat Sauce, Garlic Bread, Tossed Salad, Sliced Cucumbers,  
Baby Carrots, Peaches, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period- Open  
FCCLA Take Aim @Manhattan, return approx.. 3:30pm  
CARES MEETING – Jr/Sr HS library, 6:00pm  
Play Auditions, 7pm  
**EAST:** Belleville After School Program – 3:20 – 5:30pm  
East Site Council @East Library, 5pm

**TUESDAY AUG. 30:**

**BREAKFAST:** Biscuit & Gravy, Mixed Fruit, Juice Choice, Milk Choice

**LUNCH:** Turkey & Cheese Sandwich, Lettuce, Tomato Slices, Fries, Red Bell Pepper Strips,  
Oranges, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FCCLA  
HS Volleyball vs. Ellsworth, 5pm, HERE  
Varsity, JV, Varsity  
**EAST:** Belleville After School Program – 3:20 – 5:30pm  
HS Volleyball vs. Ellsworth, 5pm, HERE  
JV, C Team, C Team

**WEDNESDAY AUG 31:**

**BREAKFAST:** Whole grain muffin, Peaches, Juice Choice, Milk Choice

**LUNCH:** Popcorn Chicken, Blueberry oat muffin (6-12), Mashed Potatoes, Green Beans,  
Cantaloupe, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – Art Club  
**EAST:** Belleville After School Program – 3:20 – 5:30pm

**THURSDAY SEPT. 1:**

**BREAKFAST:** Sausage Breakfast Sandwich, Pineapple Chunks, Juice Choice, Milk Choice

**LUNCH:** Sloppy Joe/Bun, Roasted Red Potatoes, Pork & Beans, Apple Salad, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FFA  
JH Volleyball @Southeast of Saline, 4:15pm, bus leaves at 1:45pm  
JH Football @Southeast of Saline, 5pm, bus leaves at 1:45pm  
Cross Country @Concordia, 4:15pm, bus leaves at 2:25pm  
Play Auditions, 7pm  
**EAST:** Belleville After School Program – 3:20 – 5:30pm

**FRIDAY SEPT 2:**

**BREAKFAST:** Whole Grain Cereal, String Cheese, Banana, Juice Choice, Milk Choice

**LUNCH:** Baked Chicken w/Savory rice & oatmeal roll, Fresh Broccoli, Cherry tomatoes,  
Fresh Fruit Cup, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period –HS Stuco  
Booster Club Tailgate – 5-7pm (Ag Building at Jr/Sr HS)  
HS Football vs. Southeast of Saline, HERE, 7pm  
**EAST:** Follow the Monday/Wednesday schedule today  
Belleville After School Program – 3:30 – 5:30pm

**SATURDAY, SEPT. 3:**

**ACTIVITIES:** RC JR/SR HS: Play Set workday

**MONDAY SEPT. 5:**

**BREAKFAST:** NO SCHOOL – Labor Day Holiday

**LUNCH:** NO SCHOOL – Labor Day Holiday

**ACTIVITIES:** RC JR/SR HS: Activity Period – NO SCHOOL – LABOR DAY  
JV Football @Southeast of Saline, 6pm, bus leaves 3:30pm  
EAST: Belleville After School Program – 3:20 – 5:30pm

**TUESDAY SEPT. 6:**

**BREAKFAST:** Mini Waffles w/syrup, Pineapple, Juice Choice, Milk Choice

**LUNCH:** Soft Tacos, Tortilla Chips (9-12), Salsa, Romaine Lettuce, Corn,  
Pineapple, Milk Choice

**ACTIVITIES:** RC JR/SR HS: Activity period – FBLA Officers  
HS Volleyball @Beloit, 4pm, bus leaves at 2pm  
Play Practice, 7pm  
EAST: Belleville After School Program – 3:20 – 5:30pm

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**REMINDER – MENUS & EVENTS are subject to change.**

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**ACTIVITIES**

The fall activities will be in full swing this week.

High School Volleyball begins on Tuesday, August 30<sup>th</sup> against Ellsworth. They will be playing at the Junior/Senior High School and East Elementary. Varsity, Junior Varsity, Varsity will be at the Junior/Senior High School. At East they will be playing Junior Varsity, C Team, C Team. Games begin at 5pm at both sites.

Junior High will begin their season on Thursday, September 1<sup>st</sup> at Southeast of Saline. Volleyball begins at 4:15pm and football at 5pm.

Cross Country will be running at Concordia on Thursday, September 1<sup>st</sup>, beginning at 4:15pm.

High School Football takes the field on Friday, September 2<sup>nd</sup> at 7pm, against Southeast of Saline, here. The Booster Club will be sponsoring a tailgate party from 5-7pm before the game. They will be serving in the AG building.

The Fall play auditions are also going on this week.

Be sure and get out and show your support of all the students.