

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

SEPT. 3 – SEPT. 9, 2019

FOOD SERVICE – Reminder your child has a choice each day.
Milk is also available with each meal.

Wednesday, August 28 – 7th/8th Grade Student Locker Setup – 2 - 4pm

Thursday, August 29 – East Elementary Open House – 4:30 – 5:30pm

Thursday, August 29 – 6th Grade Open House – 6pm

Thursday, August 29 – 9th Grade Open House – 7pm

MONDAY, SEPT. 2:

BREAKFAST: NO SCHOOL

LUNCH: NO SCHOOL

ACTIVITIES: RC JR/SR HS: NO SCHOOL - LABOR DAY
EAST: NO SCHOOL – LABOR DAY

1st day of Classes for Grades 1-12 – Tuesday, September 3
Kindergarten and Pre-school students will begin – Wednesday,
September 4

LUNCHES – Please note that the lunches have changed some for this coming year. Along with the Entrée choices they will be offering a choice that is called Opaa to Go – Please remind your child that if they choose the Opaa to Go option they must take enough of the sides to make this a reimbursable meal. If it does not count as a reimbursable meal your child will be responsible to pay the full price for the meal. Thanks for your attention to this.

TUESDAY, SEPT. 3:

BREAKFAST: Cheesy Ham and Egg Casserole, Monkey Bread Bites, Cereal, Oatmeal
Toast with Jelly, Fruit Juice, Chilled Fruit, Milk

LUNCH: EAST – Chicken and Waffles with Syrup, Turkey and Cheese Sandwich – Entrée Salad – Taco Salad, Cornbread – SIDES – Fresh Garden Salad, Fresh Fruit, Orange Pineapple Mix, Milk OPAA to GO Entrée – Ham and Cheese Roll Up – SIDES Fresh Garden Salad, BBQ Bean Salad, Chilled Fruit

Jr/Sr HS – Pizza Quesadilla, Turkey Club Sub, Cheeseburger, Spicy Chicken Sandwich Chicken Caesar Salad with Italian Bread – OPAA to Go – Fried Chicken Sandwich, Hawaiian BBQ Pork Wrap, Greek Salad – SIDES – Fresh Garden Salad, Tater Tator, Fresh Fruit, Orange Pineapple Mix, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – Open
HS VB @Ellsworth, 5pm, bus leaves at 2:15pm
Games at City Hall – JV, C, C
Games at High School – V, JV, V
Play Auditions, 7pm
EAST: ASQ for Kindergarten and Pre-K
Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, SEPT. 4:

BREAKFAST: Breakfast Nachos, Cinnamon Crunch Banana Bread, Cereal, Oatmeal,
Yogurt, Fruit Juice, Fresh Fruit, Milk

LUNCH: EAST – Chicken Patty, Corndog, Entrée Salad – Mandarin Orange Chicken Salad, SIDES – Mashed Potatoes with Gravy, Corn, Fresh Fruit, Pears, Hot Roll, Milk – OPAA to go – Peanut Butter and Jelly Sandwich – SIDES – Baby Carrots, Fresh Garden Salad, Chilled Fruit

Jr/Sr HS – Chicken Patty with Hot Roll, Cheeseburger, Tony’s Pizza, Peanut Butter And Jelly Sandwich, Yogurt, OPAA to Go – Cheesy Chicken Caesar Sandwich, Strawberry, Cucumber and Chicken Salad, Blueberry Muffin, Ham and Cheese Roll-up – **SIDES** – Fresh Garden Salad, Corn, Mashed Potatoes with Gravy, Fresh Fruit, Pears, Milk

ACTIVITIES: ADM: D-SILT Meeting @BOE, 4pm
RC JR/SR HS: Activity Period – BAG
Students will be voting for Homecoming Candidates – 1st hour
EAST: First day of classes for Pre-K and Kindergarten students
Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, SEPT. 5:

BREAKFAST: Cinnamon Stix, Bacon, Blueberry Baked Pancakes with Syrup, Cereal, Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice, Milk

LUNCH: EAST – Chicken Nachos with White Queso, Mexican Entrée, Chicken Alfredo, Cobb Salad, Blueberry Muffin – **SIDES** – Cheesy Cauliflower Popcorn, Fresh Garden Salad, Fresh Fruit, Applesauce, Milk – OPAA to Go – Pizza Munchables – **SIDES** – Fresh Garden Salad, Crazy Corn Salad, Chilled Fruit
Jr/Sr HS – Korean BBQ Pork Tacos, Cheeseburger, Ham and Cheese Sub, BBQ Rib on Bun, Cobb Salad with Strawberry Muffin, OPAA to Go – Crispy Chicken Wrap, Elvis Burrito with Yogurt, Chicken Caesar Salad with Hot Roll, **SIDES** – Fresh Garden Salad, Buffalo Cauliflower Bites, Fresh Fruit, Applesauce, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – KAYS Executive/JH Stuco officers
JH VB @Russell, 4:15pm, bus leaves at 1pm
JH FB @Russell, 5pm, bus leaves at 1pm
Cross Country @Concordia, 4:15pm, bus leaves at 2:15pm
Play Auditions, 7pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, SEPT. 6:

BREAKFAST: Biscuits and Gravy with Sausage, Soft Filled Cereal Bars, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Beef Burrito, Pepperoni Pizza, Chicken Bacon Ranch Salad, Pineapple Muffin, **SIDES** – Fresh Garden Salad, Baby Carrots, Fresh Fruit Strawberry Banana Mix, Milk – OPAA to Go – Peanut Butter and Jelly, Sandwich – **SIDES** – Fresh Garden Salad, Baby Carrots with Ranch Dressing – Chilled Fruit
Jr/Sr HS – BBQ Bacon Chicken Sandwich, Cheeseburger, Pepperoni Pizza, Bacon Chicken Ranch Pizza, Extreme Cheese Pizza, Mandarin Orange Chicken Salad with Blueberry Muffin – OPAA to Go – Chicken Salad Sandwich, Pizza Munchables, Turkey Chef Salad with Italian Bread – **SIDES** – Fresh Garden Salad, Parmesan Roasted Carrots, Fresh Fruit, Strawberry Banana Mix, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – HS Stuco
HS FFA students going to State Fair – bus leaves at 6am
Pawnee Indian Village trip – some FFA will be attending, 8am
HS FB @Minneapolis, 7pm, bus leaves at 4pm
EAST: 5th Grade students to Pawnee Indian Village, 9:30am, bus leaves 9am
Follow the Monday/Wednesday schedule
Belleville After School Program – 3:30pm – 5:30pm

SATURDAY, SEPT. 7:

ACTIVITIES: RC JR/SR HS: Play Production/Set Work Day – 8am – 5pm

MONDAY, SEPT. 9:

BREAKFAST: Pancakes with Syrup, Breakfast Pizza, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Corn Dog, Frito Pie, Strawberry Chicken Salad, Italian Bread, **SIDES** – Fresh Garden Salad, Cheesy Cauliflower Popcorn, Fresh Fruit, Peaches, Milk, OPAA to Go – Peanut Butter and Jelly Sandwich – **SIDES** – Fresh Garden Salad, Baby Carrots, Chilled Fruit

Jr/Sr HS – Classic Ham and Cheese Wrap – Cheeseburger, Corn Dog, Chicken Nuggets with Italian Bread – Popcorn Chicken Salad with Hot Roll – Crispy Chicken Wrap, Thai Chili Noodle Salad, Chicken Caesar Salad With Hot Roll – SIDES – Fresh Garden Salad, Tater Tots, Fresh Fruit, Mandarin Oranges, Milk

ACTIVITIES: **ADM:** Board of Education Meeting, District office, 7:30pm
RC JR/SR HS: Activity Period – FBLA
Jostens Ring/Graduation Presentation, 8:30am
JV FB vs. Minneapolis, HERE, 5pm
Scholars Bowl Practice, 5:30pm
Play Practice, 7pm
EAST: FastBridge Fall Benchmark Testing
Belleville After School Program – 3:30pm – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov.

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