

**REPUBLIC COUNTY U.S.D. NO. 109**  
**BREAKFAST AND LUNCH MENUS AND ACTIVITIES**

AUGUST 18 – AUGUST 29, 2016

All Grades 6-12 have a Fruit Choice and Salad Bar with lunch

FIRST DAY OF CLASSES – Thursday, August 18 – WELCOME BACK  
We are excited for the new school year

**THURSDAY AUG. 18:**

**BREAKFAST:** Chicken Biscuit Sandwich, Mixed Fruit Cup, Juice Choice3, Milk Choice  
**LUNCH:** Hamburger/bun, Tomato Slice, Lettuce, SW Potato Fries, Peaches, Milk Choice  
**ACTIVITIES: RC JR/SR HS:** Activity Period -- OPEN  
**EAST:** Belleville After School Program – 3:20 – 5:30pm

**FRIDAY AUG. 19:**

**BREAKFAST:** Pancake on a Stick, Syrup, Pineapple, Juice Choice, Milk Choice  
**LUNCH:** Country Style Beef Patties, Whole Wheat Roll (6-12), Mashed Potatoes,  
Gravy, Steamed Broccoli, Grapes, Milk Choice  
**ACTIVITIES: RC JR/SR HS:** Activity Period – BAG  
**EAST:** Follow the Monday/Wednesday Schedule  
Belleville After School Program – 3:20 – 5:30pm

**MONDAY AUG 22:**

**BREAKFAST:** French Toast Sticks, Syrup, Peaches, Juice Choice, Milk Choice  
**LUNCH:** Sweet & Sour Chicken Nuggets, Seasoned Brown Rice, Stir Fry Vegetables,  
Cherry Tomatoes, Tropical Fruit, Milk Choice  
**ACTIVITIES: RC JR/SR HS:** Activity Period – KAYS Executive  
NCAA Meeting @Sacred Heart  
**EAST:** Belleville After School Program – 3:20 – 5:30pm

**TUESDAY AUG. 23:**

**BREAKFAST:** Oatmeal Rounds, Yogurt Cup, Strawberries & Bananas, Juice Choice, Milk Choice  
**LUNCH:** Super Nacho, Romaine Lettuce, Red Beans, Tomato Salsa, Melon Mix, Milk Choice  
**ACTIVITIES: RC JR/SR HS:** Activity Period – High School Stuco  
Booster Club – Fall Board Meeting @5:30pm  
**EAST:** Belleville After School Program – 3:20 – 5:30pm

**WEDNESDAY AUG 24:**

**BREAKFAST:** Whole Wheat Bagel, Toppings, Apple, Juice Choice, Milk Choice  
**LUNCH:** Cheese Breadsticks w/Marinara Sauce (K-5), Grilled Chicken Sandwich (6-12),  
Corn, Tossed Salad, Kiwi, Milk Choice  
**ACTIVITIES: RC JR/SR HS:** Activity Period – FBLA  
Junior Class After Prom Parent meeting @Jr/Sr HS Library, 5:30pm  
**EAST:** Belleville After School Program – 3:20 – 5:30pm  
EAST MTSS BLT – title room, 3:45pm

**THURSDAY AUG 25:**

**BREAKFAST:** Monkey Bread, Cheese Stick, Mandarin Oranges, Juice Choice, Milk Choice  
**LUNCH:** Pulled Pork Sandwich, Creamy Cole Slaw, Baked Beans, Strawberries, Milk Choice  
**ACTIVITIES: RC JR/SR HS:** Activity Period – Class Meetings/JH Stuco officers  
Parent Spanish Club Meeting, 5:30, library  
FCA room 100, following sports practice, 6pm  
**EAST:** Belleville After School Program – 3:20 – 5:30pm

**FRIDAY AUG 26:**

**BREAKFAST:** Breakfast Pizza, Grapes, Juice Choice, Milk Choice  
**LUNCH:** Bierock Wrap, Baby Carrots, Fresh Broccoli, Pineapple,  
Cherry Crisp (6-12), Milk Choice  
**ACTIVITIES: RC JR/SR HS:** Activity Period – FFA Officers  
RCHS Back to School Dance @Cafeteria, 9-11pm  
**EAST:** Follow the Tuesday/Thursday Schedule  
Belleville After School Program – 3:30 – 5:30pm

**SATURDAY AUG. 27**

**ACTIVITIES: RC JR/SR HS:** FFA Back to School Kickball Tournament/Swimming  
At Clay Center, 2pm

**SUNDAY, AUG. 28:**

**ACTIVITIES: RC JR/SR HS:** FCCLA Take Aim @Manhattan, leave at 11am

**MONDAY AUG. 29:**

**BREAKFAST:** Pancake on a Stick, Tropical Fruit, Juice Choice, Milk Choice

**LUNCH:** Spaghetti w/Meat Sauce, Garlic Bread, Tossed Salad, Sliced Cucumbers,  
Baby Carrots, Peaches, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FCCLA Officers  
FCCLA Take Aim @Manhattan, 8am, return approx.. 3:30pm  
Play auditions, 7pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm  
East Site council @East Library, 5pm

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**REMINDER – MENUS & EVENTS are subject to change.**

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