

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

AUGUST 16 – 27, 2018

WELCOME BACK

Please note that Opaa is in charge of our food service this year.
Along with this comes change. You can go to www.usd109.nutrislice.com to get the menus and they also have an app you can download to your phone.

Students will have a choice of 3 entrees each day – They can choose between the 2 hot meal choices or the salad.

Students at the Jr/Sr High School will also have the option to purchase an additional entrée for \$1.75. Reminder you must have money on your lunch card or pay cash to get the additional entrée.

REMINDER – The school day this year runs from 8am to 3:30pm

THURSDAY, AUGUST 16:

BREAKFAST: Sausage Pancake on a Stick, yogurt with Pineapple Muffin or Oatmeal Cereal

LUNCH: Super Nachos or Sloppy Joe or Taco Salad; Fresh Garden Salad,
Refried Beans, Pears, Milk choice

ACTIVITIES: RC JR/SR HS: Activity Period – OPEN

EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, AUGUST 17:

BREAKFAST: Biscuits and Gravy with Sausage, Mini Pancakes, Oatmeal Cereal

LUNCH: Tony's Pizza or Ham and Cheese Calzone or Popcorn Chicken Salad with Pineapple Muffin/ SIDES – Fresh Garden Salad, Roasted Vegetables, Tropical Fruit

ACTIVITIES: RC JR/SR HS: Activity Period BAG

EAST: Belleville After School Program – 3:30pm – 5:30pm

Saturday, August 18 the FFA will be serving the BBQ meal for the 100th Anniversary of the Belleville Fire Department – 5-8pm

Sunday, August 19 – FFA Swimming Party – 5-7pm

MONDAY, AUGUST 20:

BREAKFAST: Chocolate French toast, Breakfast Pizza, Oatmeal Cereal

LUNCH: Chicken Nuggets or Hamburger Mac and Cheese or Mandarin Orange Chicken Salad,
SIDES – Fresh Garden Salad, Corn, Applesauce

ACTIVITIES: RC JR/SR HS: Activity Period – KAYS Executive

EAST: Belleville After School Program – 3:30pm – 5:30pm

TUESDAY, AUGUST 21:

BREAKFAST: Pancake Sausage Griddle, Yogurt with Pineapple Muffin, Oatmeal Cereal,

LUNCH: Chicken Nachos with White queso or Cheeseburger or Taco Salad—SIDES -- Fresh Garden Salad, Texas Pintos, Mandarin Oranges

ACTIVITIES: RC JR/SR HS: Activity Period – HS Stuco

EAST: Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, AUGUST 22:

BREAKFAST: Blueberry Sweet Roll, Breakfast Nachos or Oatmeal Cereal

LUNCH: Chicken Patty or Fish Patty with mashed Potatoes and Gravy or Strawberry Chicken Salad/SIDES – Glazed Carrots, Peaches, Hot Rolls

ACTIVITIES: RC JR/SR HS: Activity Period – FBLA

EAST: Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, AUGUST 23:

BREAKFAST: Scrambled Eggs, chocolate Croissant or Oatmeal Cereal

LUNCH: BBQ Rib on Bun or Stuffed Taco or Cobb Salad with blueberry Muffin/
SIDES – Fresh Garden Salad, Bananas Orange Mix

ACTIVITIES: RC JR/SR HS: Activity Period – Class Meetings/JH Stuco Officers
FCA Meeting @6pm – Room 100

EAST: Belleville After School program – 3:30pm – 5:30pm

FRIDAY, AUGUST 24:

BREAKFAST: Biscuits and Gravy with Sausage, Mini Waffles, or Oatmeal Cereal

LUNCH: Cheese Pizza or Corn Dog or Popcorn Chicken Salad with Pineapple Muffin
SIDES – Fresh Garden Salad, Broccoli with Ranch Dressing, Pineapple

ACTIVITIES: **RC JR/SR HS:** Activity Period – FFA Officers
Fall Sports Scrimmages
Back to School Dance – Tennis Court – 8pm – 10pm
EAST: Follow the Tuesday/Thursday schedule today
Belleville After School Program – 3:30pm – 5:30pm

MONDAY, AUGUST 27:

BREAKFAST: Pancakes, Sausage Biscuit or Oatmeal Cereal

LUNCH: Chicken Alfredo with Italian Bread or Ham and Cheese Sandwich or
Mandarin Orange Chicken Salad – SIDES – Fresh Garden Salad,
Cheesy Cauliflower, Peaches

ACTIVITIES: **RC JR/SR HS:** Activity Period – Art Club
FCCLA “Take Aim Conference” @Manhattan
Play Auditions, 7pm
EAST: Belleville after School Program – 3:30pm – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410:
Fax: (202) 690-7442; or
Email: program.intake@usda.gov.

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