

# REPUBLIC COUNTY U.S.D. NO. 109 BREAKFAST AND LUNCH MENUS AND ACTIVITIES

FEB. 4 – FEB. 11, 2019

**FOOD SERVICE – Reminder your child has a choice of 3 entrees each day.  
Milk is also available with each meal.**

**GEOGRAPHY BEE** – The District Geography bee was held on Thursday, January 24<sup>th</sup>. Congratulations to Maelin Johnson on being named Champion. Brecken Isaacson was 2<sup>nd</sup> and Hayden Bersley-Callaway placed third. Others participating were Aidan Awaltt, Brinna Stephens, Austin Scrivner, Ethan Ines, Konner Reynolds, Hudson Brzon and Bryan Baxter. GREAT JOB by all the participants.

**RUSSELL BASKETBALL** – Please note that the Russell BB game at Russell on Friday, February 1<sup>st</sup> will begin with Junior Varsity Boys in the small gym at 5:45pm, with the Junior Varsity Girls to follow. The Varsity Girls will begin play at 6pm in the Big Gym with the Varsity Boys to follow.

### **CONGRATULATIONS – Sweetheart Candidates**

Queen Candidates	King Candidates
Kayla Alexander	Jared Edwards
Autumn Cardi	Jama Gleue
Anna Pachta	Zachary Parde
Kalee Svoboda	Mason Simmons

### **SWEETHEART – FRIDAY, FEBRUARY 8**

Sweetheart festivities will be taking place on Friday, February 8. The Assembly will be held at the Jr/Sr High School, at 3pm. The crowning will take place between the Varsity Games with Ellsworth at approximately 7pm. The dance will be held in the cafeteria from 10pm to midnight. The BASP program will be sponsoring a pancake supper beginning at 5pm in the cafeteria.

### **MONDAY, FEB. 4:**

**BREAKFAST:** Breakfast Sliders, Sausage Biscuit, Cereal, Oatmeal Cereal, Yogurt, Fresh Fruit

**LUNCH:** Hot Dog on Bun or Roast Beef Melt, French Fries – Entrée Salad – Cobb Salad, Blueberry Muffin, SIDES – Fresh Garden Salad, Mandarin Oranges

**ACTIVITIES: RC JR/SR HS:** Activity Period – BAG  
HS League Band @McPherson College, 1pm, bus leaves at 10am  
7<sup>th</sup>/8<sup>th</sup> Grade Wrestling @Southeast of Saline, 4pm,  
bus leaves at 1:50pm

**EAST:** Belleville After School Program – 3:30pm – 5:30pm

### **TUESDAY, FEB. 5:**

**BREAKFAST:** Colby Egg Omelet, Strawberry Shortcake Biscuits, Cereal, Oatmeal,  
Toast with Margarine and Jelly, Chilled Fruit

**LUNCH:** Enchilada or Chicken and Waffles with Syrup – Entrée Salad – Italian Chef Salad,  
Italian Bread – SIDES – Fresh Garden Salad, Cheesy Broccoli,  
Cinnamon Apples

**ACTIVITIES: RC JR/SR HS:** Activity Period – Art Club/JH Stuco  
HS BB vs. Clay Center, HERE, 4:30pm, ½ C Girls,  
Followed by Varsity Girls, 6pm  
3<sup>rd</sup> Grade Pen Pal Night, recognize between varsity Games  
Followed by Varsity Boys

**EAST:** Belleville After School Program – 3:30pm – 5:30pm  
HS BB vs. Clay Center, HERE, 4:30pm, JV Boys,  
JV Girls to follow at 7:30pm  
3<sup>rd</sup> Grade Pen Pal Night – held at Jr/Sr High School  
will introduce between Varsity games, approx.. 7pm

**WEDNESDAY, FEB. 6:**

**BREAKFAST:** French Toast Casserole with Syrup, Sausage Pancake on a Stick with Syrup, Cereal, Oatmeal, Yogurt, Fresh Fruit

**LUNCH:** Baked Ham or Chicken Patty – Entrée Salad – Chicken Caesar Salad – SIDES – Mashed Potatoes with Gravy, Green Beans, Pineapple, Hot Rolls

**ACTIVITIES: ADM:** D-SILT @District Office, 4pm

**RC JR/SR HS:** Activity Period – FBLA Officers @7:30am

**EAST:** Kindergarten to Post Office and Dairy Queen

Belleville After School Program – 3:30pm – 5:30pm

**THURSDAY, FEB. 7:**

**BREAKFAST:** Blueberry Sweet Roll, Breakfast Nachos, Cereal, Oatmeal, Cinnamon Toast, Chilled Fruit

**LUNCH:** Chicken Alfredo with Italian Bread or Super Nachos – Entrée Salad – Taco Salad, Cornbread – SIDES – Fresh Garden Salad, BBQ Bacon Beans, Pears

**ACTIVITIES: RC JR/SR HS:** Activity Period – Sweetheart Practice

FCCLA District STAR Events @Chapman, 9am, bus leaves at 6:45am

FFA Speech/Job Interview @Clay Center, 9am, bus leaves at 7am

NCAA League Wrestling Tournament @Minneapolis, 3pm

Bus leaves at 1:15pm

JH Scholars Bowl @St. John's of Beloit, 3:30pm, bus leaves at 1:15pm

**EAST:** Belleville After School Program – 3:30pm – 5:30pm

East Elementary, PTO Kick-Off, 7pm

**FRIDAY, FEB. 8:**

**BREAKFAST:** Biscuits and Gravy with Sausage, Mini Waffles, Cereal, Oatmeal, Yogurt, Fresh Fruit

**LUNCH:** Italian Sub or Fish Sandwich – Entrée Salad – Popcorn Chicken Salad, Pineapple Muffin – SIDES – Fresh Garden Salad, Roasted Vegetables, Tropical Fruit

**ACTIVITIES: RC JR/SR HS:** Activity Period – Sweetheart Practice

Food packing at Commercial Building, 12:30pm

Sweetheart Assembly @Jr/Sr HS Gymnasium, 3pm

PANCAKE MAN supper – 5pm, Jr/Sr HS Cafeteria

BASP will be sponsoring

HS BB vs. Ellsworth – ½ Girls C team at 4:30pm

Followed by Varsity Girls at 6pm

Sweetheart Crowning Ceremony between Varsity Games

Followed by Varsity Guys

Sweetheart Dance, following games @cafeteria, 10pm to Midnight

RCHS Wrestlers leave for Barley, NE, 6pm

**EAST:** Follow the Tuesday/Thursday schedule today

Sweetheart – Wear Red and Blue Day

Belleville After School Program – 3:30 pm – 5:30pm

HS BB vs. Ellsworth – JV Boys, 4:30pm, followed by ½ C Boys, 6pm

followed by JV Girls at 7:30pm

**SATURDAY, FEB. 9:**

**ACTIVITIES: RC JR/SR HS:** JAM BB, 8am – 12pm, Jr/Sr HS gymnasium

Rock Creek Forensics – 8am, bus leaves at 6am

Held at Rock Creek high School

Scholars Bowl State Tournament @Inman High School, Inman, Kansas

FCA State Conference @Salina

Varsity Wrestling @Southwest, Bartley Nebraska, 9am,

JH Wrestling @Phillipsburg, 9am, bus leaves at 6am

HS BB Tournament, Boys JV, @Southeast of Saline, 10am,

bus leaves at 8am

KAYS Daddy/Daughter Dance, 6pm – 8pm

Sponsored by FCCLA

**SUNDAY, FEB. 10:**

**ACTIVITIES:** RC JR/SR HS: Open Gym 1-3pm  
FCA State Conference @Salina

**MONDAY, FEB. 11:**

**BREAKFAST:** NO SCHOOL – TEACHERS INSERVICE

**LUNCH:** NO SCHOOL – TEACHERS INSERVICE

**ACTIVITIES:** ADM: Board of Education Meeting @District office, 7:30pm  
RC JR/SR HS: Activity Period – NO SCHOOL – TEACHERS INSERVICE  
KAYS Unit Conference, 8am, HERE  
7<sup>th</sup>/8<sup>th</sup> Grade Wrestling @Minneapolis, 4pm, bus leaves at 1pm  
EAST: NO SCHOOL – TEACHERS INSERVICE

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(1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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