

**REPUBLIC COUNTY U.S.D. NO. 109**  
**BREAKFAST AND LUNCH MENUS AND ACTIVITIES**

**FEBRUARY 18 – MARCH 4, 2019**

**FOOD SERVICE – Reminder your child has a choice of 3 entrees each day.**  
**Milk is also available with each meal.**

**NATIONAL FFA WEEK – February 16 – February 23**

**RANDOM ACTS OF KINDNESS WEEK – February 17 – February 23**

**EAST ELEMENTARY BOOK FAIR** – The Scholastic Book Fair will be held at the East Elementary Library on Monday, February 18<sup>th</sup> – Thursday, February 21<sup>st</sup>. They will be open from 7:45am – 3:45pm, Monday – Wednesday and Thursday they will be open from 10:30am – 7:30pm. Be sure and stop in during these hours. Your support helps the East Elementary library with the purchase of books and supplies.

**CONGRATULATIONS – SWEETHEART**

Congratulations to the 2019 Sweetheart Queen and King, Autumn Cardi and Jama Gleue.

**MONDAY, FEB. 18:**

**BREAKFAST:** Breakfast Sliders, Waffles with Syrup, Cereal, Oatmeal, Yogurt, Fresh Fruit  
**LUNCH:** French Dip Sandwich or Cheddar-Toni with Italian Bread – Entrée Salad – Italian Chef Salad, Italian Bread – SIDES – Fresh Garden Salad, Tomato Soup, Peaches  
**ACTIVITIES:** **RC JR/SR HS:** Activity Period – Open  
Junior High Winter Concert, 7pm (rescheduled from in January)  
FCA following sports practice, 6:15pm, Room 100  
**EAST:** Belleville After School Program – 3:30pm – 5:30pm  
Book Fair – East Library – 7:45am – 3:45pm

**TUESDAY, FEB. 19:**

**BREAKFAST:** Cinnamon Roll, Pancake Sausage Griddle, Cereal, Oatmeal, Chilled Fruit  
**LUNCH:** Three Cheese Grilled Cheese or Chili – Entrée Salad – Taco Salad, Cornbread – SIDES – Fresh Garden Salad, Cowboy Beans, Orange Pineapple Mix  
**ACTIVITIES:** **RC JR/SR HS:** Activity Period – FCCLA  
7<sup>th</sup>/8<sup>th</sup> Grade Wrestling, HERE, 4:30pm  
JH Scholars Bowl @Pike Valley, 3:30pm, bus leaves 3pm  
HS BB @Southeast of Saline, 4:30pm, bus leaves at 2:30pm  
**EAST:** Belleville After School Program – 3:30pm – 5:30pm  
Book Fair – East Library – 7:45am – 3:45pm

**WEDNESDAY, FEB. 20:**

**BREAKFAST:** Chocolate French Toast, Peach Handpie, Cereal, Oatmeal, Yogurt, Fresh Fruit  
**LUNCH:** Chicken Patty or Hamburger Steak – Entrée Salad – Chicken Caesar Salad, SIDES – Mashed Potatoes with Gravy, Corn, Pears, Hot Rolls  
**ACTIVITIES:** **RC JR/SR HS:** Activity Period – KAYS Executive  
ACT TEST – all Juniors/some Seniors -- Jr/Sr HS Library  
Sophomores to CCCC for a tour – leave 9am, return at 1pm  
**EAST:** Belleville After School Program – 3:30pm – 5:30pm  
Book Fair – East Library – 7:45am – 3:45pm

**THURSDAY, FEB. 21:**

**BREAKFAST:** NO SCHOOL  
**LUNCH: NO SCHOOL**  
**ACTIVITIES:** **RC JR/SR HS:** Activity Period – **NO SCHOOL**  
Collaboration/Work Time 7:30am – 11:30am  
Parent/Teacher Conference – 12:30pm – 7:30pm  
**EAST:** **NO SCHOOL**  
Teacher Collaboration – Library 8-10am  
Parent/Teacher Conference – 12:30pm – 7:30pm  
Book Fair – East Library – 10:30am – 7:30pm

**FRIDAY, FEB. 22:**

**BREAKFAST:** NO SCHOOL  
**LUNCH:** NO SCHOOL  
**ACTIVITIES:** RC JR/SR HS: NO SCHOOL  
STATE WRESTLING @FHSU, HAYS  
EAST: NO SCHOOL

**SATURDAY, FEB. 23:**

**ACTIVITIES:** RC JR/SR HS: Forensics Tournament @Marysville, bus leaves at 6:30am  
FFA Meats @Ellsworth, 9am, bus leaves at 6:45am  
JAM Basketball – 8am – Noon, Jr/Sr HS Gymnasium  
STATE WRESTLING @FHSU, HAYS

**SUNDAY, FEB. 24:**

**ACTIVITIES:** RC JR/SR HS: Open Gym 1-3pm

**MONDAY, FEB. 25:**

**BREAKFAST:** Pancakes with Syrup, Chicken Biscuit, Cereal, Oatmeal, Yogurt, Fresh Fruit  
**LUNCH:** Sloppy Joe or Hot Dog on Bun with 3 Cheese Mac and Cheese, French Fries,  
Entrée Salad – Cobb Salad, Blue Berry Muffin – SIDES – Fresh Garden  
Salad, Mandarin Oranges  
**ACTIVITIES:** RC JR/SR HS: Activity Period – KAYS  
First Day of Spring Sports Practice  
First Round of Sub-State BB – Boys Games, TBA  
EAST: Belleville After School Program – 3:30pm – 5:30pm  
EAST Site Council Meeting, 5pm

**TUESDAY, FEB. 26:**

**BREAKFAST:** Western Egg Bacon Sandwich, Strawberry Shortcake Biscuits, Cereal,  
Oatmeal, Toast, Chilled Fruit  
**LUNCH:** Chicken and Waffles with Syrup or Lasagna with Italian Bread – Entrée Salad –  
Italian Chef Salad, Italian Bread – SIDES – Fresh Garden Salad,  
Steamed Broccoli, Cinnamon Apples  
**ACTIVITIES:** RC JR/SR HS: Activity Period – Class Meetings  
7<sup>th</sup>/8<sup>th</sup> Grade Wrestling @Bennington, 4pm, bus leaves at 1:45pm  
1<sup>st</sup> Round of Sub-State Basketball – Girls Games, TBA  
EAST: Belleville After School Program – 3:30pm – 5:30pm

**WEDNESDAY, FEB. 27:**

**BREAKFAST:** Lemon Strawberry French Toast Casserole, Sausage Pancake on a Stick with Syrup,  
Cereal, Oatmeal, Yogurt, Fruit Juice  
**LUNCH:** Chicken Patty or Baked Ham – Entrée Salad – Chicken Caesar Salad – SIDES –  
Mashed Potatoes with Gravy, Green Beans, Pineapple Hot Rolls  
**ACTIVITIES:** RC JR/SR HS: Activity Period – FBLA  
FFA District Officer/Interviews @Minneapolis, 9am  
National Honor Society to Food Bank, Salina, 7:30am  
EAST: Belleville After School Program – 3:30pm – 5:30pm

**THURSDAY, FEB. 28:**

**BREAKFAST:** Orange Roll, Breakfast Nachos, Cereal, Oatmeal, Cinnamon Toast, Chilled Fruit  
**LUNCH:** BBQ Bacon Cheeseburger Nachos or Ham and Cheddar Melt – Entrée Salad – Taco  
Salad, Cornbread – SIDES – Fresh Garden Salad, Refried Beans, Pears  
**ACTIVITIES:** RC JR/SR HS: Activity Period – FFA Officers  
FFA Breakfast – 7am  
FFA Leadership – 1<sup>st</sup> hour until 9am  
HS Sub-State Basketball – Boys semi-final, Games at Valley Heights  
EAST: Belleville After School Program – 3:30pm – 5:30pm

**FRIDAY, MARCH 1:**

**BREAKFAST:** Biscuits and gravy with Sausage, Mini Waffles, Cereal, Oatmeal, Yogurt, Fresh Fruit  
**LUNCH:** Fish Sandwich or Pepperoni Pizza – Entrée Salad – Popcorn Chicken Salad, Pineapple Muffin,  
SIDES – Fresh Garden Salad, Roasted Vegetables, Tropical Fruit  
**ACTIVITIES:** RC JR/SR HS: Activity Period – Art Club  
Seniors will go to East to read to students, 2:00pm – 2:25pm  
HS Sub-State Basketball – Girls semi-final rounds, Games at Valley Heights  
EAST: Follow the Tuesday/Thursday schedule today  
Dr. Seuss Birthday – Read Across America – Wear Hats  
Seniors will read to students, 2:00pm – 2:25pm  
Belleville After School Program – 3:30pm – 5:30pm

**SATURDAY, MARCH 2:**

**ACTIVITIES:** RC JR/SR HS: HS Sub-State Basketball – FINALS – Valley Heights

**NATIONAL SCHOOL BREAKFAST WEEK – March 4 – March 8**

**MONDAY, MARCH 4:**

**BREAKFAST:** Egg, Bacon and Cheese Bagel, Breakfast Pizza, Cereal, Oatmeal, Yogurt, Fresh Fruit

**LUNCH:** Corn Dog or Chicken Nachos with White Queso – Entrée Salad – Taco Salad, Cornbread,

SIDES – Fresh Garden Salad, Texas Pintos, Mandarin Oranges

**ACTIVITIES:** RC JR/SR HS: Activity Period – Science Club

JH Scholars Bowl @Southeast of Saline, 3:50pm, bus leaves at 1:45pm

**EAST:** East Elementary PTO Kick-off Meeting, 7pm

Belleville After School Program – 3:30pm – 5:30pm

**USDA is an equal opportunity provider and employer.**

**REMINDER – MENUS & EVENTS are subject to change.**

**USD #109 is an equal opportunity employer. USD #109 does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or policies.**

**USDA Nondiscrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.