

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

JANUARY 23 – JANUARY 30, 2017
All Grades 6-12 have a Fruit Choice and Salad Bar with lunch

HILLSBORO – TROJAN CLASSIC

The RCHS Basketball teams will be playing in the winner's bracket of the Tournament this Friday and Saturday, January 20th and 21st. The games will be held at the Hillsboro High School Gymnasium. The girls will be taking on Clay Center at 3pm on Friday. With a WIN they will be playing in the Championship game at 5:45pm on Saturday. If they lose on Friday they will be playing the consolation game for 3rd place at 2:30pm on Saturday. The guys will be playing Hillsboro at 7:30pm on Friday. With a WIN they will be playing in the Championship game at 7:30pm. If they lose on Friday they will be playing in the consolation game for 3rd place at 4pm on Saturday.
Good luck to both teams. Great Job and "Go BUFFS".

MONDAY JAN. 23:

BREAKFAST: Whole Grain Cereal, Yogurt Cup, Apple Slices, Juice Choice, Milk Choice
LUNCH: Hamburger/Bun, Dark Green Lettuce, Tomato Slice, Oven Fries, Strawberries & Bananas, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – BAG
NCAA Scholars Bowl @Beloit, 4pm, bus leaves at 2:20pm
JH program practice – 6th hour – all 7th & 8th grade students to vocal room
EAST: Republic County Health Department – Vision & Hearing Screening
Belleville After School Program – 3:20 – 5:30pm
RCHS "C" team guys BB vs. Clifton/Clyde, 6:30pm, East Gym

TUESDAY JAN. 24:

BREAKFAST: Biscuit & Gravy, Pineapple, Juice Choice, Milk Choice
LUNCH: Chili, tortilla Chips (9-12), Red Bell Peppers, Sliced Cucumbers, Peaches, Cinnamon Roll, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – KAYS
JH "Singers" practice, 7:45am, vocal room
KAYS Unit Conference @Centralia, 8am, bus leaves at 6:30am
JH program practice – 6th hour – all 7th & 8th grade students to gym
JH Band – 7th Hour in the gym
RCJH Winter Concert, 7pm at Jr/Sr HS gymnasium
EAST: Belleville After School Program – 3:20 – 5:30pm

WEDNESDAY JAN. 25:

BREAKFAST: Scrumptious Coffeecake, Fresh Citrus Fruit Cup, Juice Choice, Milk Choice
LUNCH: Chicken Nuggets, Roll, Mashed Potatoes & Gravy, Tossed Salad, Sliced Pears, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – KAYS Executive
Vision & Hearing Screening, Grades 7, 9, 11
new students, resource room & gifted students
Held in Jr/Sr HS cafeteria, 8:30am
EAST: Belleville After School Program – 3:20 – 5:30pm
MTSS Building Meeting, 3:45pm

THURSDAY JAN. 26:

BREAKFAST: Western Omelet Quesadilla w/Salsa, Grapes, Juice Choice, Milk Choice
LUNCH: Macaroni & Cheese, Meatballs, Baked Beans, Baby Carrots, Apple Salad, Whole Wheat Bread (6-12), Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – ART Club
Geography Bee @Jr/Sr HS Cafeteria, 9am
JH Boys BB @Concordia, 4:30pm, bus leaves at 3:15pm
"A" boys at 4:30pm in Varsity Gym at Concordia HS
"B" boys will follow the "A" Boys
"C" boys at 4:30pm in JV Gym at Concordia HS
"CC" boys will follow the "C" Boys
RCHS Wrestlers leave for Garden City tournament –2:15pm
RCHS "Show Choir" performance @Cuba Community Hall, 7pm
Bus leaves at 5:15pm
EAST: Make-up Vision & Hearing Screening (anyone who was absent
And those students who need a recheck
Belleville After School Program – 3:20 – 5:30pm

FRIDAY JAN. 27:

BREAKFAST: French Toast Sticks, Fruit Cocktail, Juice Choice, Milk Choice

LUNCH: Grilled Chicken Sandwich, Sweet Potato Fries, Green Beans, Grapes, Apple Crisp (9-12), Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – Potential NHS Inductees
AG Ed Symposium, Hutchinson, 8am
RCHS Forensics tournament set up, 7pm
HS Wrestling @Garden City, 9am

EAST: Follow the Tuesday/Thursday schedule today
Belleville After School Program – 3:20 – 5:30pm

SATURDAY, JAN. 28:

ACTIVITIES: RC JR/SR HS: AG Ed Symposium, Hutchinson
RCHS Forensics Tournament, 8am
HS Wrestling @Red Cloud, 9:30am, bus leaves at 5:30am

SUNDAY, JAN. 29:

ACTIVITIES: RC JR/SR HS: Open Gym 1-3pm

MONDAY JAN. 30:

BREAKFAST: Mini Pancakes, Apricot Halves, Juice Choice, Milk Choice

LUNCH: Ham Sandwich, Potato Wedges, Broccoli & Cheese Fruit Cocktail, Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – Class Meetings
FBLA District 5 Conference @Washington, 8:30am,
bus leaves at 7:30am

EAST: Sweetheart Candidate Vote – 1st Hour
Belleville After School Program – 3:20 – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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