

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

JANUARY 20 - JANUARY 27, 2020

**FOOD SERVICE – Reminder your child has a choice of different entrees each day.
Milk is also available with each meal.**

OPEN HOUSE at Jr/Sr High School – The Jr/Sr High School building at 2405 P. Street will be open from 5pm – 7pm on Monday, January 20th. Everyone is welcome to attend and tour the building.

Friday, January 17 – RCHS BB vs. Southeast of Saline

Order of games

Downstairs Gym

4:30pm JV Boys

6pm Varsity Girls

7:30pm Varsity Boys

Elementary Gym

C Girls (2 quarters only)

C- Boys

JV Girls

The RCHS Basketball games with Ellsworth have been rescheduled to Thursday, January 30th.

MONDAY, JAN. 20:

BREAKFAST: NO SCHOOL -- In-service

LUNCH: NO SCHOOL -- In-service

ACTIVITIES: RC JR/SR HS: NO SCHOOL – Teacher In-service @Concordia
FFA students return from Denver stock show at approx.. 3pm
EAST: NO SCHOOL – Teacher In-service @Concordia

TUESDAY JAN. 21:

BREAKFAST: Cheesy Ham and Egg Casserole, soft filled Cereal Bars, Cereal, Oatmeal, Toast, Fruit Juice, Chilled Fruit, Milk

LUNCH: EAST – Jumbo Cheese Ravioli with Italian Bread, Ham & Cheese Pinwheel, Chicken Caesar Salad, Garlic Bread – SIDES – Tater Tots, Fresh Garden Salad, Fresh Fruit, Banana Orange Milk, Milk
JR/SR HS – Cheddar-Ton with Garlic Bread, BBQ Pork on Bun, Chicken Caesar Salad with Garlic Bread, Buffalo Chicken Wrap – SIDES – Fresh Garden Salad, Baked Beans, Fresh Fruit, Cinnamon Apples, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – KAYS Executive
HS BB @Hillsboro – both teams will be playing at the High School
Guys will be playing Riley County at 4:30pm, bus leaves at 12:40pm
Girls will be playing Hillsboro at 6pm, bus leaves at 12:40pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, JAN. 22:

BREAKFAST: Breakfast Nachos, Apple Cinnamon Crumb Cake, Cereal, Oatmeal, Yogurt, Fruit Juice, Fresh Fruit, Milk

LUNCH: EAST -- Hamburger Stew, Chicken Patty, Popcorn Chicken Salad, Hot Roll – SIDES – Mashed Potatoes with Gravy, Glazed Carrots, Fresh Fruit, Peaches, Hot Roll, Milk
JR/SR HS – Macaroni and Cheese with Hot Roll, Chicken Patty with Hot Roll, Popcorn Chicken Salad with Hot Roll, Greek Wrap – SIDES – Fresh Garden Salad, Mashed Potatoes with Gravy, Green Beans, Fresh Fruit, Strawberry Banana Mix, Milk

ACTIVITIES: RC JR/SR HS: Activity Period -- KAYS
EAST: Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, JAN. 23:

BREAKFAST: S'more Sweet roll, Bacon Blueberry Baked Pancakes, Cereal, Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice, Milk

LUNCH: EAST -- Pepperoni Pizza, Turkey and Cheese Sandwich, Strawberry Chicken Salad, Focaccia Bread – SIDES – Fresh Garden Salad, Texas Pintos, Fresh Fruit, Applesauce, Milk, Apple Pie Cookie
JR/SR HS – Jumbo Cheese Ravioli with Focaccia Bread, Pepperoni Calzone, Strawberry Chicken Salad with Focaccia Bread, Bacon, Turkey Avocado Club, SIDES – Fresh Garden Salad, Lemon Butter Broccoli, Fresh Fruit, Pears, Apple Pie Cookie, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – Art Club
Vision & Hearing recheck – 8:30am, cafeteria
EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, JAN. 24:

BREAKFAST: Biscuits and Gravy with Sausage, Egg, Bacon and Cheese Bagel, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Patty Melt, Beef Enchiladas, Chicken Bacon Ranch Salad, Italian Bread – SIDES – Fresh Garden Salad, Broccoli with Ranch, Fresh Fruit, Pineapple, Milk
JR/SR HS – Pepper Jack Grilled Cheese with Tomato Soup, Chicken and Noodles With Italian Bread, Chicken Bacon Ranch Salad, Club Sandwich – SIDES Fresh Garden Salad, Honey Garlic Butter Roasted Carrots, Fresh Fruit, Tropical Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – FCCLA Officers
HS JV Wrestling @Thayer Central, 4pm, bus leaves at 12:30pm
HS Varsity Wrestling @Beloit, 2pm, bus leaves at 10:30am
HS BB @Hillsboro – place is determined by how games go on Tuesday – if the team wins they will play at the high School gym – if lose on Tuesday they will play at Tabor Gym
Times and bus departure time will be the same – bus leaves at 12:40pm
Boys will be playing at 4:30pm and
Girls will be playing at 6pm
EAST: Follow the Tuesday/Thursday schedule
Belleville After School Program – 3:30pm – 5:30pm

SATURDAY, JAN. 25:

ACTIVITIES: RC JR/SR HS: RCHS Forensic Tournament, HERE, 8am
HS Wrestling @Beloit, 9am,
HS BB @Hillsboro, times to be determined by how Friday games go

SUNDAY, JAN. 26: Open Gym 1-3pm

MONDAY, JAN. 27:

BREAKFAST: Mini Pancakes, Breakfast Pizza, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Corn Dog, Chicken Parmesan Pasta, Strawberry Chicken Salad, Blueberry Muffin – SIDES – Fresh Garden Salad, Cheesy Cauliflower Popcorn, Fresh Fruit, Peaches, Milk
JR/SR HS – Nashville Hot Chicken, Sweet and Sour Chicken with Rice, Strawberry Chicken Salad with Blueberry Muffin, Fried Chicken Salad Sandwich, SIDES – Fresh Garden Salad, Mexican Street Corn, Fresh Fruit, Mandarin Oranges, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – HS Stuco
Geography Bee – 9am, Jr/Sr HS cafeteria
League Scholars Bowl @Russell, 4pm, bus leaves at 1pm
EAST: East Site Council – 5pm
Belleville After School Program – 3:30pm – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

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