REPUBLIC COUNTY U.S.D. NO. 109 BREAKFAST AND LUNCH MENUS AND ACTIVITIES

MARCH 2 – MARCH 9, 2020

FOOD SERVICE – Reminder your child has a choice of different entrees each day. Milk is also available with each meal.

Wrestling – The High School finished in 2nd place at the league wrestling meet on Thursday, February 13. Congratulations to the following who placed 1st in the Varsity League meet, Jonathan Dyke, Kaleb Talkington, Gunnar Couture and Kameron Ines

REGIONAL WRESTLING CHAMPIONS – Congratulations to the RCHS Wrestling team on their 1st place at Regional in Russell. Congratulations and Good Luck to the following wrestlers who have qualified for the State Meet at FHSU, Hays, Kansas on Friday and Saturday, February 28th and 29^{th.} AJ Polansky, Jonathan Dyke, Kaleb Talkington, Dallas Buss, Quentin Beeson, Andrew Hubert, Kameron Ines, and Eyan Zimmerman. Great Job to all the Wrestlers and coaches, Adam Polansky, Joston Wassum and John Burke on an outstanding season,

Forensics – Great job to all the students participating in the Forensics program this year. At this time these are the students who have qualified for the State Champs meet in May. Seniors – Alison Baxter, Hunter Hartner, Hayley Piroutek, Faith Schintler, Sadie Sisson, Alexus Skocny, Nathan Snively – Juniors – Ayden Krohn, John Price – Sophomores – Chasity Foutch, Shawn Hartsock, Cassey Robertson, Erika Schultz, Sam Sly, Jaycie Stindt. Sponsors are Miss Deb Krotz and Mrs. Darsha Enns. Good luck the rest of the season.

Sub State Basketball

Sub State Basketball will be taking place, Monday, March 2^{nd} – Saturday, March 7^{th} . The girls will be in 1^{st} round action at Smith Center at 7pm on Monday, March 2^{nd} . With a Win on Monday they will advance to the semi-finals on Thursday, at Ellis. The Boys will be in first round action on Tuesday, March 3^{rd} at Plainville at 7pm. With a Win on Tuesday the boys will advance to the semi-finals at Ellis on Friday. The finals for both teams are Saturday, March 7^{th} at Ellis.

DAYLIGHT SAVINGS TIME BEGINS

Don't forget to turn your clocks forward one hour before going to bed on Saturday night, March 7th. **SPRING FORWARD.**

CALENDAR CHANGE

Please mark your calendars – The Smith Center Junior High Track meet will be held on Tuesday, April 7th not Thursday, April 9th as is listed on the calendar. Start time will be the same at 3:30pm.

MONDAY, MARCH 2:

BREAKFAST: Dr. Seuss's Birthday – Green Eggs and Ham with Toast, Sausage Biscuit, Cereal,

Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Chicken Patty on Bun, Turkey Club Wrap, Cobb Salad with Blueberry Muffin,

SIDES – Steamed Broccoli, Fresh Garden Salad, Fresh Fruit, Peaches, Milk OPAA to GO – club Sandwich – SIDES – Fresh Garden Salad, Chilled Fruit Jr/Sr HS – Chili Dog, Cheeseburger, Chicken Patty on Bun, Cobb Salad with blueberry

Muffin, OPAA to GO - Crispy Chicken Wrap - SIDES - Fresh Garden Salad,

Steamed Broccoli, Fresh Fruit, Peaches, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – FFA

First Day of HS Spring Sports practice First round of Sub-State – Girls Game

Girls will be playing @Smith Center at 7pm, bus leaves 4:50pm

JH Scholars Bowl @Southeast of Saline, 4pm, bus leaves at 1:45pm

JH Wrestling @Smoky Valley, 4:30pm, bus leaves at 2pm

Rep. Co. Entrepreneurship Challenge, 4pm at Pike Valley (Scandia)

EAST: Dr. Seuss Birthday

 $Belleville\ After\ School\ Program - 3:30pm - 5:30pm$

East PTO Meeting, 7pm

TUESDAY, MARCH 3:

BREAKFAST: Breakfast Pizza, Pancake Sausage Griddle, Cereal, Oatmeal, Toast, Chilled Fruit,

Fruit Juice, Milk

LUNCH: EAST – Spaghetti and Meatballs with Italian Bread, Pepperoni Pizza, chicken Caesar

Salad, Italian Bread – SIDES – Fresh Garden Salad, Glazed Carrots, Fresh Fruit, Applesauce, Milk – Opaa to Go – Turkey and Cheese Sandwich – SIDES

Fresh Garden Salad, Chilled Fruit

Jr/Sr HS – BBQ Pork on Bun, Corn, Dog, Chicken Strips with Italian Bread, Chicken

Caesar Salad with Italian Bread – OPAA to GO – Buffalo Chicken Wrap – SIDES – Fresh Garden Salad, Glazed Carrots, Fresh Fruit, Applesauce, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – FCCLA Officers

JH Wrestling @Bennington, 4pm, bus leaves at 2pm

JH Scholars Bowl @St. Johns of Beloit, bus leaves at 2:30pm

First round of Sub-State – Boys Game

Boys will be playing @Plainville at 7pm, bus leaves 3pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, MARCH 4:

BREAKFAST: Sausage Pancake on a Stick, chocolate Pastry, Cereal, Oatmeal, Yogurt,

Fruit Juice, Fresh Fruit, milk

LUNCH: EAST – Chicken Patty, Glazed Ham, Italian Chef Salad – SIDES – Mashed Potatoes

With Gravy, Green Beans, Fresh Fruit, Pineapple, Hot Roll, Milk – OPAA to Go – Crispy Chicken Wrap – SIDES – Fresh Garden Salad, Chilled Fruit Jr/Sr HS – Roast Turkey with Gravy and Hot Roll, Chicken Nuggets with Italian

Bread, BBQ Rib on Bun, Italian Chef Salad with Hot Roll, OPAA to GO – Chicken Salad Sandwich – SIDES – Fresh Garden Salad, Mashed Potatoes

With Gravy, Green Beans, Fresh Fruit, Pineapple, Milk

ACTIVITIES: ADM: D-SILT @board of Education office, 4pm

RC JR/SR HS: Activity Period – Art Club

FFA Food Science/Ag business Judging, HERE @9am

EAST: Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, MARCH 5:

BREAKFAST: Cinnamon Roll, Tot N Egg Casserole, Cereal, Oatmeal, Cinnamon Toast,

Fruit Juice, Chilled Fruit, Milk

LUNCH: East – Cheeseburger, Stromboli Pinwheel, Taco Salad, Corn Bread – SIDES – Fresh

Garden Salad, Tater Tots, Fresh Fruit, Pears, Milk – OPAA to Go – Southwest Chicken Avocado Wrap – SIDES – Fresh Garden Salad, Chilled Fruit

Jr/Sr HS – Jumbo Cheese Ravioli with Focaccia Bread, Cheeseburger, Hot Dog on Bun, Mandarin Orange Chicken Salad with Focaccia Bread – OPAA to Go – Fried Chicken Salad Sandwich – SIDES – Fresh Garden Salad, Tater Tots, Fresh

Fruit, Pears, milk

ACTIVITIES: RC JR/SR HS: Activity Period – FCCLA/JH Stuco

Semi Finals - Sub State BB - Ellis

Girls will be playing if they WIN on Monday

EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, MARCH 6:

BREAKFAST: Biscuits and Gravy with Sausage, Mini French Toast, Cereal, Oatmeal, Yogurt,

Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Super Nachos, Crispito, Popcorn Chicken Salad with Banana Bread Squares,

SIDES – Fresh Garden Salad, Refried Beans, Fresh Fruit, Tropical Fruit, OPAA to Go – Pizza Munchables SIDES – Fresh Garden Salad, Chilled Fruit Jr/Sr HS – Bacon Pickle Grilled Cheese with tomato Soup, Tony's Pizza, Italian Sub,

Popcorn Chicken Salad with Banana Bread Squares – OPAA to Go – Club Sandwich – SIDES – Fresh Garden Salad, Baked Beans, Fresh Fruit, Tropical

Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – BAG

Semi-Finals - Sub State BB - Ellis

Boys will be playing if they WIN on Tuesday NCKTC Welding @Beloit, 7:30am, bus leaves at 6am

EAST: Follow the Monday/Wednesday schedule today

Belleville After School Program – 3:30pm – 5:30pm

SATURDAY, MARCH 7:

ACTIVITIES: RC JR/SR HS: SUB-STATE BB – FINALS – Ellis,

Girls final game @6pm Boys final game @7:30pm

REMINDER – Turn your clocks forward one hour before going to bed tonight

SUNDAY, MARCH 8: Open Gym 1-3pm

MONDAY, MARCH 9:

BREAKFAST: Egg, Bacon, and Cheese Bagel, Mini Waffles, Cereal, Oatmeal, Yogurt,

Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Grilled Cheese Sandwich, Peanut Butter and Jelly, Chicken Bacon Ranch Salad,

Focaccia Bread – SIDES – French Fries, Fresh Garden Salad, Fresh Fruit, Peaches, Milk – OPAA to Go – Club Sandwich – SIDES – Fresh Garden Salad,

Chilled Fruit

Jr/Sr HS – Sweet and Sour Chicken with Rice, Cheeseburger, Chicken Patty on Bun,

Chicken Bacon Ranch Salad with Focaccia Bread – OPAA to GO – Fried Chicken Salad Sandwich – SIDES – Fresh Garden Salad, French Fries, Fresh

Fruit, Mandarin Oranges, Milk

ACTIVITIES: ADM: Board of Education Meeting @7:30pm, district office

RC JR/SR HS: Activity Period – NHS Meeting

Sterling College Theatre Workshop for BAG students,

bus leaves 5:15am

EAST: Belleville After School Program – 3:30pm – 5:30pm

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REMINDER - MENUS & EVENTS are subject to change.

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Washington, D.C. 20250-9410; (2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

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