

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES
MARCH 2 – MARCH 9, 2020

FOOD SERVICE – Reminder your child has a choice of different entrees each day.
Milk is also available with each meal.

Wrestling – The High School finished in 2nd place at the league wrestling meet on Thursday, February 13. Congratulations to the following who placed 1st in the Varsity League meet, Jonathan Dyke, Kaleb Talkington, Gunnar Couture and Kameron Ines

REGIONAL WRESTLING CHAMPIONS – Congratulations to the RCHS Wrestling team on their 1st place at Regional in Russell. Congratulations and Good Luck to the following wrestlers who have qualified for the State Meet at FHSU, Hays, Kansas on Friday and Saturday, February 28th and 29th. AJ Polansky, Jonathan Dyke, Kaleb Talkington, Dallas Buss, Quentin Beeson, Andrew Hubert, Kameron Ines, and Eyan Zimmerman. Great Job to all the Wrestlers and coaches, Adam Polansky, Joston Wassum and John Burke on an outstanding season,

Forensics – Great job to all the students participating in the Forensics program this year. At this time these are the students who have qualified for the State Champs meet in May. Seniors – Alison Baxter, Hunter Hartner, Hayley Piroutek, Faith Schintler, Sadie Sisson, Alexis Skocny, Nathan Snively – Juniors – Ayden Krohn, John Price – Sophomores – Chasity Foutch, Shawn Hartsock, Cassey Robertson, Erika Schultz, Sam Sly, Jaycie Stindt. Sponsors are Miss Deb Krotz and Mrs. Darsha Enns. Good luck the rest of the season.

Sub State Basketball

Sub State Basketball will be taking place, Monday, March 2nd – Saturday, March 7th. The girls will be in 1st round action at Smith Center at 7pm on Monday, March 2nd. With a Win on Monday they will advance to the semi-finals on Thursday, at Ellis. The Boys will be in first round action on Tuesday, March 3rd at Plainville at 7pm. With a Win on Tuesday the boys will advance to the semi-finals at Ellis on Friday. The finals for both teams are Saturday, March 7th at Ellis.

DAYLIGHT SAVINGS TIME BEGINS

Don't forget to turn your clocks forward one hour before going to bed on Saturday night, March 7th. **SPRING FORWARD.**

CALENDAR CHANGE

Please mark your calendars – The Smith Center Junior High Track meet will be held on Tuesday, April 7th not Thursday, April 9th as is listed on the calendar. Start time will be the same at 3:30pm.

MONDAY, MARCH 2:

BREAKFAST: Dr. Seuss's Birthday – Green Eggs and Ham with Toast, Sausage Biscuit, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Chicken Patty on Bun, Turkey Club Wrap, Cobb Salad with Blueberry Muffin, SIDES – Steamed Broccoli, Fresh Garden Salad, Fresh Fruit, Peaches, Milk
OPAA to GO – club Sandwich – SIDES – Fresh Garden Salad, Chilled Fruit
Jr/Sr HS – Chili Dog, Cheeseburger, Chicken Patty on Bun, Cobb Salad with blueberry Muffin, OPAA to GO – Crispy Chicken Wrap – SIDES – Fresh Garden Salad, Steamed Broccoli, Fresh Fruit, Peaches, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – FFA
First Day of HS Spring Sports practice
First round of Sub-State – Girls Game
Girls will be playing @Smith Center at 7pm, bus leaves 4:50pm
JH Scholars Bowl @Southeast of Saline, 4pm, bus leaves at 1:45pm
JH Wrestling @Smoky Valley, 4:30pm, bus leaves at 2pm
Rep. Co. Entrepreneurship Challenge, 4pm at Pike Valley (Scandia)

EAST: Dr. Seuss Birthday
Belleville After School Program – 3:30pm – 5:30pm
East PTO Meeting, 7pm

TUESDAY, MARCH 3:

BREAKFAST: Breakfast Pizza, Pancake Sausage Griddle, Cereal, Oatmeal, Toast, Chilled Fruit, Fruit Juice, Milk

LUNCH: EAST – Spaghetti and Meatballs with Italian Bread, Pepperoni Pizza, chicken Caesar Salad, Italian Bread – SIDES – Fresh Garden Salad, Glazed Carrots, Fresh Fruit, Applesauce, Milk – Opaa to Go – Turkey and Cheese Sandwich – SIDES
Fresh Garden Salad, Chilled Fruit
Jr/Sr HS – BBQ Pork on Bun, Corn, Dog, Chicken Strips with Italian Bread, Chicken Caesar Salad with Italian Bread – OPAA to GO – Buffalo Chicken Wrap – SIDES – Fresh Garden Salad, Glazed Carrots, Fresh Fruit, Applesauce, Milk

MONDAY, MARCH 9:

BREAKFAST: Egg, Bacon, and Cheese Bagel, Mini Waffles, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: EAST – Grilled Cheese Sandwich, Peanut Butter and Jelly, Chicken Bacon Ranch Salad, Focaccia Bread – SIDES – French Fries, Fresh Garden Salad, Fresh Fruit, Peaches, Milk – OPAA to Go – Club Sandwich – SIDES – Fresh Garden Salad, Chilled Fruit
Jr/Sr HS – Sweet and Sour Chicken with Rice, Cheeseburger, Chicken Patty on Bun, Chicken Bacon Ranch Salad with Focaccia Bread – OPAA to GO – Fried Chicken Salad Sandwich – SIDES – Fresh Garden Salad, French Fries, Fresh Fruit, Mandarin Oranges, Milk

ACTIVITIES: ADM: **Board of Education Meeting @7:30pm, district office**

RC JR/SR HS: Activity Period – NHS Meeting
Sterling College Theatre Workshop for BAG students,
bus leaves 5:15am

EAST: Belleville After School Program – 3:30pm – 5:30pm

USDA is an equal opportunity provider and employer.

REMINDER – MENUS & EVENTS are subject to change.

USD #109 is an equal opportunity employer. USD #109 does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or policies.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.