

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

JANUARY 30 – FEBRUARY 6, 2017
All Grades 6-12 have a Fruit Choice and Salad Bar with lunch

MONDAY JAN. 30:

BREAKFAST: Mini Pancakes, Apricot Halves, Juice Choice, Milk Choice
LUNCH: Ham Sandwich, Potato Wedges, Broccoli & Cheese Fruit Cocktail, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period –Class Meetings
FBLA District Conference @Washington, 8:30am, leave at 7:30am
Vote for Sweetheart – 1st Hour
EAST: Belleville After School Program – 3:20 – 5:30pm

TUESDAY JAN. 31:

BREAKFAST: Breakfast Pizza, Peaches, Juice Choice, Milk Choice
LUNCH: Macaroni & Cheese, Meatballs, Baked Beans, Baby Carrots, Apple Salad,
Whole Wheat Bread (6-12), Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – HS Stuco
HS BB vs. Beloit, HERE, 4:30pm
JV Girls, followed by Varsity girls, Varsity Guys
EAST: 100th DAY OF SCHOOL
Belleville After School Program – 3:20 – 5:30pm
HS BB vs. Beloit, HERE, 4:30pm
JV Guys followed by C team guys

WEDNESDAY FEB. 1:

BREAKFAST: Whole Grain Muffin, Rosy applesauce, Juice Choice, Milk Choice
LUNCH: Lasagna, Garlic Bread w/Marinara Sauce, Garden Salad, Baby Carrots,
Apple Slices, Chocolate Chip Cookie, Milk Choice
ACTIVITIES: ADM: D-Silt @ BOE office, 4pm
RC JR/SR HS: Activity Period – FBLA Officers
Final Ballot for Sweetheart – 1st hour
FCCLA Star Events @Minneapolis, 8am, leave at 7:15am
EAST: Belleville After School Program – 3:20 – 5:30pm

THURSDAY FEB 2:

BREAKFAST: Excellent Egg Taco, Graham Snacks, Kiwi, Juice Choice, Milk Choice
LUNCH: Chicken Patty, Whole Wheat Roll, Mashed Potatoes & Gravy,
Green Beans, Pears, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – FFA Officers
Regional Scholars Bowl @Ell Saline, 3pm, bus leaves 12:55pm
JH Wrestling @Ellsworth, 4:30pm, bus leaves at 1:45pm
HS Wrestling @Ellsworth, 6:30pm, bus leaves at 1:45pm
FCA @6:15pm, room 100
EAST: Belleville After School Program – 3:20 – 5:30pm

FRIDAY FEB 3:

BREAKFAST: Whole Grain Cinnamon Roll, Banana, Juice Choice, Milk Choice
LUNCH: Taco Burger/Bun, tortilla Chips (6-12), Tomato Salsa, Lettuce, Refried
Beans, Banana, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – BAG
HS BB @Russell, 6pm, bus leaves at 2:35pm
HS Wrestling @Southwest Invitational, Bartley, NE, leave 5pm
EAST: Follow the Monday/Wednesday schedule
Belleville After School Program – 3:20 – 5:30pm

SATURDAY, FEB 4:

ACTIVITIES: RC JR/SR HS: HS Wrestling @Southwest Invitational @Bartley, NE, 10am

SUNDAY, FEB. 5:

ACTIVITIES: RC JR/SR HS: Open Gym 1-3pm

MONDAY FEB 6:

BREAKFAST: Whole Grain Cereal, Sausage Patty, Sliced Pears, Juice Choice, Milk Choice
LUNCH: Mini Meatball Sub, Potato Wedges, Tossed Salad, Sliced Peaches, Milk Choice
ACTIVITIES: RC JR/SR HS: Activity Period – Scholars Bowl/JH Stuco
NCAA League Band @Minneapolis, 1pm, bus leaves at 11:15am
NCAA League Concert @Minneapolis, 7pm
JH Wrestling @Minneapolis, 4:30pm, bus leaves at 2:30pm
EAST: Belleville After School Program – 3:20 – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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