

**REPUBLIC COUNTY U.S.D. NO. 109**  
**BREAKFAST AND LUNCH MENUS AND ACTIVITIES**

**JAN. 28 – FEB. 4, 2019**

**FOOD SERVICE – Reminder your child has a choice of 3 entrees each day.**  
**Milk is also available with each meal.**

**CONGRATULATIONS** – The Varsity Scholars Bowl team brought home the league Championship for the 2<sup>nd</sup> year in a row. **GREAT JOB** – The following were members of this years team – Senior -- Marc Poppe, and Juniors Faith Schintler, Nathan Snively, Max Filingner, Trevor Martin and Grant Nabity. Sponsors are Ms. Deb Krotz and Mrs. Jann Gieber. The Junior Varsity team also completed in the Junior Varsity meet and took third place in the league competition. Team members were Sophomore – John Price and Ayden Krohn and Freshmen – Sam Sly, Dylan McCartney, Braden Alexander and Shawn Hartsock. **GREAT JOB** by all the participants.

**NOTICE:** The Junior High Winter Concert has been rescheduled to Monday, February 18, at 7pm. The program will be held in the Junior/Senior High School Gymnasium.

**MONDAY, JAN. 28:**

**BREAKFAST:** Pancakes with Syrup, Breakfast Pizza, Cereal, Oatmeal, Yogurt, Fresh Fruit

**LUNCH:** Spaghetti and Meatball with Italian Bread or Turkey and Cheddar Melt ---  
Entrée Salad – Italian Chef Salad, Italian Bread – SIDES – Fresh Garden Salad, Cheesy Cauliflower Popcorn, Peaches

**ACTIVITIES: RC JR/SR HS:** Activity Period – Class Meetings  
FBLA District 4 Conference @Rock Hills, 8:30am,  
Bus leaves at 7:45am  
JH Wrestling – HERE, 4:30pm  
**EAST:** Health Department Vision and Hearing Screening  
Belleville After School Program – 3:30pm – 5:30pm

**TUESDAY, JAN. 29:**

**BREAKFAST:** Peanut Butter and Jelly Sweet Roll, Pancake Sausage Griddle, Cereal, Oatmeal, Cinnamon Toast, Chilled Fruit

**LUNCH:** Grilled Cheese Sandwich or BBQ Rib on Bun – Entrée Salad – Taco Salad, Cornbread – SIDES – Fresh Garden Salad, Honey Baked Beans, Orange, Pineapple Mix

**ACTIVITIES: RC JR/SR HS:** Activity Period – HS Stuco  
Sweetheart Vote for Candidates – 8am  
HS BB @Beloit, 4:30pm, bus leaves at 2:45pm  
**EAST:** **KANSAS DAY – Wear Your Favorite Shirt representing Kansas**  
Health Department Vision and Hearing Screening  
Kids Heart Challenge Assembly, 2:45pm  
(new name for Jump for Heart)  
Belleville After School Program – 3:30pm – 5:30pm

**WEDNESDAY, JAN. 30:**

**BREAKFAST:** Strawberry French toast, Apple Hand pie, Cereal, Oatmeal, Yogurt, Fresh Fruit

**LUNCH:** Chicken Patty or Hamburger Steak – Entrée Salad – Chicken Caesar Salad – SIDES – Mashed Potatoes with Gravy, Corn, Pears, Hot Rolls

**ACTIVITIES: ADM:** Republic County Spelling Bee, 1pm, Republic County Courthouse  
(This is the rescheduled date)  
**RC JR/SR HS:** Activity Period – OPEN  
FFA Poultry/Dairy Food Judging @Manhattan, 9am, bus leaves 7am  
Science Club Speaker, 1pm  
**EAST:** **100<sup>th</sup> Day of School**  
Belleville After School Program – 3:30pm – 5:30pm

**THURSDAY, JAN. 31:**

**BREAKFAST:** Cheesy Ham and Egg Casserole, Blueberry Crumb Cake, Cereal, Oatmeal, Toast, Chilled Fruit

**LUNCH:** Cheeseburger or Gyro, Tator Tots – Entrée Salad – Cobb Salad, Blueberry Muffin – SIDES – Fresh Garden Salad, Applesauce

**ACTIVITIES: RC JR/SR HS:** Activity Period – FFA Officers  
FINAL Sweetheart Vote for King and Queen  
Regional Scholars' Bowl @Ell-Saline, bus leaves at 1:15pm  
7<sup>th</sup>/8<sup>th</sup> Grade Wrestling @Ellsworth, 4:30pm, bus leaves at 1:40pm  
HS Varsity Wrestling @Ellsworth, 6:30pm. Bus leaves at 1:40pm  
**EAST:** Belleville After School Program – 3:30pm – 5:30pm

**FRIDAY, FEB. 1:**

**BREAKFAST:** Biscuits and Gravy with Sausage, Mini Pancakes, Cereal, Oatmeal, Yogurt, fresh Fruit

**LUNCH:** Tony's Pizza or Peanut Butter and Jelly Sandwich with Yogurt – Entrée Salad – Popcorn Chicken Salad, Pineapple Muffin – SIDES – Fresh Garden Salad, Baby Carrots with Ranch dressing, Strawberry Banana Mix

**ACTIVITIES: RC JR/SR HS:** Activity Period – FFA  
HS BB @Russell, 4:30pm, bus leaves at 2:50pm  
**EAST:** Follow the Monday/Wednesday schedule today  
Belleville After School Program – 3:30 pm – 5:30pm

**SATURDAY, FEB. 2:**

**ACTIVITIES: RC JR/SR HS:** JAM BB, 8am – 12pm, Jr/Sr HS gymnasium  
Forensics Tournament @Nemaha Central, 8am, bus leaves at 6am  
KSU Ag Ed speech Contest @Manhattan

**SUNDAY, FEB. 3:**

**ACTIVITIES: RC JR/SR HS:** Open Gym 1-3pm

**MONDAY, FEB. 4:**

**BREAKFAST:** Breakfast Sliders, Sausage Biscuit, Cereal, Oatmeal, Yogurt, Fresh Fruit

**LUNCH:** Hot Dog on Bun or Roast Beef Melt with French Fries – Entrée Salad – Cobb Salad, Blueberry Muffin – SIDES – Fresh Garden Salad, Mandarin Oranges

**ACTIVITIES: RC JR/SR HS:** Activity Period – BAG  
League Band @McPherson College, 1pm, bus leaves at 10am  
7<sup>th</sup>/8<sup>th</sup> Wrestling @Southeast of Saline, 4pm, bus leaves at 1:50pm  
**EAST:** Belleville After School Program --- 3:30pm – 5:30pm

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**REMINDER – MENUS & EVENTS are subject to change.**

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(1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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