

REPUBLIC COUNTY U.S.D. NO. 109

BREAKFAST AND LUNCH MENUS AND ACTIVITIES

JANUARY 27 – FEBRUARY 3, 2020

**FOOD SERVICE – Reminder your child has a choice of different entrees each day.
Milk is also available with each meal.**

HILLSBORO Tournament – The basketball tournament continues on Friday and Saturday, January 24th and 25th. Friday the boys will be playing at 4:30pm and the girls will follow at 6pm. Both teams will be playing at Tabor Gym. Saturday the girl's team will be playing at 11:30am and the boys will be playing at 1pm. They will either be playing in the middle school gym or the high school gym depending on if they win or lose on Friday. Good luck to both teams on Friday and Saturday.

KNIGHTS of Columbus Free Throw contest – This will be held on Sunday, January 26 at 1:30pm in the new gym at the Jr/Sr High School. This contest is for ages 9-14.

Mark your calendars – The Southeast of Saline Basketball game has been rescheduled to Thursday, February 6th.

MONDAY, JAN. 27:

BREAKFAST: Mini Pancakes, Breakfast Pizza, Cereal, Oatmeal, Fresh Fruit, Fruit Juice, Milk
LUNCH: EAST – Corn Dog, Chicken Parmesan Pasta, Strawberry Chicken Salad, Blueberry Muffin
SIDES – Fresh Garden Salad, Cheesy Cauliflower Popcorn, Fresh Fruit, Peaches, Milk
Jr/Sr HS – Nashville Hot Chicken, Sweet and Sour Chicken with Rice, Strawberry Chicken Salad with blueberry Muffin – Fried Chicken Salad Sandwich – SIDES
Fresh Garden Salad, Mexican Street Corn, Fresh Fruit, Mandarin Oranges, Milk
ACTIVITIES: RC JR/SR HS: Activity Period – HS Stuco
Geography Bee @9am, Jr/Sr HS cafeteria
League Scholars Bowl @Russell, 4pm, bus leaves at 1pm
EAST: Belleville After School Program – 3:30pm – 5:30pm
East Site Council Meeting, 5pm

TUESDAY, JAN. 28:

BREAKFAST: Peanut Butter and Jelly Sweet Roll, Colby Egg Omelet, Cereal, Oatmeal, Cinnamon Toast, Fruit Juice, Chilled Fruit, Milk
LUNCH: EAST – Tacos, Ham and Cheese Calzone, Chicken Bacon Ranch Salad with Garlic Bread – SIDES – Fresh Garden Salad, Honey Baked Beans, Fresh Fruit, Orange Pineapple Mix, Milk
Jr/Sr HS – Mozzarella Dunkers, Ham & Cheese Pinwheel, Chicken Bacon Ranch Salad With Garlic Bread, Club Sandwich – SIDES – Fresh Garden Salad, French Fries, Fresh Fruit, Banana Orange Mix, Milk
ACTIVITIES: RC JR/SR HS: Activity Period – Potential NHS Inductees
1st Sweetheart Vote – 8am
Junior High Winter Music/Vocal Concert, 7pm
EAST: Belleville After School Program – 3:30pm – 5:30pm
Foundations Team Meeting, 3:45pm

WEDNESDAY, JAN. 29:

BREAKFAST: French toast Sticks, Egg, Bacon and Cheese Croissant, Cereal, Oatmeal, Yogurt, Fruit Juice, Fresh Fruit, Milk
LUNCH: EAST – Chicken Patty, Roast Turkey with Gravy, Cobb Salad with Hot Roll, SIDES – Mashed Potatoes with Gravy, Broccoli Cheese Soup, Fresh Fruit, Pears, Hot Roll, Milk
Jr/Sr HS – Turkey w. Cran Jam Sandwich, Chicken Patty with Hot Roll, Cobb Salad with Hot Roll, Elvis Burrito with Yogurt – SIDES – Fresh Garden Salad, Mashed Potatoes with Gravy, Balsamic Roasted Carrots, Fresh Fruit, Peaches, Milk
ACTIVITIES: RC JR/SR HS: Activity Period – Forensics
FFA Public Speaking, Job Interview, Poultry @Clay Center, 9am, bus leaves at 7am
Republic County Spelling Bee, 1pm, Courthouse
EAST: KANSAS DAY – East will be celebrating – Students
Wear your favorite shirt that represents the State of Kansas
Thanks for celebrating Kansas's 158th Birthday
Belleville After School Program – 3:30pm – 5:30pm
Republic County Spelling Bee, 1pm, Courthouse

THURSDAY, JAN. 30:

- BREAKFAST:** Scrambled Eggs, Cinnamon Streusel Crumb Cake, Cereal, Oatmeal, Toast, Chilled Fruit, Fruit Juice, Milk
- LUNCH:** EAST – Western Egg N Bacon Sandwich, BBQ Chicken on Bun, Italian Chef Salad with Focaccia Bread – SIDES – French Fries, Fresh Garden Salad, Fresh Fruit, Applesauce, Milk
 Jr/Sr HS – BBQ Bacon Cheeseburger Nachos, Chicken and Avocado Club Wrap, Italian Chef Salad with Focaccia Bread, Chicken Po’boy Sides – Fresh Garden Salad, Cowboy Beans, Fresh Fruit, Applesauce, Milk
- ACTIVITIES:** **RC JR/SR HS:** Activity Period – FCCLA
 Final Sweetheart Vote – 8am
 Real Men Sing – Lindsborg – 8:30am – 4pm, bus leaves at Varsity Wrestlers leave for Garden City, 2pm
- RC JR/SR HS:** HS BB vs. Ellsworth (game rescheduled from Jan. 10)
 Main Gym – 4:30pm ½ C Girls
 Varsity Girls 6pm
 Varsity Guys 7:30pm
 Auxiliary Gym (south end of Jr/Sr High School)
 4:30pm – JV Guys
 6pm – ½ C Guys
 7:30pm – JV Girls
- EAST:** Belleville After School Program – 3:30pm – 5:30pm

Be sure and mark your calendars --- The East Fun Night that was scheduled for tonight has been rescheduled to Thursday February 27th.

FRIDAY, JAN. 31:

- BREAKFAST:** Biscuits and Gravy with Sausage, Mini Pancakes, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk
- LUNCH:** EAST – Tony’s Pizza, Beef Burrito, Taco Salad with Cornbread – SIDES – Fresh Garden Salad, Baby Carrots with Ranch, Fresh Fruit, Strawberry Banana Mix, Milk
 Jr/Sr HS – Patty Melt, Beef Enchiladas, Taco Salad with Cornbread, Pizza Muncables – SIDES – Fresh Garden Salad, Broccoli Cheese Soup, Fresh Fruit, Pineapple, Milk
- ACTIVITIES:** **RC JR/SR HS:** Activity Period – Open
 Sweetheart Candidate Pictures – 7:45am
 HS BB vs. Solomon, HERE
 3rd Grade Pen Pal Night between Varsity games
 Varsity Wrestling @Garden City
- EAST:** SUPER BOWL – The KS City Chiefs are in the Super Bowl
 To help celebrate we are inviting students to show your support of the Chiefs by wearing either Chiefs gear or something red. GO CHIEFS!!
 Belleville After School Program – 3:30pm – 5:30pm
 Follow the Monday/Wednesday schedule
 3rd Grade Pen Pal Night between Varsity games

SATURDAY, FEB. 1:

- ACTIVITIES:** **RC JR/SR HS:** Forensics @Nemaha Central, 8am bus leaves at 6:15am
 Varsity Wrestling @Garden City
 Varsity wrestling @Red Cloud, 9:30am, bus leaves at 5am

- SUNDAY, FEB. 2:** Open Gym 1-3pm

MONDAY, FEB. 3:

- BREAKFAST:** Breakfast Sliders, Sausage Biscuit, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk
- LUNCH:** EAST – Chicken Patty on Bun, Turkey Club Wrap – Entrée Salad – Mandarin Orange Chicken Salad, Blueberry Muffin – SIDES – Cheesy Cauliflower Popcorn, Fresh Garden Salad, Fresh Fruit, Peaches, Milk
 OPAA to Go – Club Sandwich – SIDES – Fresh Garden Salad, Chilled Fruit
 Jr/Sr HS – Pig in a Blanket, Chicken Parmesan Past with Italian Bread – Mandarin Orange Chicken Salad with Blueberry Muffin – OPAA to Go – Fried Chicken Salad, Greek Salad with Focaccia Bread – SIDES – Fresh Garden Salad, Cheesy Cauliflower Popcorn, Fresh Fruit, Peaches, Milk
- ACTIVITIES:** **RC JR/SR HS:** Activity Period – Class Meetings
 KAYS Unit Conference @Wetmore, bus leaves at 6am
 JH Scholars Bowl @Ellsworth, bus leaves at 1:45pm
 7th/8th Grade Wrestling, HERE, 4:30pm
- EAST:** Belleville After School Program – 3:30pm – 5:30pm
 School Counselor Appreciation Week
 PTO Meeting, 7pm

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REMINDER – MENUS & EVENTS are subject to change.

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

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