

# REPUBLIC COUNTY U.S.D. NO. 109

## BREAKFAST AND LUNCH MENUS AND ACTIVITIES

MARCH 19, 2018 – APRIL 2, 2018

All Grades 6-12 have a Fruit Choice and Garden Salad Bar with lunch  
CHOICE -- Peanut/Butter/Jelly Sandwich

REMINDER – Spring break will be held the week of March 19 – March 23. The District office and school offices will be closed.

### **KINDERGARTEN ROUND-UP – VISITATION – APRIL 6**

The Kindergarten Visitation for the next school year will take place on Friday, April 6 at East Elementary in Belleville, KS. Students need to be 5 years old by September 1, 2018 to attend Kindergarten for the coming year. East Elementary is requesting that you please contact the school at 785-527-2330 to make sure your child is on the list. This helps them make sure they get you the information you need for the visitation.

**Reminder to this year's Kindergarten students – You will not have classes on Friday, April 6.**

### **CUBA ROCK-A-THON**

The Cuba Rock-a-Thon will be held Sunday, March 18 – Saturday, March 24. They will have meals and activities for everyone to enjoy all week. Following is just a sample – Be sure and stop in for all the food and fun.

#### **Sunday – March 18**

11am – Turkey and Dressing Dinner – 1pm Rockers Begin  
1:30pm – Cuba, 150 Years of History & Tradition, by Lori Swiercinsky  
3pm – Merry Meadowlarks 4-H Club Presentation  
3:30pm – “K-State Swinging Spurs, will provide dance lessons upstairs for everyone  
Two-Step, Square Dancing, Line Dancing  
5-7pm – Soup and Sandwich Supper  
7pm – “Czech our Cuba’s Memories”, by Jim Richardson  
8pm – K—State Swingin Spurs dance performance

#### **Monday – March 19**

9am – Exercise for Seniors by Holly Beavers, DPT  
10am – “Cuba Mustang Inn” by Jo Krob, book on history of the cafe  
11am – Baked Steak Dinner  
5:30-7:30pm – Lasagna Supper  
7pm – RCHS Forensics Squad, Deb Krotz Instructor  
7:30pm – “Our Promising Future” Kids Parade – Ages Infant to 8 years old

#### **Tuesday – March 20**

10am – Music by Joe Dolezal  
11am – Czech Dinner, featuring Jaternice, Roast Pork, Kraut & Dumplings  
5:30 – 7:30pm – Czech Supper or Sloppy Jo w/chips  
7:30pm – The One & Only – Tom Burgoon, Hypnotist & Comedian  
8:30pm -- Bingo

#### **Wednesday – March 21**

11am – Fried Chicken Dinner  
5:30 – 7:30pm – Businessman’s Burger Night  
7:30pm – Republic County 4-H Talent Night  
8pm – “Glow in the Dark...Family Skate Night”  
Bring canned goods to support the Republic County Food Bank

#### **Thursday – March 22**

11am – Chicken Fried Steak Dinner  
1:30pm – White Elephant Bingo, Come and Join the Fun”  
5:30 – 7:30pm – Bierock Supper or Kids Menu – Hot Dogs/Mac & Cheese  
7pm – Carnival Night – Games & Prizes for Everyone!!

#### **Friday – March 23**

9:30am – The Art of Making Pretzels, Gina Aurand, River Valley Extension Agent  
10:30am – STEM (Science-Technology engineering Math) by Monica Thayer,  
River Valley Extension Agent  
11am – Spaghetti or Tuna Noodle Casserole Lunch  
1:30pm – Make & Take Mosaics” by RCHS Art Instructor Tranda Strnad –  
Ages 6 and up are welcome to attend – You will complete a small project  
5:30 – 7:30 pm – Fish Fry  
7pm – Fort Riley Military Band – Don’t miss this awesome performance  
7:30pm – “Cuba – Memorable History and Talent”, Variety show

**Saturday – March 24**

6:30am – Ag Breakfast

7am – Program by Republic County FFA & Kansas Farm Bureau

11am – Smorgasbord Lunch

12:30pm – Baking Contest

2pm – Free Roller Skating

5 – 7pm – Brisket Sandwich Supper (Baked Beans & Chips)

7pm – Auction

**MONDAY MARCH 26:**

**BREAKFAST:** Whole grain Cinnamon Roll, Fresh Banana, Juice Choice, Milk Choice

**LUNCH:** Grilled Chicken on a Whole grain Bun, Sweet Potato Fries, Green Beans,  
Fresh Grapes, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – BAG  
RCHS Stuco Election speeches, 3<sup>rd</sup> hour  
After Prom Meeting, 5:30pm, Jr/Sr HS Library  
Booster Club, Spring Board Meeting, 5:30pm  
JH Dodgeball Tournament, 6pm, Jr/Sr HS Gymnasium  
Winter Sports Awards – 7pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm

**TUESDAY MARCH 27:**

**BREAKFAST:** Mini Bagels, Apricot Halves, Juice Choice, Milk Choice

**LUNCH:** Hamburger on a wholegrain Bun, Dark Green Lettuce, Tomato Slice,  
Potato Wedges, Strawberries & Bananas, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FCCLA  
FBLA – State Leadership Conference @Topeka, bus leaves 6pm  
CCCC – Aggie Days, 9am, bus leaves 7:30am  
HS Softball @Sylvan Grove, 4:30pm, bus leaves at 1:10pm

**EAST:** Jump for Heart Assembly, 8:30am  
5<sup>th</sup> Grade Science State Assessments, 12:45pm  
Belleville After School Program – 3:20 – 5:30pm

**WEDNESDAY MARCH 28:**

**BREAKFAST:** Breakfast Pizza, Sliced Peaches, Juice Choice, Milk Choice

**LUNCH:** EASTER MENU --Chicken Drumsticks, Scalloped Potatoes,  
Green Beans, Whole Grain Roll, Romaine Salad, Brownie, Milk Choice

**ACTIVITIES: ADM:** MTSS Building Meeting, 3:45pm  
**RC JR/SR HS:** Activity Period –OPEN  
FBLA State Leadership Conference @Topeka  
FCA following sports practice, 6pm

**EAST:** 5<sup>th</sup> Grade Science State Assessments, 12:45pm  
EAST MTSS Building Meeting, 3:45pm  
Belleville After School Program – 3:20 – 5:30pm

**THURSDAY MARCH 29:**

**BREAKFAST:** Whole Grain Muffin, Rosy Applesauce, Juice Choice, Milk Choice

**LUNCH:** Corn Dog, Steamed Broccoli, Tater Tots, Fruit Cocktail, Fresh Cookie, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – Art Club  
FBLA State Leadership Conference @Topeka  
JH Track @Superior, 9:30am, bus leaves at 8am  
HS Track – HERE, 3pm  
HS Softball – HERE, vs. Minneapolis, 4:30pm, dismiss students @3pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm

**FRIDAY MARCH 30:**

**BREAKFAST: NO SCHOOL – GOOD FRIDAY**

**LUNCH: NO SCHOOL – GOOD FRIDAY**

**ACTIVITIES: RC JR/SR HS: Activity Period – GOOD FRIDAY NO SCHOOL**

**EAST: GOOD FRIDAY—NO SCHOOL**

**MONDAY, APRIL 2:**

**BREAKFAST:** Whole Grain Cereal, Sausage Patty, Sliced Pears, Juice Choice, Milk Choice

**LUNCH:** Sweet & Sour Chicken Nuggets, Seasoned Brown Rice, Cherry Tomatoes,  
Celery Sticks, Tropical Fruit, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – KAYS

Republic County Wrestling Banquet, 6:30pm, Jr/Sr HS cafeteria  
KIDS, Junior High, High School

**EAST:** Belleville After School Program – 3:20 – 5:30pm

**USDA is an equal opportunity provider and employer.**

**REMINDER – MENUS & EVENTS are subject to change.**

**USD #109 is an equal opportunity employer. USD #109 does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or policies.**

**NON DISCRIMINATION STATEMENT**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices and employees and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at:

[http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410:  
Fax: (202- 690-7442; orEmail:  
[program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider