

REPUBLIC COUNTY U.S.D. NO. 109 BREAKFAST AND LUNCH MENUS AND ACTIVITIES

MARCH 12, 2018 – MARCH 26, 2018

All Grades 6-12 have a Fruit Choice and Garden Salad Bar with lunch

CHOICE -- Peanut/Butter/Jelly Sandwich

DAYLIGHT SAVING TIME BEGINS – Reminder to turn your clocks FORWARD one hour before going to bed on Saturday night, March 10th.

CUBA ROCK-A-THON

The Cuba Rock-a-Thon will be held Sunday, March 18 – Saturday, March 24, at the Cuba Community Hall in Cuba. They will have meals and activities for everyone to enjoy all week. Following is just a sample – Be sure and stop in for all the food and fun.

Sunday – March 18

11am – Turkey and Dressing Dinner –

1pm Rockers Begin

1:30pm – Cuba, 150 Years of History & Tradition, by Lori Swiercinsky

3pm – Merry Meadowlarks 4-H Club Presentation

3:30pm – “K-State Swinging Spurs, will provide dance lessons upstairs by everyone
Two-Step, Square Dancing, Line Dancing

5-7pm – Soup and Sandwich Supper

7pm – “Czech our Cuba’s Memories”, by Jim Richardson

8pm – K—State Swingin Spurs dance performance

Monday – March 19

9am – Exercise for Seniors by Holly Beavers, DPT

10am – “Cuba Mustang Inn” by Jo Krob, book on history of the cafe

11am – Baked Steak Dinner

5:30-7:30pm – Lasagna Supper

7pm – RCHS Forensics Squad, Deb Krotz Instructor

7:30pm – “Our Promising Future” Kids Parade – Ages Infant to 8 years old

Tuesday – March 20

10am – Music by Joe Dolezal

11am – Czech Dinner, featuring Jaternice, Roast Pork, Kraut & Dumplings

5:30 – 7:30pm – Czech Supper or Sloppy Jo w/chips

7:30pm – The One & Only – Tom Burgoon, Hypnotist & Comedian

8:30pm -- Bingo

Wednesday – March 21

11am – Fried Chicken Dinner

5:30 – 7:30pm – Businessman’s Burger Night

7:30pm – Republic County 4-H Talent Night

8pm – “Glow in the Dark....Family Skate Night”

Bring canned goods to support the Republic County Food Bank

Thursday – March 22

11am – Chicken Fried Steak Dinner

1:30pm – White Elephant Bingo, Come and Join the Fun”

5:30 – 7:30pm – Bierock Supper or Kids Menu – Hot Dogs/Mac & Cheese

7pm – Carnival Night – Games & Prizes for Everyone!!

Friday – March 23

9:30am – The Art of Making Pretzels, Gina Aurand, River Valley Extension Agent

10:30am – STEM (Science-Technology engineering Math) by Monica Thayer,
River Valley Extension Agent

11am – Spaghetti or Tuna Noodle Casserole Lunch

1:30pm – Make & Take Mosaics” by RCHS Art Instructor Tranda Strnad –

Ages 6 and up are welcome to attend – You will complete a small project

5:30 – 7:30 pm – Fish Fry

7pm – Fort Riley Military Band – Don’t miss this awesome performance

7:30pm – “Cuba – Memorable History and Talent”, Variety show

Saturday – March 24

6:30am – Ag Breakfast
7am – Program by Republic County FFA & Kansas Farm Bureau
11am – Smorgasbord Lunch
12:30pm – Baking Contest
2pm – Free Roller Skating
5 – 7pm – Brisket Sandwich Supper (Baked Beans & Chips)
7pm – Auction

MONDAY MARCH 12:

BREAKFAST: Whole Grain Cereal, Yogurt Cup, Fresh Apple, Juice Choice, Milk Choice
LUNCH: White Chicken Chili, Cornbread Muffin, Cherry Tomatoes, Cucumber Slices, Fresh Banana, Milk choice
ACTIVITIES: **ADM:** **Board of Education Meeting, District office 7:30pm**
RC JR/SR HS: Activity Period – NHS Induction Practice
HS Forensics @Lincoln, bus leaves 1:15pm
1st Day of Junior High Track practice
JH Track parents Meeting, 5:30pm, RCH Cafeteria
NHS Induction @RCHS Cafeteria, 7pm
EAST: Send home Great American Opportunities Fundraiser Packets
Belleville After School Program – 3:20 – 5:30pm

TUESDAY MARCH 13:

BREAKFAST: Biscuit & Gravy, Pineapple, Juice Choice, Milk Choice
LUNCH: Cheese Pizza, Broccoli Florets, Fresh Baby Carrots, Fresh Citrus Fruit Cup, Milk Choice
ACTIVITIES: **RC JR/SR HS:** Activity Period – FBLA Officers
HS Cheer Practice for try-outs – 5:30pm
RCHS Stuco Dodgeball, RCHS Gym, 6:30pm
EAST: Belleville After School Program – 3:20 – 5:30pm

WEDNESDAY MARCH 14

BREAKFAST: Scrumptious Coffee Cake, Fresh Citrus Fruit Cup, Juice Choice, Milk Choice
LUNCH: Turkey & Cheese Sub Sandwich, Oven Baked Fries, Fresh Baby Carrots, Fresh Fruit, Milk Choice
ACTIVITIES: **ADM:** **D-SILT @District office, 4pm**
RC JR/SR HS: Activity Period – Class Meetings
PBI – 8th Hour
JH Track Pictures
EAST: Belleville After School Program – 3:20 – 5:30pm

THURSDAY MARCH 15:

BREAKFAST: Western Omelet Quesadilla, Tomato Salas, Fresh Fruit, Juice Choice, Milk Choice
LUNCH: Pulled Pork on a whole grain Bun, Dark Green Lettuce, Tomato Slice, Sweet Potato Puffs, Sliced Peaches, Milk Choice
ACTIVITIES: **RC JR/SR HS:** Activity Period – Forensics' picture
Jazz/Show Choir @RCHS Cafeteria, 7:30pm
EAST: Belleville After School Program – 3:20 – 5:30pm

FRIDAY MARCH 16:

BREAKFAST: Mini French Toast Sticks, Fruit Cocktail, Juice Choice, Milk Choice
LUNCH: Shrimp Poppers, Tater Circles, Seasoned Corn, Garden Salad, Rosy Applesauce, Milk Choice
ACTIVITIES: **RC JR/SR HS:** Activity Period – FCCLA Officers
FFA Leader lab @Junction City, 8am
High School Cheer practice try-outs, 5:30pm
EAST: Follow the Monday/Wednesday schedule today
Great American Opportunities Packet -- Deadline
Belleville After School Program – 3:20 – 5:30pm

SATURDAY, MARCH 17:

ACTIVITIES: **RC JR/SR HS:** Forensics CFL Qualifier
Forensics CFL Qualifier @Marysville, bus leaves 6am
FFA Leader lab @Junction City, 8am
GFWC of KS Art Contest – Washington
10am – 2pm (KSDS training building)
Cheer bonding @Manhattan, 1pm

SPRING BREAK – Monday March 19 – Friday, March 23 – NO CLASSES
School office and District Office closed

MONDAY, MARCH 26:

BREAKFAST: Whole Grain Cinnamon Roll, Fresh Banana, Juice Choice, Milk Choice

LUNCH: Grilled Chicken on a Whole Grain Bun, Sweet Potato Fries, Green Beans,
Fresh Grapes, Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – BAG
RCHS Stuco election speeches, 3rd Hour
Booster Club Spring Board Meeting, 5:30pm
Winter Sports Awards Night – 7pm
JH Dodgeball Tournament @ Jr/Sr HS Gymnasium, 6pm
EAST: Belleville After School Program – 3:20 – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410:

Fax: (202- 690-7442); or

Email: program.intake@usda.gov.

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