

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

NOVEMBER 16 – 23, 2020

**FOOD SERVICE – Reminder your child has a choice of a
Hot or cold entrees each day.
Milk is also available with each meal**

HEALTH and WELLNESS – Get enough sleep. Most teens need between 9 and 9 ½ hours of sleep every night. Many average only 7 hours. Sleep has a strong effect on your ability to concentrate and do well at school.

Cancellations – Please note that the Stuco will not be going to East on Wednesday November 18th. The Fall Sports Awards Banquet scheduled for the 20th of November has been cancelled. The Scholars Bowl scheduled for December 7th at Sacred Heart has been cancelled. The JH B team Basketball Tournament scheduled for Saturday December 12th has been cancelled. The FFA Middle School Academy for December 3rd has been cancelled.

Organizational Pictures – Reminder they are planning on taking Organizational pictures on Wednesday, November 18th at the Jr/Sr High School. They will be getting you a list of details soon.

CALENDAR CHANGE – Thanksgiving vacation

There will be no school during the week of November 23rd– November 27th for Thanksgiving Break. ENJOY the Break. All school buildings and the district office will be closed.

FOOD SERVICE – With the buildings being closed the week of November 23rd – November 27th we would like to offer some meal service. Meals will be available for pickup on Monday, November 23rd from 11:00am – 12:15pm by the cafeteria doors of the Jr/Sr High School, at 2405 P Street, Belleville, Kansas. Reminder all meals are free for any child between the ages of 1 and 18. They will be giving meals out for Monday and Tuesday at this pickup.

MONDAY, NOV. 16:

BREAKFAST: Sausage Pancake on a Stick, Cereal with Muffin Square, Chilled Fruit, Fresh Fruit, Milk

LUNCH: East – Hot Option --- Grilled Ham and Cheese Sandwich, Cheesy Cauliflower Popcorn, Green Beans – Cold Option – Pizza Munchables, Italian Chef Salad, Fresh Cauliflower, SIDES – Fresh Garden Salad, Chilled Fruit, Milk – Jr/Sr HS -- Hot Option – Grilled Ham and Cheese Sandwich, Cheesy Cauliflower, Green Beans, Cold Option – Egg Salad Sandwich, Italian Chef Salad, Focaccia Bread, Fresh Cauliflowers with Ranch – SIDES – Fresh Garden Salad, Chilled Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – Art Club
First Day of Winter Sports Program for High School
FFA Leadership School, Virtual, 3:30pm
JH BB vs Washington County, 4:30pm (GAMES Cancelled)
Rep Co. Wrestling Club practice – 6pm – 8:30pm, Wrestling room

EAST: Belleville After School Program – 3:30pm – 5:30pm

TUESDAY, NOV. 17:

BREAKFAST: Mini Bagels, Cereal with Yogurt, Chilled Fruit, Fruit Juice, Milk

LUNCH: Hot Option – Frito Pie, Steamed Broccoli, Tater Tots – Cold Option – Ham and Cheese Sub, Chicken Bacon Ranch Salad – SIDES Fresh Garden Salad, Chilled Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – Science Club
RCHS JV Scholars Bowl Meet, HERE, 4pm
Football Awards Night – Commercial Building, fairgrounds, 6:30pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, NOV. 18:

BREAKFAST: Donuts, Cereal with Muffin Square, Chilled Fruit, Fruit Juice, Milk

LUNCH: Hot Option – Chicken Patty with Mashed Potatoes and Gravy, Hot Roll – Cold Option – Peanut Butter and Jelly Sandwich with Hard Boiled Egg, Chicken Caesar salad, With hot roll, Corn Salad – SIDES – Fresh Garden Salad, Chilled Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – Junior Class Meeting/Senior Class Meeting
Organizational Pictures, 9:45am

EAST: Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, NOV. 19:

BREAKFAST: Chicken Biscuit, Cereal with Cheese Stick, Chilled Fruit, Fruit Juice, Milk

LUNCH: Hot Option – Hot Dog on Bun, BBQ Bacon Beans, Corn – Cold Option – Crispy Chicken Wrap, Cobb Salad with Fruit Muffin, BBQ Bean Salad – SIDES
Fresh Garden Salad, Chilled Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – FFA Officers

JH BB, Boys vs. Sacred Heart, 4:30pm, HERE

JH BB, Girls @Sacred Heart, (GAME is Cancelled)

FCA Meeting, 6:15pm, following sports practice

Rep Co. Wrestling Club practice, 6pm – 8:30pm, Wrestling room

EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, NOV. 20:

BREAKFAST: Breakfast Pizza, Cereal with Muffin Square, Chilled Fruit, Fruit Juice, Milk

LUNCH: Thanksgiving Feast – Hot Option – Roast Turkey with Gravy, Mashed Potatoes
With Gravy, Glazed Carrots, Focaccia Bread – Cold Options – Turkey and
Cheese Sandwich, Mandarin Orange Chicken Salad with Italian Bread –
SIDES – Fresh Garden Salad, Chilled Fruit, Milk, Pumpkin Bar

ACTIVITIES: RC JR/SR HS: Activity Period – FFA

CANCELLED -- Fall Sports/Awards Banquet

EAST: Belleville After School Program – 3:30pm – 5:30pm

MONDAY, NOV. 23:

ACTIVITIES: ADM: **REMINDER NO SCHOOL Monday – Friday
November 23 – November 27**

**Meals will be available to pick up – 11:00am – 12:15pm
At the cafeteria doors of the Jr/Sr High school
Building – 2405 P. Street (only on Monday)**

RC JR/SR HS: JH BB, Boys, vs. Minneapolis, 4:30pm, HERE

JH BB, Girls @Minneapolis, (GAME is CANCELLED)

CANCELLED – League Vocal

Rep Co. Wrestling Practice, 6pm – 8:30pm, Wrestling room

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REMINDER – MENUS & EVENTS are subject to change.

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

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