

REPUBLIC COUNTY U.S.D. NO. 109 BREAKFAST AND LUNCH MENUS AND ACTIVITIES

NOVEMBER 11– NOVEMBER 18, 2019

**FOOD SERVICE – Reminder your child has a choice of different entrees each day.
Milk is also available with each meal.**

**FALL BUFFER WEEK – No athletic practices for HS sports – November 11 –
November 17, 2019**

**REMINDER – School will be dismissed at 12:30pm on Thursday, November 7th and
will not be in session on Friday, November 8th. Parent/Teacher Conferences will be
held at the buildings from 1:30m – 8:30pm on Thursday the 7th. Reminder to Pre-
school parents – There will be NO preschool on Thursday.**

REPUBLIC COUNTY HIGH SCHOOL FOOTBALL – the “Buffs” will be taking on Smith Center in
the Regional Football playoffs at 7pm on Friday, November 8th at Smith Center. Let’s get out and show
our support. GO BUFFS!!! With a win they will advance to the Sectional playoffs on Friday, November
15, 2019.

FUN FACTS ABOUT EXERCISING –

You get sick less often – Exercising on a regular basis helps boost your immune system. This means
you’ll get sick less often than people who don’t exercise.

PLAY PRODUCTION – Be sure and mark your calendars for the play “The Pink Panther Strikes Again”.
The Buffs Actors Guild along with sponsors, Miss Deb Krotz and Mrs. Darsha Enns will be performing the
play on Friday and Saturday evening, November 15th and 16th at 7pm.. It will be held in the cafeteria at the
Jr/Sr High School.

MONDAY, NOV. 11:

BREAKFAST: Breakfast sliders, Sausage Biscuit, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice/
Milk

LUNCH: Chicken Strips, Italian Bread, Popcorn Chicken Wrap, Cobb Salad, Blueberry
Muffin SIDES -- Fresh Garden Salad, Lemon Butter Broccoli, Fresh Fruit, Mandarin
Oranges, Milk

ACTIVITIES: **ADM: Board of Education Meeting, 7:30pm**
RC JR/SR HS: Activity Period – HS Stuco
Veterans Day Parades – downtown Belleville, 2pm
Dismiss band students at 1:15pm
FFA Leadership @Salina, 3:30pm, bus leaves at 2:45pm
JH Boys BB vs. Minneapolis, HERE, 4:30pm (East Elementary)
B team at 4:30pm, followed by A team at 5pm
JH Girls BB @Minneapolis, 4:30pm, bus leaves at 2:45pm
Play Tech Rehearsal – 5:30pm
EAST: 5th Grade Veterans Program @Blair Theatre, 9am, for veterans
5th Grade School Presentation @ East Elementary @12:45pm
– parents are invited
Veterans Day Parade – 2pm
Belleville After School Program – 3:30pm – 5:30pm

TUESDAY, NOV. 12:

BREAKFAST: Westerns Egg “n Bacon Sandwich, Pancake Sausage Griddle, Cereal, Oatmeal,
Toast, Chilled Fruit, Fruit Juice, Milk

LUNCH: Cheeseburger, Turkey Club Sub, Strawberry Chicken Salad, Italian Bread, SIDES –
Fresh Garden Salad, Fresh Fruit, Tater Tots, Pears, Milk

ACTIVITIES: **RC JR/SR HS:** Activity Period – FCCLA Officers
JH Girls BB vs. Rock Hills, 5pm, (East Elementary)
JH Boys BB vs. Rock Hills, following girl’s game (East Elementary)
Play Dress Rehearsal, 5:30pm
Winter Sports Parents/Player Meeting @RCHS, 6pm

EAST: 5th Grade Perform at Country Place, 2:15pm
Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, NOV. 13:

BREAKFAST: Sausage Pancake on a Stick, Apple Pastry, Cereal, Oatmeal, Yogurt, Fruit Juice, Fresh Fruit, Milk

LUNCH: Cheese Pizza,

ACTIVITIES: RC JR/SR HS: Activity Period – BAG
ASVAB Test – Juniors, 8am, Jr/Sr HS library
Winter Booster Club Board Meeting @RCHS Library, 6pm

EAST: 5th Grade Perform at Belleville Health Care Center, 2:15pm
Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, NOV. 14:

BREAKFAST: Blueberry Sweet Roll, Strawberry Shortcake Biscuits, Cereal, Oatmeal, Cinnamon Toast, Fruit Juice, Chilled Fruit, Milk

LUNCH: Spaghetti and Meat Sauce, Italian Bread, Ham and Cheese Sandwich, Taco Salad, Cornbread SIDES – Fresh Garden Salad, Roasted Vegetables, Fresh Fruit, Cinnamon Apples, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – FFA Officers/JH Stuco
JH Pep Rally @Cafeteria, 8am
FBLA students leave for Leadership Conference @11am
HS Math Relays -- @FHSU, 9am, bus leaves at 6am
JH Girls BB vs. Pike Valley, HERE, 5pm (East Elementary)
JH Boys BB vs. Pike Valley, following girl's game (East Elementary)
Play Dress Rehearsal, 5:30pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, NOV. 15:

BREAKFAST: Biscuits and Gravy with Sausage, Mini French toast, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: Super Nachos, Crispito, Chicken Bacon Ranch Salad, Pineapple Muffin – SIDES- Fresh Garden Salad, Refried Beans, Fresh Fruit, Tropical Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period –FCCLA
American Free Enterprise Day
PLAY Production – 7pm – “Pink Panther Strikes Again”
performed by the “Buffs” Actors Guild
FBLA National Leadership Conference @Denver CO

EAST: Follow the Tuesday/Thursday schedule today
Belleville After School Program – 3:30pm – 5:30pm

SATURDAY, NOV. 16:

ACTIVITIES: RC JR/SR HS: PLAY Production – 7pm – “Pink Panther Strikes Again”
performed by the “Buffs” Actors Guild
FBLA National Leadership Conference @Denver CO

MONDAY, NOV. 18:

BREAKFAST: Egg, Bacon and Cheese Bagel, Waffles, Cereal, Oatmeal, Yogurt, Fresh Fruit, Fruit Juice, Milk

LUNCH: Grilled Cheese Sandwich, Chili with Cinnamon Roll, Taco Salad, Cornbread, SIDES – Fresh Garden Salad, French Fries, Fresh Fruit, Mandarin Oranges, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – Art Club
First Day of Winter Sports Practices for High School
Monday/Wednesday 6th Grade Choir to
Belleville Health Care Center – 1:45pm
Coach Mark Potter, cafeteria, 12:45pm – 1:50pm (HS students only)
JH BB @Washington County, 5:15pm, bus leaves at 4:15pm
Play Set Strike Day – 7pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

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1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
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