

**REPUBLIC COUNTY U.S.D. NO. 109  
BREAKFAST AND LUNCH MENUS AND ACTIVITIES**

OCTOBER 3, 2016 – OCTOBER 10, 2016  
All Grades 6-12 have a Fruit Choice and Salad Bar with lunch

ANTI – BULLYING WEEK – October 3rd – 7th

**HOMEcoming – FRIDAY, SEPTEMBER 30<sup>th</sup>.**

You won't want to miss the following homecoming activities this coming Friday, September 30. The assembly will be held at 1:30pm at the Junior/Senior High School gymnasium, with the parade following in downtown Belleville at 2:30pm. The crowning ceremony will take place at 6:30pm at the grandstands, before the game.

The game against Plainville will be at 7pm.

The dance will follow the game from 10pm to midnight.

**TAILGATE – FRIDAY, SEPTEMBER 30<sup>th</sup>**

The American State Bank will be sponsoring the tailgate before the game. They will be serving out of the ag building, from 5-7pm. It is a free will donation and all proceeds will go to the incentive program at the Junior/Senior High School.

**HOMEcoming – Good luck to the candidates**

**QUEEN CANDIDATES**

Kendsey Johnson  
Kendra Scott  
Madison Scott  
Audrey Sheets

**KING CANDIDATES**

Trey Kuhlman  
Trevor Lowell  
Harlen Reed  
Justyn Stindt

**VARsITY VOLLEYBALL, Saturday, October 1<sup>st</sup>**

High School Varsity Volleyball Tournament – Concordia – Saturday, October 1  
The high school Varsity Volleyball team will be in action at Concordia on Saturday, October 1<sup>st</sup> at the Concordia Elementary school. Their pool games will be at 10am, 11am, noon, and 1pm. Top two teams from each pool will advance to the high school for the semi finals and finals following pool play, at approximately 2pm.

GOOD LUCK to the lady Buffs!!!

**NATIONAL WALK to SCHOOL DAY – Wed. October 5<sup>th</sup>**

October 5 is National Walk to school day. The purpose of this day is to help promote safety for children who walk and bike to school. Thanks to the Republic County Health Department for helping coordinate this.

They would like you to join them at the Food Mart in Belleville between 7:15am and 7:30am for a healthy breakfast.

They will begin the walk to East Elementary at 7:30am and to the Jr/Sr High School at 7:45am. The students will have escorts to their buildings.

Get your student involved in this activity to promote health and safety!!

**MONDAY OCT. 3:**

**BREAKFAST:** French Toast Sticks w/Syrup, Grapes, Juice Choice, Milk Choice

**LUNCH:** Pig in a Blanket, Roasted Red Potatoes, Broccoli w/Cheese, Grapes, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period- FFA

JV Football @Plainville, 5pm, (game cancelled)

**JV Football @Valley Heights, 6pm, bus leaves at 4pm**

**This game was added to the schedule**

Scholars Bowl Practice, 5:45pm

Play Practice, 7pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm

Randy Nadler Assembly, Blair Theatre, 8:45am

**TUESDAY OCT. 4:**

**BREAKFAST:** Bagel w/toppings, apple slices, Juice Choice, Milk Choice

**LUNCH:** Chicken Wrap, Spanish Brown Rice, Romaine Lettuce, Tomato Slice,  
Zucchini Slices, Tropical Fruit, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – KAYS Executive

HS Volleyball @Sacred Heart, 5pm, bus leaves at 2:30pm

Play practice, 7pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm

**WEDNESDAY OCT. 5:**

**BREAKFAST:** Oatmeal Breakfast Round, Yogurt, Strawberries and Bananas,  
Juice Choice, Milk Choice

**LUNCH:** Spaghetti w/Meat Sauce, Garlic Bread, Garden Salad, Green Beans,  
Mandarin Oranges, Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FBLA Officers  
Science Club Trip to Manhattan, leave at 6:30am,  
Return at approximately 3:30pm  
**National Walk to School Day, 7:30am to East and  
The Jr/Sr HS at 7:45am, begin in the  
Food Mart parking lot (they will have a healthy  
breakfast at 7:15am)**

**EAST:** **National Walk to School Day, 7:30am, begin in the  
Food Mart parking lot (they will have a healthy  
breakfast at 7:15am)**  
Belleville After School Program – 3:20 – 5:30pm  
MTSS building Meeting, East Computer Lab, 3:45pm

**THURSDAY OCT. 6:**

**BREAKFAST:** Quick bubble Bread, Mandarin Oranges, Juice Choice, Milk Choice

**LUNCH:** Taco Salad, tortilla Chips, Red Bell Pepper Strips, Refried Beans,  
Watermelon, Cinnamon Puff (6-12), Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – JH Stuco  
State Land judging @Royal Valley, 9am, bus leaves at 6am  
Cross Country @Lincoln, 4pm, bus leaves at 1pm  
JH Football vs. Smith Center, 6pm, HERE  
Play practice, 7pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm

**FRIDAY OCT. 7:**

**BREAKFAST:** Breakfast Pizza, Peaches, Juice Choice, Milk Choice

**LUNCH:** Chicken & Noodles, Mashed Potatoes, Baby Carrots, Grapes,  
Whole Wheat Roll (6-12), Milk Choice

**ACTIVITIES: RC JR/SR HS:** Activity Period – FBLA  
HS Football @Russell, 7pm, bus leaves at 2:50pm

**EAST:** Follow the Tuesday/Thursday schedule today  
Belleville After School Program – 3:30 – 5:30pm

**SATURDAY, OCT. 8:**

**ACTIVITIES: RC JR/SR HS:** HS JV Volleyball @Ellsworth, 8am, bus leaves at 6am  
HS Varsity Volleyball @Marysville, 9am, bus leaves at 7am  
JH “B” Volleyball @Minneapolis, 9am, bus leaves at 7am  
Play Set Work day – 8am  
Youth Football – 6pm – 8pm

**MONDAY OCT. 10:**

**BREAKFAST:** Whole Grain Cereal, String Cheese, Blueberries, Juice Choice, Milk Choice

**LUNCH:** Meatball Sub, Ranch Potato Wedges, Tossed Salad, Peaches, Milk Choice

**ACTIVITIES: ADM:** **Board of Education Meeting, 7:30pm, District office**

**RC JR/SR HS:** Activity Period – BAG  
Jostens Orders—1<sup>st</sup> hour for Senior announcements,  
followed by sophomores for rings  
HS JV Volleyball @Thayer Central, 4:30pm, bus leaves at 3pm  
Scholars Bowl Practice, 5:45pm  
Play practice, 7pm

**EAST:** Belleville After School Program – 3:20 – 5:30pm

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