

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES

OCTOBER 2 – OCTOBER 9, 2017

All Grades 6-12 have a Fruit Choice and Garden Salad Bar with lunch

CHOICE for Lunch the week of October 2 – October 6 will be
Yogurt, String Cheese and Crackers

COICE for Lunch the week of October 9 – October 13 will be
Peanut/Butter/Jelly Sandwich

CONCORDIA VARSITY VOLLEYBALL TOURNAMENT – Sat. Sept. 30

The High school Varsity VB team will be in action at the Concordia HS. Their games are at 9am vs. Concordia, 10am vs. Smith Center, 11am vs. Marysville, 12pm vs. Southeast of Saline. Top two teams will advance to the Semi-Finals following pool play. GOOD LUCK !!!

HEALTH/WELLNESS TIP:

Put your cell phone in the other room. Your ability to solve problems is lower when your phone is close by because your brain gets distracted even when you are not paying attention to the phone.

HOMECOMING – FRIDAY, OCTOBER 6

Congratulations to the following Seniors who were elected as the Queen and King Candidates for this year's Homecoming.

QUEENCANDIDATES

Lasondra Aurand
Jaycee Blazek
Brittany MacLean
Karlie Strutt

KING CANDIDATES

Carl Brunner
McKenzie Cromwell
Deon Dyke
Noah Springer

HOMECOMING FESTIVITIES – Don't miss all the FUN !!!

The Homecoming PepRally/Bonfire will be held on Thursday, October 5th at 8:30pm (weather permitting) south of the Jr/Sr High School building. The Assembly will be held at 1:30pm on Friday, October 6th at the Jr/Sr High School gymnasium, with the parade following at 2:30pm in downtown Belleville. The coronation will take place at the football field at 6:30pm with the Buffs playing the Russell Broncos at 7pm that evening. The Junior Class and Junior Parents will be holding a tailgate on Friday evening. They will be serving out of the Ag Shop, from 5-7:30pm. They will be serving hamburgers/hotdogs/baked beans/chips/desserts for a free will donation. The Homecoming Dance will take place at 10pm to midnight in the cafeteria.

MONDAY OCT. 2:

BREAKFAST: Mini Waffles, Pineapple, Juice Choice, Milk Choice

LUNCH: Hamburger, W/G Bun, Oved Baked Fries, Lettuce, Slice of Tomato,
Strawberries & Banana, Milk choice

ACTIVITIES: RC JR/SR HS: Activity Period – FFA
Scholars bowl practice, 5:45pm
JV FB vs. Plainville, CANCELLED
JV FB @Clifton Clyde, 6pm (this was added to the calendar)
Play practice, 7pm
EAST: Belleville, After School Program – 3:20 – 5:30pm
Anti-Bullying Week @East
Randy Nadler Assembly @Blair Theatre, 8:45am

TUESDAY OCT. 3:

BREAKFAST: Pancakes, Sausage Patty, Tropical Fruit, Juice Choice, Milk Choice

LUNCH: Baked Ham, Sweet Potato Fries, Green Beans, Fresh Grapes, Biscuit, Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – KAYS Exec.

HS Volleyball vs. Sacred Heart, 5pm, HERE

Play Practice, 7pm

EAST: Belleville After School Program – 3:20 – 5:30pm

WEDNESDAY OCT. 4:

BREAKFAST: Mini Bagel with Cream Cheese, Strawberries, Juice Choice, Milk Choice

LUNCH: Chili soup, Fresh Cucumbers, Red & Green Bell Peppers, Diced Peaches,
Cinnamon Roll, Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – FBLA Officers

Science Club Field Trip to McPherson and Hutchinson,

Bus leaves at 7:20am

EAST: Belleville After School Program – 3:20 – 5:30pm

THURSDAY OCT. 5:

BREAKFAST: Breakfast Taco, Salsa, Sliced Pears, Juice Choice, Milk Choice

LUNCH: Macaroni & Cheese, Meatballs, Baked Beans, Baby Carrots, Apple Salad,
Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – Homecoming Practice

Cross Country @Lincoln, 4pm, bus leaves at 1:25pm

FFA STATE Land Judging @Riley County, 9am, bus leaves at 6:45am

JH FB @Smith Center, 5pm, bus leaves at 2:35pm

Play practice, 7pm

Homecoming Pep Rally/Bonfire – 8:30pm (weather permitting)
(south of the Jr/Sr HS building)

EAST: Belleville After School Program – 3:20 – 5:30pm

FRIDAY OCT. 6:

BREAKFAST: Whole Grain Cinnamon Roll, Mandarin Oranges, Juice Choice, Milk Choice

LUNCH: Chicken Nuggets, W/G Hot Roll, Mashed Potatoes, Gravy, Romaine Lettuce Salad,
Sliced Pears, Milk Choice

ACTIVITIES: RC JR/SR HS: Activity Period – Homecoming Practice

Homecoming Assembly, 1:30pm

Homecoming Parade, 2:30pm

Tailgate – serving at the Ag building

Sponsored by the Junior Class and Junior Parents

Homecoming Coronation, 6:30pm

HS Football vs. Russell, 7pm

HS Homecoming dance following game, cafeteria, 10pm - Midnight

EAST: Follow the Tuesday/Thursday schedule today

Homecoming Parade, 2:30pm, Wear School Colors

Belleville After School Program – 3:20 – 5:30pm

SATURDAY, OCT. 7:

ACTIVITIES: RC JR/SR HS: BAG to Renaissance Festival, bus leaves 5:30am

JH “B” Volleyball @Minneapolis, 8:30am, bus leaves at 7am

HS JV Volleyball @Ellsworth, 9am, bus leaves at 6:15am

MONDAY, OCT. 9:

BREAKFAST: French Toast Strips, Syrup, Fruit Cocktail, Juice Choice, Milk Choice

LUNCH: Pig in a Blanket, Roasted Potatoes, Broccoli with Cheese Sauce,
Apple Salad, Milk Choice

ACTIVITIES: ADM: Board of Education Meeting, 7:30pm, District Office

RC JR/SR HS: Activity Period – FBLA

HS Volleyball @Thayer Central, 4:30pm, bus leaves at 3pm

Scholars Bowl Practice, 5:45pm

Play practice, 7pm

EAST: Belleville After School Program – 3:20 – 5:30pm

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REMINDER – MENUS & EVENTS are subject to change.

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Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410:

Fax: (202- 690-7442); or

Email: program.intake@usda.gov.

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