

REPUBLIC COUNTY U.S.D. NO. 109
BREAKFAST AND LUNCH MENUS AND ACTIVITIES
SEPTEMBER 14 – SEPTEMBER 21, 2020

**FOOD SERVICE – Reminder your child has a choice of a
Hot or cold entrees each day.
Milk is also available with each meal**

**IMPORTANT LUNCH INFORMATION – Due to the Covid 19 Pandemic,
All Meals will be FREE for students beginning September 1st – December 18. The
meals that were charged for September 1 – 4th will be credited back to your child's
account. Meals will also be available for children who are not attending in the
building from the ages of 1 – 18. These meals will be available on school days from
12:15 – 12:30pm at the cafeteria door at the back of the Jr/Sr High School, 2405 P
Street.**

LUNCH INFORMATION

Kindergarten afternoon milk and extra milk. REMINDER you are still responsible to pay the .40 cents for the afternoon milk for the kindergarten students as well as any child who gets an extra milk. You are entitled to one free milk with your lunch but if take an extra you are responsible for paying for it. This would also be for any child who brings his/her lunch but would like to drink milk. Thanks for your attention to this matter.

REMINDER – If you haven't completed the Free/Reduced lunch application and think your child or children might qualify we encourage you to please go ahead and complete the form. If you don't have one we have them available at the district office and at the school offices. It doesn't hurt to complete the form even if you think you won't qualify, you might be surprised.

MONDAY, SEPT. 14:

BREAKFAST: Sausage Biscuit, Cereal with Cinnamon Toast, Chilled Fruit, Fruit Juice, Milk

LUNCH: Sloppy Joe with Balsamic Roasted Carrots/Corn, Turkey and Cheese Sandwich, Italian Chef Salad with Focaccia bread – SIDES – Fresh Garden Salad, Baby Carrots, Chilled Fruit, Milk

ACTIVITIES: ADM: Board of Education Meeting, 7:30pm, District Office

RC JR/SR HS: Activity Period – FCCLA
JV Football vs. Ellsworth, HERE, 5pm
Scholars Bowl Practice, 5:45pm
Play Practice, 7pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

TUESDAY, SEPT. 15:

BREAKFAST: Pancake Bites, Cereal with Yogurt, Chilled Fruit, Juice, Milk

LUNCH: Corn Dog with Tater Tots, Vegetable blend, Chicken Salad Wrap, Chicken Bacon Ranch Salad – SIDES – Fresh Garden Salad, BBQ Bean Salad, Chilled Fruit, Milk

ACTIVITIES: RC JR/SR HS: Activity Period – Class Meetings
Jostens order date – 12pm – 1pm
HS VB @Southeast of Saline, 5pm, bus leaves at 2:30pm
Play Practice, 7pm

EAST: Belleville After School Program – 3:30pm – 5:30pm

WEDNESDAY, SEPT. 16:

BREAKFAST: French Toast Casserole, Cereal with Toast, Chilled Fruit, Juice, Milk
LUNCH: Roast Turkey with Gravy, Mashed Potatoes, Gravy, Steamed Broccoli,
Italian Sub, Chicken Caesar Salad with Hot Roll – SIDES – Fresh
Garden Salad, Crazy Corn Salad, Chilled Fruit, Milk
ACTIVITIES: RC JR/SR HS: Activity Period – NHS
FFA Greenhand Conference, 9am (will be virtual this year)
EAST: Belleville After School Program – 3:30pm – 5:30pm

THURSDAY, SEPT. 17:

BREAKFAST: Blueberry Sweet Roll, Cereal with Yogurt, Chilled Fruit, Fruit Juice, Milk
LUNCH: Nashville Hot Chicken Strips, Italian Bread, Baked Beans, Ham and Cheese
Roll Up, Cobb Salad – SIDES – Fresh Garden Salad, Celery, Chilled
Fruit, Milk
ACTIVITIES: RC JR/SR HS: Activity Period – KAYS Exec/JH Stuco Officers
JH VB vs. Superior, HERE, 4:15pm
JH FB vs. Superior, HERE, 5pm
Cross Country @Smith Center, 4:30pm, bus leaves at 2pm
Play Practice, 7pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

FRIDAY, SEPT. 18:

BREAKFAST: Biscuits and Gravy with Sausage, Cereal, Chilled Fruit, Juice, Milk
LUNCH: Super Nachos with Lemon Butter Broccoli/Peas, Peanut Butter and Jelly
Sandwich with Yogurt, Popcorn Chicken Salad with Italian Bread,
SIDES – Fresh Garden Salad, Green Bean Salad, Chilled Fruit,
Milk
ACTIVITIES: RC JR/SR HS: Activity Period – KAYS
HS FB @Minneapolis (place to be determined) 7pm
Bus leaves at 3:30pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

SATURDAY, SEPT. 19:

ACTIVITIES: RC JR/SR HS: Play Set Work Day – 8am – 5pm
HS Volleyball Tournament – HERE, 9am

MONDAY, SEPT. 21:

BREAKFAST: Egg and Cheese Biscuit, Cereal with Toast, Chilled Fruit, Juice, Milk
LUNCH: Bacon Pickle Grilled Cheese with Honey Baked Beans, Green Beans, Turkey
Jack Sandwich, Italian Chef Salad with Focaccia Bread – SIDES – Fresh
Garden Salad, BBQ Bean Salad, Chilled Fruit, Milk
ACTIVITIES: RC JR/SR HS: Activity Period – HS Stuco
JV FB vs. Minneapolis, HERE, 5pm
Freshman/Sophomore Parent Night @Flex Room, 7:30pm
Play Practice, 7pm
EAST: Belleville After School Program – 3:30pm – 5:30pm

USDA is an equal opportunity provider and employer.

REMINDER – MENUS & EVENTS are subject to change.

USD #109 is an equal opportunity employer. USD #109 does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or policies.

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.