

# MOUNTAIN VALLEY HIGH SCHOOL

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Dear Falcon Families,

We want to inform you that MVHS will be conducting an ALICE Drill within the next two weeks. We firmly believe that although uncomfortable, practicing our emergency procedures is important. This is the only way for our students to be prepared in the case of an active threat. We will work closely with the Rumford Police Department and RSU 10 School Resource Officer Doug Maifeld to plan the drill. As always, we will have time to debrief after the drill and we will have social workers available for any students who require additional support. Again, we know these drills can be triggers for students but we strongly believe that they are necessary for the safety of Mountain Valley High School. If you have any questions, please feel free to reach out to us. Below is a reminder of the components of ALICE:

- **Alert** – inform people of the threat, giving as much information as possible.
- **Lockdown** – Students and staff can choose to lockdown and barricade the room that they are in if they determine that it is not safe to evacuate.
- **Inform** – pass on as much information as possible to others and to First Responders, including calling 911.
- **Counter** – an effort of last resort, if an armed intruder is able to get into the space they are in, individuals can counter with distraction or other tactics. Staff are being trained to use every effort to stop the intruder, instead of relying on the traditional lockdown and hide response.
- **Evacuate** – If it is safe to do so, all are encouraged to evacuate the building, and remove themselves from the threat.

Tom Danylik

Principal, MVHS

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