



# READFIELD ELEMENTARY SCHOOL NEWSLETTER



December 18th, 2020



**December 21-22 - Holiday Spirit Week**

**December 23 - January 3 - Winter Vacation**

## Winter Holiday Spirit Week

**Monday 12/21 - Wear your holiday colors and crazy accessories head to toe.**

**Tuesday 12/22 - Pajama Day-The last day of school for 2020 lets be comfy!**

## **Nurse Notes From Mrs. Jada Clark, RN**

**CDC Quarantine Change:** On Friday, the Maine CDC changed it's guidance for quarantine after exposure to COVID-19. Our district will be following this guidance going forward. Any students or staff that were placed in quarantine prior to the date/time below will complete their current 14 day quarantine.

- As of Friday, December 4th at 3:30 pm, all close contacts of a positive case of COVID-19 must quarantine for 10 days from the time of their last exposure. The quarantine was previously 14 days.
- Individuals should continue to monitor for symptoms for an additional 4 days after they are released from quarantine.
- If symptoms occur at any point, the individual should be tested for COVID-19.
- The CDC continues to recommend a COVID-19 test between days 5 and 7 though a negative test will NOT change the duration of the 10 day quarantine.

**Positive test:** If your student or a member of your household tests positive for COVID-19, please, call or email our school nurse, Jada Clark, as soon as possible. 685-4406 x1 or [jada\\_clark@maranacook.com](mailto:jada_clark@maranacook.com).

**Questions:** Please don't hesitate to reach out to Jada with your questions or for guidance.

**THANK YOU to all of our families!** Your willingness to continue to fill out RUVNA everyday, keep your children home when they are not feeling well and follow the CDC guidelines is appreciated. Thank you for helping our school community stay safe and healthy!