



COPENHAGEN CENTRAL SCHOOL

NOVEMBER / DECEMBER, 2021 NEWSLETTER

From the Desk of the Superintendent:

Dear District Residents:

I'd like to share with you a few pieces of news about our district.

The school year has started well and is in full swing, with students and teachers busy teaching and learning in our classrooms. We have been very fortunate to have only had a limited number of quarantined students this fall. Far last then at the same time last year. Throughout the elementary hallways, one can already see student work displayed outside the rooms. Our sports teams are also off to a great start. I am inspired and grateful to see the staff always going the extra mile to help our students succeed and our students always giving their best effort.

Parent/Teacher Conferences

On November 22 and 23, we will be holding our annual parent/teacher conferences. This is a great time to meet with your child's teacher to discuss their success or any issues or concerns you may have. Conferences will be on Monday from 12-7 PM and Tuesday from 12-3:20 PM. Please call to schedule an appointment. K-5 can call the Elementary office, and 6-12, please contact the guidance office. We will try to do these in person, but we can still do this virtually if you would prefer.

Winter School Closings

It won't be long, and the snow and cold will be upon us. Again this year, we will be using multiple methods of communicating any closings or delays to you. You can access this information from WWNY-TV Channel 7; We will also post this on Parent Square, our website, and our Facebook page. As you know, the North Country/Tug Hill weather is extremely unpredictable, and we will always put the safety of your children first. We will also attempt to make these decisions as early as possible to allow you time to plan.

Winter Activities

The Winter months are usually the time for celebrations, concerts, and sporting events. At this time, I'm not sure what, if any, of these activities can take place. As we get closer to those times, we will keep you informed.

As always, thank you for your continued support of our district.

Sincerely,

Superintendent of Schools

SCHOOL BOARD RECOGNITION

We would also like to thank and acknowledge our board members for all they have done for Copenhagen.

The CCS Board of Education continues to serve both students and staff, upholding their commitment to our school and community.

President Lynn A. Murray – 25 years

Alfred Tomaselli – 14 years

Troy Buckley – 10 years

Koreen Freeman – 18 years

Keith Lee – 7 years

Robert Stackel – 27 years

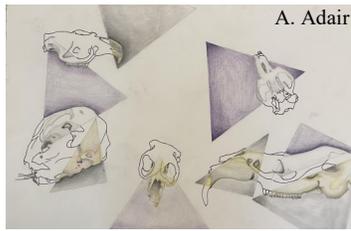
Gabrielle Thompson – 6 years

****CCS Board of Education 107 Years
of Cumulative Service****

Principally Speaking



G. Scholler



A. Adair

Parent/Teacher Conferences in Grades 6-12

It's that time of year again. The time when the first quarter of the year is wrapping up and school and home connect to talk about student progress during parent/teacher conferences. Considering that those phone calls will soon be made, we thought it would be a good idea to share who receives a phone call and why.

First, there is only one reason to hold conferences, that is, student achievement and success in school. Whether your child is earning straight A's or is struggling to pass, talking about their progress is key in helping them know that we all care about their education.

Second, conferences should never be only for the purpose of delivering bad news. In the elementary, teachers strive to meet with every single student's parent/guardian, regardless of grades or behaviors. While that may not be possible in grades 6-12, the same philosophy should apply.

Therefore, teachers request conferences for two reasons:

1. Any student whose average is 70% or below. These are the students who are already or who are most in danger of possibly slipping below passing.
2. Students who are recognized as making major improvements, or who are doing outstanding work who deserve recognition.

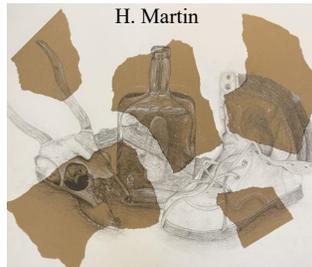
Additionally, if you would like to meet with your child/ren's teacher/s, but have not received an invitation, please don't hesitate to call the guidance office to make an appointment. We welcome any and all during parent/teacher conferences!

Finally, *you can expect to be asked if you would rather meet virtually or in person as we will accommodate your preference.*

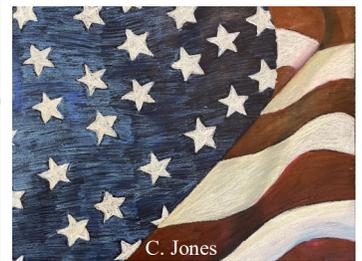
If you have any questions or concerns, please don't hesitate to contact your child's teacher.

Reaching Your Children in an Emergency

Unfortunately, there are times when family emergencies arise and parents/guardians must reach their children immediately. We can not impress upon you strongly enough the importance of *doing so through the office, not through their cell phones*. When a student takes devastating news, it should not be in a public place surrounded by other students and teachers. It is far more appropriate for us to find them privacy in the presence of someone who can offer emotional support in the wake of the phone call. Please allow us to help you help your children during these rare but difficult times.



H. Martin



C. Jones

Did You Know

Correlative studies show a strong relationship between arts education and:

- + positive emotional development that leads to stronger abilities to self-regulate
- + deep engagement in learning
- + motivation to learn for understanding
- + a decrease in disciplinary issues in schools
- + self-awareness, self-concept and self-expression, self-efficacy and self-confidence

<https://www.artandmusiccenter.com/blog/2019/4/23/10-reasons-why-kids-need-art-and-music>



M. Howard



L. Boucher

Social/Emotional Wellness

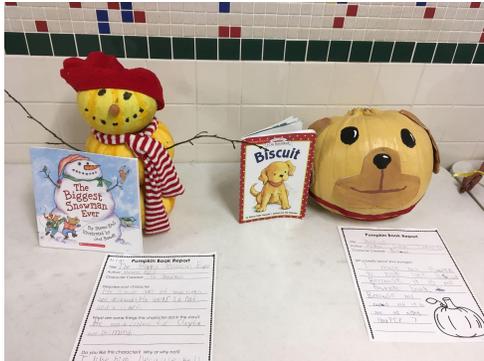
Once again this year, a primary focus is being placed on your child(ren)'s social/emotional wellbeing. The adults in the building will be paying attention to ascertain any student needs that should be met and then taking the necessary steps to meet those needs. We have also built in ten minutes each day after lunch for students in grades 6-12 to decompress and learn strategies to reduce stress.

A Message from Mrs. Ratliff...

We're Off o a Great Start!



So many fun fall learning activities!!



Pumpkin Book Reports

Haunted House Writing Project



Math Arrays



Investigating Fall Leaves with a Scavenger Hunt

Don't forget! Parent Conferences will be held on November 22nd. You can set up a time to meet with your child's teacher through Parent Square! (Need help? Give Mrs. Shambo a call 688-4411!)





Counseling Center News

ATTENTION SENIORS AND PARENTS: November is almost here and with this month comes many important tasks for our Seniors. **All college applications should be submitted by Thanksgiving break at the latest.** The earlier you apply, the earlier you hear back. Even though schedules are very busy, students must visit schools prior to attending, and apply to any of interest. Please do not hesitate to contact our office at 688-4411 if you have any questions. We will help with the application process and assist you in setting up any college visitations you may be interested in attending, such as completing the FAFSA and any other financial aid forms.

Senior Acknowledgements



McKenzie McLane, daughter of James and Anita McLane is the Copenhagen Central School 2022 recipient of the Daughters of the American Revolution Good Citizen Award. McKenzie shows dependability, service, leadership, and patriotism. She demonstrates these qualities in school and in the community. McKenzie has the opportunity to enter a DAR essay scholarship competition. Congratulations, McKenzie!

College & Career Forum

We would like to extend an invitation to any current undergraduate college student, or full-time employed graduate to participate in a question and answer forum for high school seniors. We find this forum to be very informative for students planning for college and careers after high school. Any former CCS students interested in sharing his/her college or work experiences with our students, or a recent graduate currently employed full time, is encouraged to contact the school. Parents, please share with your graduate. If your son or daughter is interested, please have him or her e-mail Mrs. Gillette at bgillette@ccsknights.org by December 11th. The forum will be held on **Friday, January 7th at 1:30 p.m.**

New York State Career Zone

<https://careerzone.ny.gov> offers a free career exploration and planning system that helps kids dream and plan for their future. Over 1 million students use this website each year to research over 900 occupational profiles, view 400 career videos, and review up-to-date labor market information. CCS students have accounts to Career Zone. Check it out!



Upcoming College Open Houses

November 5-JCC

November 13- SUNY Potsdam
SUNY Brockport
SUNY Delhi
St. John Fisher College

December 8- Virtual Open House JCC

Open Houses are for juniors and seniors. It is a great opportunity to visit the campus and gain valuable information about the college, program majors, and extracurricular activities.

Most Colleges want students to register before attending the open house event. You may call or register online. Many open houses are also virtual.

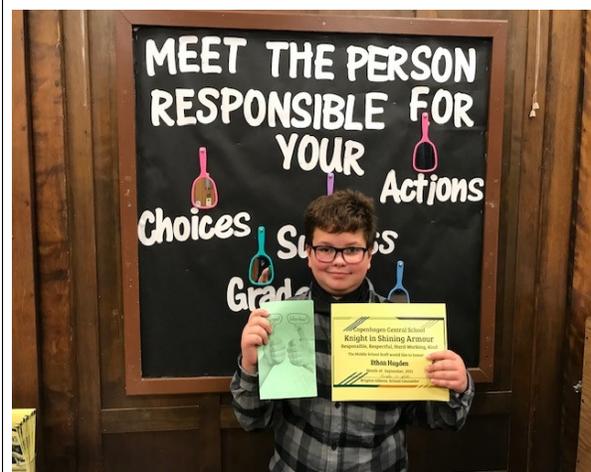
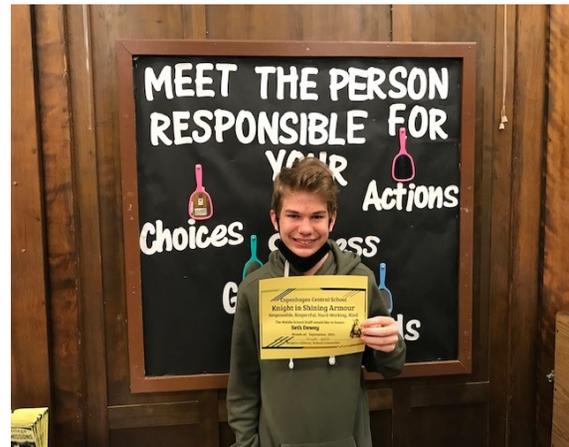
ASVAB

Local military personnel will administer the Armed Services Vocational Aptitude Battery (ASVAB) to all juniors and interested seniors on November 2, 2021 from 8-11:30am. Students receive a detailed assessment of their career aptitudes, which is used for career re-search and exploration. Please be assured that the results are very important for us here in the Counseling Center with the students, and the military does not use this as an opportunity to recruit all of our students. However, the ASVAB is a required test for any student wishing to join the military. All juniors will be taking the test in the morning. Seniors wishing to retake this exam should make arrangements with Mrs. Gillette.



Knights in Shining Armour September

Each month, the CCS Middle School staff recognizes students who have been caught being awesome. CCS faculty and staff encourage students to be **Respectful, Responsible, Hard Working** and **Kind**. We call students who exemplify these traits, Knights in Shining Armour. Shown below are the September Knights in Shining Armour, **Ethan Hayden (Grade 7)** and **Seth Dewey (Grade 8)**. Congratulations Ethan and Seth!



Elks Scholarships



ELKS NATIONAL FOUNDATION MOST VALUABLE STUDENT SCHOLARSHIP:

Eligibility:

- Current high school senior.
- Applicants need not be related to a member of the Elks.
- Students with an 85% average or better are encouraged to apply.
- Applicants are judged on academics, leadership, service and financial need.

This scholarship is only available **online**. It is located at www.elks.org/scholars/scholarships/mvs.cfm Submission deadline is **Monday, November 15th**.

NEW YORK STATE ELKS ASSOCIATION SCHOLARSHIP:

Eligibility:

- Available to children of living or deceased Elks who are presently (or at the time of death), members in good standing.
- Available for high school seniors and college students through their senior college year.
- Students with an 85% average or better are encouraged to apply.

Applicants must complete the Most Valuable Student online before applying for this scholarship. Applicants must print a copy of the Most Valuable Student Application and then attach the New York State Elks Cover Page located at nyselks.org, under "Links" click on **NYSEA Scholarship Cover Page**. The NYS Elks Scholarship application is due in the Counseling Office by **Friday, November 5th**. **Applications must be submitted in a three-prong pocketed folder.**

THE ELKS LEGACY AWARD:

Eligibility:

- Any child or grandchild (or step-child, step grandchild) of a living Elk who joined the order on or before April 1, 2019. The Elk must also be a paid-up member through March 31, 2022. Great-grandchildren are not eligible.
- Applicant must be a high school senior. This scholarship must be submitted electronically by **Monday, February 7** at enf.elks.org/leg. Students must have their transcripts uploaded to the Elk's National Foundation for their application. Stop in the Counseling Office for help with this **before** the deadline.

ELKS EMERGENCY GRANTS:

Emergency Educational Grants provide undergraduate college financial assistance to children of deceased or to-tally disabled Elks in the form of renewable, one-year grants of up to \$5,000. The grant is for educational assistance only and is not intended to cover the entire cost of a college education. For more information, please contact The ENF Scholarship Office at (773) 755-4732 or scholarship@elks.org. For more information about Emergency Education Grants, visit enf.elks.org/EEG



Reminder for Seniors

All college **applications** should be handed in to the Counseling Center as soon as possible. Please stop by the Counseling Center if you need any assistance.

Also, please bring all **acceptance** letters and award letters to the Counseling Center upon receipt. Thank you!

Knowledge for College Website

There is a great website for seniors and parents of seniors to gain more knowledge about paying for college. It is called *Plan for College—College Ahead* and you can find it at: www.salliemae.com/plan-for-college. Here you can find articles filled with tips, reminders, and timely information to guide you through the next few months as you prepare to send your child off to college. It is worth checking out!



Scholarship Scam Warning Signs

Watch out for the following claims that companies will make an effort to scam you:

- ⇒ **“For a fee, we provide a comprehensive list of scholarships.”** Don’t spend money on a fee-based matching service. The biggest and best scholarship databases are available for free on the web.
- ⇒ **“Billions of dollars of award monies going unclaimed.”** Statements about funds going unclaimed are simply untrue. If funds are available, students will compete for them.
- ⇒ **“We have a money back guarantee.”** Legitimate scholarships are always competitive. No one can guarantee that you will win a scholarship.
- ⇒ **“We need your credit card or bank account number.”** No legitimate scholarship should require your credit card number or bank account numbers.
- ⇒ **“We will do all the work.”** To receive a scholarship students must complete the applications and essays themselves. No one else can do the work for them.

Notification of College Acceptance

When seniors receive an acceptance to college, please send a copy of the acceptance letter to the Counseling Center. College acceptances will be publicized by the Counseling Center in the District Newsletter as well as here at school. A copy of the acceptance letter will also remain on file in the Counseling Center.

Scholarship Information

Seniors will periodically receive scholarship flyers listing a variety of local, state, and national scholarships available to students. There are also many scholarship references available to students and parents in the [Counseling Center](#) or on our website ccs.knights.org counseling center. There is certainly a great deal of scholarship money available to graduating seniors. However, students must explore and do their “homework.” Some scholarships have application deadlines as early as November and December 2021. It is up to the students to meet these deadlines. Encourage your son/daughter to get started right now!

ROTC Scholarship Applications are due!

Any senior interested in applying for an ROTC (Reserve Officer Training Corps) Scholarship should file an application as soon as possible. Applications are available for NAVY, ARMY, and AIR FORCE ROTC. Information is also available for students interested in the military academies. Stop by the Counseling Center for more information. Check out the following websites for the great benefits of ROTC:

- Army: <http://www.armyrotc.com>
- Air Force: <https://www.afrotc.com/>
- Navy: <https://www.navy.com/>
- Marines: <http://www.marines.com>



January 2022 Regents Exam Schedule (Tentative and Subject to Change)

Tuesday, January 25	Wednesday, January 26	Thursday, January 27	Friday, January 28
8:15AM	8:15AM	8:15AM	8:15AM
English Language Arts (all students in English 11 class)	Algebra I Physical Setting/Physics	Global History & Geography II	Earth Science Chemistry
12:15PM	12:15PM	12:15PM	
Living Environment	Geometry	Algebra II	

Any students who are interested in retaking a Regents exam in January must let Mrs. Gillette know ASAP. High school classes will continue to be in session during the January Regents, which are being held on Tuesday January 25th through Friday, January 28th.

Higher Education Day at JCC

Interested juniors and seniors had the opportunity to talk to college representatives from around the state at this annual college fair.



Wee Knights Newsletter

We have been off to a great start this year! The students have learned about school, the five senses, fall, apples, and pumpkins. They have also started practicing drawing lines, painting with a paintbrush and using liquid glue. During the next couple of months, students will be learning about adult occupations, Thanksgiving, gingerbread, and Christmas! Students will be able to explore and observe ideas based on the mentioned themes. There will be art projects, sensory bins, and discovery activities going along with these interesting topics. We will also be learning about letters, numbers, and colors, along with how to be a good friend. We will also be having a Christmas party near the start of winter break. More information on that will be coming on Parent Square.

Please reach out through Parent Square, email, or a written note if you have any questions or concerns. Thank you!



Kindergarten Newsletter

The month of October was very busy. The children enjoyed the Halloween Parade. Thank you to all who contributed party supplies.

“Thank you” to all of our Kindergarten Parents who have taken an active role in completing ELA homework assignments. We have completed the second module **The Five Senses**, in ELA and will complete the third and fourth modules, **Stories, Plants** and will begin **Farms**.

We have been completing several literacy activities about letters, letter sounds, blending and rhyming to introduce beginner reading skills. Please read daily to your child and ask him or her questions about what you have read, such as:

Who are the characters in the story?

What is the main idea of the story?

What is the setting of the story?

What happened in this story? Sequencing events

In math, we will focus on counting to 30, recognizing/understanding quantities 0-10, counting 1:1 to determine how many, writing numbers 0-10, understanding the concepts of 1 more, 1 less, and understanding 10 frames, being able to recognize and explain 2D and 3D shapes and understanding the meaning of directional words (above/below, beside/next to, up/down, etc). Additionally, we will begin measurement: understanding and explaining length, weight, and capacity, describing the meaning of greater than, less than an equal and comparing measurable attributes (short/tall, empty/full, big/small).

As the weather becomes colder, please dress your child appropriately with hats and gloves. It can be very cold as we go out for recess and to the buses. In addition, please practice zipping coats at home, as this will help at the end of the day as we prepare to go home.

We look forward to meeting with each of you at Parent-Teacher Conferences in November. We will be contacting you to set a time shortly.

We will let you know more about our Kindergarten Craft Day, Christmas party and gift exchange as it gets closer.

First Grade

First graders have been very busy these past few weeks! They have especially enjoyed listening to and learning about *Fables and Folktales*, including our story elements like character, setting, and plot. Right now, we are into our next Listening and Learning domain where we are learning about the human body and our body systems. We each will be making a body systems book together to review the systems we learn about with Dr. Wellbody!

In math, we have been reviewing number bonds and breaking apart numbers to ten. For the next few weeks, we will be reviewing and practicing addition to ten, including the steps for solving word problems. We are also practicing the commutative property of addition while getting a better understanding of the equal sign. Correct number formation is also being practiced along with counting to 120.

In ELA, we have been reviewing digraphs and learning some new tricky words. We have started reading *Snap Shots*, our reader, during our whole group learning time as well. So far, we have met a girl named Beth and her friend Nat in our stories. They take many pictures on their trips that we get to look at and read about!

Coming up in November is also parent conferences! Parent conferences are held on the half days before Thanksgiving break. There will be a sign up sent through Parent Square, and you can choose a time that works best for you and your family. More information about conferences will be forthcoming.

Thank you for all you do at home! Let us know if you have any questions, comments, or celebrations to share!

Miss. Hill, Mrs. Virkler, and Ms. Becker :)

What's going on in Second Grade?

Math- We are working on place value at this time.

Math Facts- Practice addition and subtraction facts at home.

Reading- We are working well in our small groups. Please have your child practice reading the take-home stories. You can usually find one or two a week in your child's folder.

Parent Conferences –We look forward to seeing you for parent conferences on November 22nd and 23rd.

Veterans' Day Display – Please stop by the main hall and view our wonderful Veteran's Display. It is filled with pictures and short biographies of veterans and service members from our community. If you would like to add someone from your family, please contact Ms. Zehr.

Spelling- Make sure to practice spelling words each night.

Outside Recess- As the weather gets cooler, please make sure your child is dressed appropriately. They will be going outside every day, unless it is raining.

***As always, look over the Friday work folder. You will see many assignments that deal with the concepts that are being covered. If you do this each week, you will get a good idea of how your child is doing.

Looking Ahead to January

Flat Stanley...Get ready for Flat Stanley! We will be reading Flat Stanley in January and he should be ready to travel by February. Every student will make a Flat Stanley and mail him to a family member or friend that is willing to take him places. Please send Stanley to a person that you think will be willing to take the time to take pictures and send them back for all to enjoy. Once all the Stanleys are back, they will be put up on the large bulletin board in the elementary wing for all to enjoy.



Third Grade

Third graders are continuing to work hard to become Knight Leaders and become more independent. We continue to work on becoming more independent with thinking critically, reading fluently, solving math problems, spelling, and writing with expression.

In math, we are beginning measurement, which will include time, weight, and volume. While we take a break from multiplication, it is extremely important to continue practicing students' multiplication and division facts, as we will work to be fluent in our facts by the end of the year.

In ELA, we have wrapped up our unit on Classical Tales. We have begun reading and studying animals and learning how to classify animals. Some skills that students are diligently trying to incorporate into their writing are using third grade vocabulary, using capital letters in the appropriate places, using punctuation, and writing neatly so others can read it.

In Social Studies, students have completed their geography unit and can now locate all seven continents and five oceans! Our next Social Studies theme will be Christmas around the World, where we will research other countries' customs and traditions.

In Science, we will begin our first unit on Motion and Force. Check Parent Square for upcoming events and what is happening in and around the classroom. As always, feel free to message us with any questions, concerns, or stories about your child's life.

~Mrs. Day~ Mrs. Miller~ Miss.Vogt~

Fifth Grade

Miss Adsit, Mr. Keegan, & Mrs. Muncy

Fifth grade has had a great start to the school year. Fifth graders are working hard to be role models on what KNIGHT Leaders look like and sound like. Fifth graders are practicing following directions with urgency and taking care of their fifth grade responsibilities.

Students have been working on their social emotional skills throughout these past weeks. Students have been greeting each other and sharing interesting facts about themselves or stories each morning. Our classes have also been reflecting on the day, what went well and what areas need improvement during closing circle. We will continue to practice these skills in the upcoming months. You can help in this effort by having meaningful conversations with your child, without devices.

In English Language Arts, we are finishing our unit in personal narratives. Students have written about a surprise experience in their life, the worst meal ever, and what their name means. Our next unit will focus on "Early American Civilization." In social studies, we finished our unit on Complex Societies where we learned about the Ancient Maya, Incas, and Aztec civilizations. In Science, we will be learning about ecosystems and the food web. In math, we finished learning about place value and decimal fractions. We are now learning about Multi-Digit Whole Number and Decimal Fraction Operations. Students are challenged daily to receive green lights with fact fluency. We look forward to diving deeper into all subject areas.

Check Parent Square for any upcoming events and what is happening in and around the classroom. As always, feel free to message us with any questions, concerns, or stories about your child's life.

MUSIC DEPARTMENT NOTES

What does Band and chorus look like this year?

We are thrilled to be meeting as an ensemble with all band and chorus students in grades 4-12! Our school day schedule is 'back to normal', in that regard. Our winter and spring concerts are scheduled to take place as normal this year. See the 'Upcoming Events' section below for dates and times. As the concerts get closer, please stay tuned for updated information on any audience size restrictions, spacing, and masking requirements that may need to be in place. Other events such as the Combined Concert with Lyme (band 5-12), IAM Concert for elementary students and others are still TBA. We will share information regarding these as we determine if we are able to hold those events or not.

High School Band/Jazz Fall performance

Instead of travelling to Ives Hill to perform for residents, students in HS band and Jazz band will be meeting to perform in the band room. The performance will be streamed into elementary classrooms on Friday, October 29th as part of Halloween celebrations that day!

Bi-County Festivals this year

JLCMTA (Jefferson Lewis County Music Teachers Association) has made the decision to cancel this year's fall and spring Bi-County Festivals. The association is hoping to hold the winter festival (Jazz Band and Select Vocal Ensemble) in the spring. The NYSSMA Solo and Ensemble Festival in the spring still plan to occur. Stay tuned for more information on the format for this year.

Upcoming Events



Winter Choral Concert: Wednesday, December 8th at 6:00 PM

Winter Band Concert: Wednesday, December 15th at 6:00 PM

NYSSMA Solo Festival (solo Level 5-6: optional for grades 9-12)

Registration in February, Solos completed by video and submitted for adjudication.

Spring Band Concert: Wednesday, May 11th at 6:00 PM

Spring Choral Concert: Wednesday, May 18th at 6:00 PM



Note from the Nurse: Seasonal Flu and COVID-19

What is the difference between flu and COVID-19? Flu and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a coronavirus (called SARS-CoV-2) and seasonal flu (most often just called "flu") is caused by infection with one of many influenza viruses that spread annually among people.

Because some symptoms of flu and COVID-19 are similar, people may need to be tested to tell what virus is causing their illness. People can be infected with both a flu virus and the virus that causes COVID-19 at the same time. In general, COVID-19 seems to spread more easily than flu and causes more serious illnesses in some people. Compared with people who have flu infections, people who have COVID-19 can take longer to show symptoms and be contagious for longer. This FAQ page compares COVID-19 and flu, given the best available information to date.

Will there be flu along with COVID-19 in the fall and winter? While it's not possible to say with certainty what will happen in the fall and winter, CDC believes it's likely that flu viruses and the virus that causes COVID-19 will both be spreading at that time. Relaxed COVID-19 mitigation measures (such as stay-at-home orders, or mask mandates) may result in an increase in flu activity during the upcoming 2021–2022 flu season. Common respiratory viruses such as respiratory syncytial virus (RSV) and human coronaviruses (not SARS-CoV-2) did not spread as much as usual during the 2020-2021 flu season as in past seasons. However, data from the National Respiratory and Enteric Surveillance System (NREVSS) showed an increase in these viruses' activity during the summer, outside of their usual seasonal increases. This information is summarized in a *Morbidity and Mortality Weekly Report*, Changes in Influenza and Other Respiratory Virus Activity During the Pandemic.

Can I have flu and COVID-19 at the same time? Yes. It is possible to have flu and other respiratory illnesses like COVID-19 at the same time. Health experts are still studying how common this is. Some of the symptoms of flu and COVID-19 are similar, making it hard to tell the difference between them based on symptoms alone. Diagnostic testing can help determine if you are sick with flu or COVID-19.

If I get sick with flu, am I at higher risk of contracting COVID-19? Because COVID-19 is still a relatively new illness, we have little information about how flu illness might affect a person's risk of getting COVID-19. We do know that people can be infected with flu viruses and the virus that causes COVID-19 at the same time. Getting a flu vaccine is the best protection against flu and its potentially serious complications, and getting a COVID-19 vaccine is the best protection against COVID-19.

Because symptoms of flu and COVID-19 are similar,

how will I know if I have flu or COVID-19? Your health care professional may order a test to help confirm whether you have flu or COVID-19 or some other illness. Get more information on COVID-19 and [flu testing](#) and [symptoms of COVID-19 and flu](#).

Is there a test that can detect both flu and COVID-19? Yes. There are tests that will check for seasonal influenza A and B viruses and SARS-CoV-2, the virus that causes COVID-19. Testing for these viruses at the same time gives public health officials important information about how flu and COVID-19 are spreading and what prevention steps people should take. These tests also help public health laboratories save time and testing materials, and possibly return test results faster. More information for laboratories is available.

Will a flu vaccine protect me against COVID-19? Flu vaccines are not designed to protect against COVID-19. Flu vaccination reduces the risk of flu illness, hospitalization and death in addition to other important [benefits](#).

Likewise, [getting a COVID-19 vaccine](#) is the best protection against COVID-19, but those vaccines are not designed to protect against flu. Visit the CDC's [Frequently Asked Questions](#) page for information about COVID-19 vaccinations.

Does a flu vaccination increase your risk of getting COVID-19?

No. There is no evidence that getting a flu vaccination raises your risk of getting sick from COVID-19 or any other coronavirus. ([Common human coronaviruses](#) usually cause mild to moderate upper-respiratory tract illnesses, like the common cold.)

I think I may have flu. Is it safe for me to visit my health care professional when COVID-19 is spreading in my community?

Health care professionals may have different practices for diagnosing and treating flu during the COVID-19 pandemic, such as wearing masks in a health care setting or offering [telemedicine](#). If you have flu symptoms and are at [higher risk of serious flu complications](#), you should call your health care professional as soon as possible to tell them about your symptoms. They may decide to treat you with flu antiviral medications. Follow your health care professional's and CDC's recommendations for [doctor visits](#).

MILITARY KIDS CLUB

This year is off to a great start as we have spent a few weeks collecting information on our military students and staff! We have enjoyed getting to know each of our families and have learned so much about the paths that have brought us together here in Copenhagen today. We have families that have lived in 20 different states and even lived as far away as Germany! Each of us are from different walks, but we all share unique experiences and the opportunities and adventures that the military has provided us with have made us who we are today.

As we continue this year, we look forward to making new connections, celebrating our military kids, and sharing the many resources that are offered to our military families, right here in our backyard. We are optimistic and hope to meet in person at times throughout this year, but in the meantime, please look out for our monthly virtual activities and participate with your family when you can! If you are interested in any further information, please don't hesitate to reach out.

Thank you,

Michelle Bartlett, mbartlett@ccsknights.org

Marissa Kerins, mkerins@ccsknights.org

Military Kids Club Co-Advisors

"It is our mission to provide a fun and safe place for our students to be encouraged, strengthened, and connected through our shared experiences with other military-connected students within our school community as well as to bring awareness and support to our unique lifestyle."



2022 Youth Boys



Youth basketball is just around the corner! If you are a young man in **5th** or **6th grade** and are interested in playing basketball, then this is for you. The goal is to start basketball practices for the 2022 season in early January.

With our season cut short in 2020 due to COVID, coaches (Dawn Carroll, Shareef Stokely, and Alex Sullivan), are eager to get back on the court to have fun while working on the fundamentals of the game. As time nears, an announcement for sign-ups will be posted both in school and via Parent Square. Also, to follow, an update on a few great items purchased for the program thanks to our past can drives, donations, and a grandfather of a previous player. We hope to see many of you on the roster and wish you a wonderful holiday season.

- Coach Dawn Carroll

PTO Newsletter Article Nov/Dec 2021

The PTO is very excited for the return of the pie sales and the Evening With Santa. Pie sales were in October and pick up will be on Wednesday, November 17 from 4:00- 7:00 pm at the small bus garage in the lower parking lot. Please make arrangements to pick up your order on this day, it is very difficult for us to store the pies and keep them frozen if they are not picked up.

Evening With Santa:

This fun family event will be on Friday, December 3, 2021 from 6:00-8:00 pm. The snow date will be Friday, December 10 from 6:00- 8:00 pm. We are looking for vendors to sell items for shoppers and encourage you to sell most items for \$5.00 or less, so children can shop for their family members. If you are interested in securing a table for \$10.00 for the first table and \$5.00 per additional table, please contact bscholler@ccsknights.org. There will be snacks, a cakewalk, raffles, photos with Santa, crafts and free gift-wrapping. We look forward to seeing you there!!

Please watch for more information in the upcoming weeks.

Did you know the PTO gave out over \$2500.00 in teacher requests, donation to the After Prom Party and Senior Scholarships last year? We are able to do this through your continued support. **Please consider joining us at our next meeting on Tuesday, November 2nd in the library at 6:00 pm.**

Upcoming Events:

Next PTO meeting- Tuesday, November 2nd @ 6:00 pm in the library
CTA Movie Night- Friday, November 5th (set up @5:30 pm) in the cafeteria
Pie Pick Up- Wednesday, November 17 4:00- 7:00 pm @ the lower bus garage
Evening With Santa- Friday, December 3 (snow date December 10) cafeteria/small gym

Bowling Club News!!

Bowling Club will start November 3, 2021

It will run for ten weeks on Wednesdays excluding holidays.

The cost is \$3.00 each week that includes two games of bowling and shoes.

Students may bring extra money for food and drinks.

School will provide transportation to and from the bowling alley (Pla-mor Lanes in Watertown). We will return in time for students to ride the late bus home.

Any questions email Dora Dorchester at ddorchester@ccsknights.org



SADD Newsletter Article

SADD (Students Against Destructive Decisions) would like to thank the following sponsor's who helped make our **2021 After Prom Lock-In** a huge success! We sincerely apologize for the delay in sharing this. The students who attended had a great time!

- | | |
|--------------------------------|----------------------------------|
| Stewart's Shops | Youth Advisory Council- CCS |
| Groff's Auto | Parent Teacher Organization- CCS |
| Varsity Cheer Team | The Makuch Family |
| The Dorchester Family | The Scholler Family |
| Tops of Lowville | Walmart of Lowville |
| Copenhagen Fire Dept Auxiliary | No Loose Ends Salon |
| LaMont's Food Fair | Grace Episcopal Church |
| Holly Evans | The Cottage Inn |
| Amanda Kloster | Lewis Lanes |



On Saturday, October 1, three of our SADD members assisted the UP Coalition with the annual Zombie Run in Lowville, which also provided our students with awareness of making the right choices and not becoming involved in drugs. Our students that volunteered Lexi Treadway, Grace Scholler and Cole Souva, had a fun time.



Red Ribbon Week is coming the week of October 25- 29. Throughout this week, our SADD members will help promote the awareness of making the right decisions when it comes to avoiding drugs and alcohol.



SADD members will be selling meat sticks to help raise funds for the 2022 After Prom Lock-In. If you would like to purchase any, they are \$1.00

each and you can contact any SADD member or either advisor.

bscholler@ccsknights.org or ddorchester@ccsknights.org

SADD is always looking for new members. We are open to students in Grades 7-12.

10 EASY TIPS FOR KEEPING KIDS ALCOHOL- AND OTHER DRUG-FREE

1. Get informed. Learn the facts about preventing youth substance use and abuse.
2. Communicate your rules. Make it known that you won't tolerate underage drinking.
3. Talk about it. Discuss the risks of underage drinking.
4. Set an example. If you choose to drink, model responsibility.
5. Follow the law! Don't provide alcohol to anyone underage.
6. Monitor. If you have alcohol in your house, keep track of the supply.
7. Secure. If you are able, lock up any alcohol in your house.
8. Mind your medications. If you've got prescriptions with potential for abuse, keep them locked and secure.
9. Dispose of extra meds. Take unused pills to a drop box near you or call your local health department about deactivation bags.
10. Learn about Narcan. You can take a training online at getnaloxonenow.org.

(adapted from The Partnership for Drug-Free Kids. Learn more at drugfree.org.)

Christmas Wreath Sale

Prices vary depending on size.

Available with a variety of ribbon choices

See any 12th grade student or email cfreeman@ccsknights.org or
cgraves@ccsknights.org
To order!!!



**All orders and money are due by Monday Nov. 1st.
Delivery will be November 22nd.

Maple Syrup Sale

Contact any 12th grader or email cfreeman@ccsknights.org or
cgraves@ccsknights.org for pricing or to place an order.



**** All orders and money are due Monday, November 1st.
Delivery will be November 22nd..**

~Around the Town Coupon Book~



October 27-November 12

Contact any member of the Sophomore Class or
email the class advisors at crussell@ccsknights.org or
mherbert@ccsknights.org

For questions or to place an order.



Copenhagen Central School District Backpack Program Information



2021 - 2022

History:

The Backpack Program was established in Fall of 2011 by the Youth Advisory Council (YAC) with a grant from The Prat Northam Foundation. The program continues to be supported through donations from our local community, including but not limited to: local businesses, community residents, and CCS staff, students and their families. Over the years the program has been run by many different groups. The backpacks are currently being packed and delivered by the Student Council.

Why & How it Works:

We understand that the current times are financially stressful for many families. The backpack program provides children in our district with nutritious food each weekend and on school vacations to help families make their food stretch farther during the month. Every Friday, "backpacks" are filled with nutritious non-perishable foods that the participating students take home to their families. All items will be sent home in a durable paper bag, rather than the traditional backpacks. These bags do not need to be returned!

Enrollment & Eligibility:

During the 2020 - 2021 School Year the Backpack Program served 13 families; 26 students. To enroll please complete the application below and return to school. Enrollment is open throughout the entire school year. ALL families qualify! All we ask is that you complete a Free/Reduced Lunch Application. You do **NOT** have to qualify for Free/Reduced Lunch in order to receive a "backpack". The Backpack Program is a **CONFIDENTIAL** program. If you have any questions about the program please contact Michelle Bartlett, K- 12 Social Worker by Phone: (315) 688-4411, Email: mbartlett@ccsknights.org or send me a Message on Parent Square!

Donations:

The Backpack Program is always accepting donations! We will gladly accept any cash, check (made out to **CCS Backpack Program**), or food donations. Donations can be dropped off to Mrs. Gaines in the Attendance Office. There are no food bins out at the building entrances as we have in other years until further notice. Thank you for your understanding!

The program always accepts any non-perishable, unexpired foods such as: Instant Oatmeal (Packets), Cereal (boxes), Granola Bars & Pop Tarts, Pancake Mix, Applesauce, Peanut Butter (plastic jars), Jelly (plastic jars), Nutella, Canned Fruit, Canned Soup (Tomato, Chicken Noodle, & Chili) Ramen Noodles, Tuna fish, Canned Chicken, Canned Vegetables, Mashed Potato (box or bag), Macaroni and Cheese, Pasta, Canned Spaghetti Sauce, Rice (boxes), Bagged Entrees (Rice-A-Roni, Pasta Sides, etc), Canned Entrees (Spaghetti-O's, Ravioli, etc), Snack Items (Graham Crackers, Peanut Butter Crackers, Popcorn, Fruit Snacks, Pudding Cups, & Fruit Cups etc).



Copenhagen Central School District Backpack Program



2021 - 2022 Application

Dear CCS Families:

We understand that the current times are financially stressful for many families. As a result, CCS offers the Backpack Program. This program provides students in our district with nutritious food each weekend and on school vacations to help families stretch their food farther each month. If you would like to participate in this program please complete and return this form. We will provide a “backpack” containing nonperishable foods to your child each Friday to take home.

YES, please enroll my family in the CCS Backpack Program!

No, thank you. Enrollment throughout the school year is welcomed if your situation changes.

Student Information:

Name:	Grade:	Teacher (if Wee Knights - 5th):	Food Allergies:
1.			
2.			
3.			
4.			

Which child would you like to take your “backpack” home? Name: _____

Elementary School Students - The “backpack” is dropped off at your child’s classroom.

Middle / High School Students - The “backpack” is picked up by your child in Mrs. Gaines’s Office (Attendance Office).

Parent Information:

Name:	Contact Preference:
	<input type="checkbox"/> Phone: _____ <input type="checkbox"/> Email: _____ <input type="checkbox"/> Parent Square Message

Program Information:

Backpacks:

All food items will be sent home with your child in a durable paper bag, rather than backpacks. There is no need to return the bags. Thank you!

Enrollment & Eligibility:

ALL families qualify! All we ask is that you complete a Free/Reduced Lunch application. You do **not** have to qualify for free or reduced lunches in order to receive a “backpack”. This is a **CONFIDENTIAL** program. Please call (315.688.4411), email (mbartlett@ccsknights.org), or send me a Parent Square message if you have any questions.

Sincerely,

Michelle Bartlett, K-12 Social Worker

Parent Conference

Parent Conferences will be held on Monday, November 22 from 12:00–7:00pm and Tuesday, November 23 from 12:00–3:00pm. Students in grades PreK–12 will have early dismissals at 11:30 on these days (with exemption on the students who attend afternoon BOCES). There will be NO SCHOOL on Wednesday, November 24 through Friday November 26, 2021 for the Thanksgiving Holiday.

Veterans Day November 11th-No School



Thanksgiving Recess

There will be no school on Wednesday, November 24, Thursday, November 25, and Friday November 26 in observance of Thanksgiving.

Christmas/New Year's Break

There will be no school on Friday December 24 through December 31 in celebration of Christmas and New Year's. See you on January 3 2022!



SOPHOMORES CHEESE CURD SALE

OCTOBER 27- NOVEMBER 9TH

CONTACT ANY 10TH GRADER FOR PRICING OR TO PLACE AN ORDER.

FRESHMAN SPIRIT WEAR SALE

NOVEMBER 1-16

PLEASE CONTACT ANY 9TH GRADER FOR PRICING OR TO PLACE AN ORDER.

SENIORS ZAP-A-SNACKS SALE

BEGINS NOVEMBER 8

JUNIORS NATURAL NOOK DIP SALE

BEGINS NOVEMBER 22ND



November 19th- Picture Retake Day

November 19th- Interim Reports Go Home

November 24-26th- Thanksgiving Break- No School

December 3th 6:00-8:00pm- PTO Evening with Santa

December 17th- 15 Week Marking Period Ends

December 23rd- Interim Reports Go Home

December 24th- December 31st- Christmas Break-No School

SENIOR CITIZENS ARE INVITED FOR CHRISTMAS DINNER!

Christmas dinner will be served to our school district's very special senior citizens on Wednesday, December 15th, 2021 at Copenhagen Central School. Punch will be served from 12:30-12:45 with guests seated for a delicious holiday dinner at 12:45.

For reservations, call school at 688-4411 by Friday, December 10. Please indicate if you would like a ride to school on that day. See you on Wednesday, the 15th!

Riparian 2021-2022

Place an order for your 2021-2022 yearbook! The cost is \$40, and an extra \$5 for personalization. The deadline to purchase for your yearbook is November 1st, 2021. Please submit your order form to Mrs. Hovendon.

Two ways to order:

1. Complete this order form and send it (with cash or a check) to Mrs. Hovendon
2. Go to ybpay.lifetouch.com and enter ID code 13950122

Please make the check payable to Copenhagen Central School

** If you have any questions please contact Mrs. Hovendon at vhovendon@ccsknights.org or (31)688-4411**

Name: _____

Phone: _____

Number of books: _____

Amount Enclosed: _____

Parent/Guardian Name: _____

Personalization: _____

Send to:

Ginny Hovendon

Copenhagen Central School

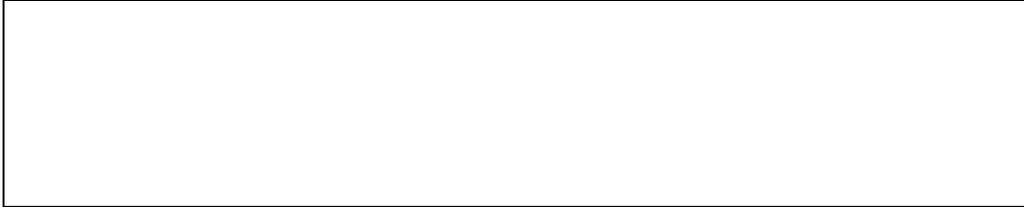
P.O. Box 30, Mechanic Street

Copenhagen, NY 13626

Homeroom teacher: _____ Grade: _____

Copenhagen Central School
P.O Box 30, 3020 Mechanic Street
Copenhagen, NY 13626
Address Service Requested

U.S Postage Paid
Non-Profit
Permit No.2
Copenhagen, NY 13626



Veterans Day November 11th

To All Active Military and Veteran's... We Honor You! Thank you for your service to our country. We join the rest of the nation on this day in remembering the sacrifices of America's 25 million veterans and their families and expressing our appreciation for your service.



Copenhagen Central School

3020 Mechanic Street
Copenhagen, NY 13626
Phone: 315-688-4411
Fax: 315-688-2001

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www.ccsknights.org

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