

2023-2024 Lamesa ISD

# Cheerleading/Mascot Constitution

*SUBJECT TO CHANGE*



# THE CONSTITUTION APPLIES TO ALL LAMESA ISD CHEERLEADERS & MASCOT

## I. Purpose

It shall be the purpose of Cheerleading at Lamesa ISD to promote and uphold school spirit as a group, to develop a sense of good sportsmanship, and to better the relationships between our school and the schools with which we compete. Cheerleaders/Mascot must realize that they have a very important function both within the school as well as at athletic competitions. As the most easily recognizable group of students associated with Lamesa ISD, students selected as Cheerleaders/Mascot must understand that they have a great responsibility placed on their shoulders by the students, faculty, and administration of the Lamesa Independent School District. Lamesa ISD Cheerleaders/Mascot are a performance team---their primary duty at games and pep rallies will be to direct the fans in appropriate cheers and chants, leading the crowd, not following the crowd. Cheerleaders will execute jumps and stunts as a part of these activities. In addition, they will paint signs and learn and perform dances and skits promoting school spirit. These responsibilities are expected, whether in or out of uniform.

## II. Things to Consider

- A. Cheerleaders will support Faculty, Administration, and School Policy at all times; good sportsmanship shall be the rule.
- B. **All Lamesa ISD Cheerleaders must have a positive and enthusiastic outlook toward his/her responsibility as a representative of Lamesa ISD. It is important for each individual to know that "attitude" is reflected in one's conversation, behavior in and outside the school setting, appearance, honesty, and overall presentation of himself/herself as a person. This is true whether in or out of uniform. Often members of other communities and those within our own community base their impressions of Lamesa on Cheerleader/Mascot actions.**
- C. Each Cheerleader must have a sincere desire to improve himself/herself and to improve Lamesa ISD.
- D. **Lamesa ISD Cheerleaders must realize the tremendous amount of time, energy, and money required to participate in this activity.** Cheerleading is more than standing on the sidelines at ball games—it involves fundraising, making signs and skit props, strenuous exercise and sore muscles, cheer camp, summer practices, and sometimes late nights on cold buses.
- E. As team members of the group, Cheerleaders must understand that they must be a team player in the manner they deal with other members of the Squad. This means they will put the good of the group ahead of their own interest and strive to be good citizens. Cheerleaders will work together as directed to build unity within the Squad as they lead the school.
- F. Cheerleaders will know that a positive and respectful attitude must be demonstrated to the Coach, Administration, and others in positions of authority and understand that the ideal expectations of those individuals are in the best interest of the squad, school, and community at large and their directives will be followed implicitly.
- G. Cheerleaders must follow uniform guidelines outlined by those in positions of authority any time they appear in an official role.

- H. When performing, Lamesa ISD Cheerleaders will follow the directives of the coach to be influential school representatives. This means being positive in their facial expressions and body attitudes, being on time as directed, taking care of personal business outside of cheerleading time, and cheering from the beginning to the end of games (even if other factors are present.) All Cheerleaders will attend all games unless dismissed by the coach and will demonstrate their squad unity by participating together in supporting Lamesa ISD teams.
- I. Final decisions regarding the activities of Cheerleaders and their roles will rest with the Cheer Coach and Lamesa ISD Administration. Performance guidelines will rest with coaches and administration; this includes a selection of cheers and chants, dance routines, music, and skits.
- J. Each Cheerleader will accept the responsibility for learning all performance material and demonstrate their expertise before being allowed to perform with the Squad. All Cheerleaders must follow the established guidelines during the said performance. Failure to do so will result in the Cheerleader being benched (or more extreme consequences as deemed by the cheer coach and administration.)
- K. Sign painting, fundraising, **all meetings, and practices**, clean up, and keeping storage areas and equipment in order is the responsibility of all Lamesa ISD Cheerleaders/Mascot.

### III. SELECTION PROCESS & CRITERIA

#### A. Requirements for Cheerleading Tryout Candidates

1. Any candidate wishing to try out must meet UIL academic eligibility standards. The candidate must be passing ALL CLASSES ON FRIDAY, FEBRUARY 24, 2023, to be eligible to try out.
2. **Each Cheerleader Candidate will accept responsibility for learning cheers, chants, dances, and jumps during the Tryout Clinic, which will be held on March 1st, 2nd, 3rd, 6th, and 7th of 2023.**
3. **Each Candidate must be a student of Lamesa ISD during the semester of tryouts.**
4. **Candidates for Lamesa ISD Cheerleader must attend 2 tryout practices and a mandatory tryout rehearsal. If a candidate is unable to attend 2 practices due to school-related conflicts, the cheer coach will work with the candidate to schedule an alternate practice time if the cheer coach has been notified 48 hours prior to the missed practice.**
5. Before Cheerleader Elections, each Candidate must understand that other extracurricular activities may not be acceptable excuses for failure to give cheerleading a 110%. The Coach will attempt to resolve conflicts with other school events; however, it is the Cheerleader's responsibility to notify the Cheer Coach of any conflicts throughout the 2023-2024 cheer year. Other conflicts will be dealt with on an individual basis.
6. Anyone who wishes to try out for cheer must understand that positive behavior is essential to the success of the squad and the representation of Lamesa ISD. A candidate who has served two ISS placements or more than one DAEP placement will not be eligible for tryouts the following year.

7. Before tryout practices begin, the Candidate's Parent/Guardian must attend the mandatory meeting (Wednesday, February 22, 2023). If the parent cannot attend the meeting, they need to notify the cheer coach 24 hours **prior** to the set meeting taking place to schedule an alternate time to meet.
8. **Each Candidate must return to the Cheer Coach a signed permission slip by the due date to have their name placed on the ballot.**
9. Upon election, Cheerleaders will complete a Student Health History on or before 6/5/2023 in order to attend Cheer Camp. A physical will not be necessary unless there is a previous history of health problems.
10. It is mandatory for all newly elected Cheerleaders to be in attendance at any and all meetings beginning immediately following elections.
11. **On Monday, March 21, 2023, the Cheerleader and their Parent/Guardian must provide \$400.** This deposit will be used to pay for cheer camp and/or cheer supplies. **If the money is not paid by (May 17, 2023), the cheerleader will not be able to cheer for that school year.** The cheerleader will be replaced with the next Candidate with the highest composite score that can provide the **\$400**.
12. **If the Cheerleader's balance is not paid in full by Wednesday, May 17, 2023, the cheerleader will no longer be able to cheer. Uniforms will not be issued until the balance is paid in full.**

## **B. SELECTIONS - SQUADS**

1. The number of members on each squad will follow the guidelines listed below unless a change is deemed necessary by the Lamesa ISD Cheer Coaching Staff and Middle School/High School ISD Administration.
  - a. (High School) The Varsity squad comprises 12 members chosen from the upcoming junior and senior classes. There is no set number of juniors and seniors.
  - b. (High School) The Junior Varsity Squad will consist of 2 squads, the Gold Squad and the Black squad. 8 members will be placed on each squad chosen from the upcoming freshman and sophomore classes. There is no set number of freshmen and sophomores.
  - c. (High School) The mascot will be selected by the judges.
  - d. (Middle School) The LMS squad comprises 12 members chosen from the upcoming 8th-grade and 7th-grade classes based on the highest try-out scores.
  - e. (Middle School) The mascot will be selected for the judges.
2. **Selection procedures shall include the following:**
  - a. **70%** of the final decision will be made by an evaluation team of impartial judges;

emphasis will be on correct cheerleading technique and voice. Candidates will perform the cheer and chant learned during the tryout clinic individually. Mascot Candidates will only perform their skit. This session is closed to observers.

- b. **30%** of the final decision will be based on evaluations submitted by all of the candidate's current teachers. The teachers will submit the evaluations to the cheer coach. (This includes the cheer coach if she teaches the candidate.) These evaluations include academics, character, and leadership qualities.
- c. In the event of a tie, the tie will be broken using the impartial judge's score. If a tie remains, then the tie will be broken using the teacher scores. If a tie remains after both tie-breakers, then both candidates will be named Lamesa ISD Cheerleaders.
- d. Any student who has previously been removed from a Cheerleading Squad or who has voluntarily quit may not participate in cheer functions for the remainder of the current cheer season. Students will be allowed to tryout as a Lamesa ISD Cheerleader the following school year tryout session.
- e. There will be no active campaigning (signs, posters, distribution of gum, campaign buttons, etc.) for Cheerleader elections.
- f. Candidates will be required to wear a white shirt, black athletic shorts (to fingertips), tennis shoes, white socks, and have their hair up and out of their face for tryouts. No jewelry may be worn. Failure to adhere to the try-out dress code will result in the cheerleader forfeiting.
- g. The 2023-2024 cheerleaders will be announced through the school website & Lamesa ISD social media pages so that anyone can access the announcement. The date and time of this announcement will be shared with the candidates at the time of tryouts.
- h. **Virtual/online tryouts:** Tryouts are conducted by video and online judging the scoring percentages will be calculated from 70% judging scores and 30% teacher evaluation scores.

## IV. Squad Member Duties

- A. It is required that all Cheerleaders will be in attendance at **ALL ACTIVITIES**, including practices, meetings (both regularly scheduled and called), fundraisers, sign painting sessions, assigned athletic events, special functions, and other events. Some activities will take place on weekends and/or holidays. Cheerleaders may be granted permission to be excused from participating in school athletic events or other school activities with a 48-hour advance parent written notice. **The individual Cheerleader will contact the Cheerleading Coach at least 48 hours BEFORE a missed function or part of a Cheerleading function.** Absences from any Cheerleading activities other than illness, family emergency, or a conflict with another school-sponsored activity will not be acceptable. **(Work, college classes, "no ride," guests, homework, etc., are unacceptable for missing cheer functions.)** Consequences for unapproved/unacceptable absences are laid out in part X. Demerits.
  - 1. All Cheerleaders will actively support ALL sports activities, both boys and girls, during their term of office; these will include: football, volleyball, basketball, pep rallies, tournaments

and meets (track, tennis, golf, softball, baseball), and/or Booster activities. The Administration and Coach will determine cheerleaders' roles at these events.

2. One fundraiser determined by the cheer coach will be provided to cheerleaders to help with the cost of cheerleading. It is mandatory for all cheerleaders/mascots to participate in all Lamesa ISD Cheer fundraisers throughout the year. Money from cheer fundraisers will become part of the general operating fund and will be dispersed at the discretion of the Coach and Administration.
3. All fundraiser items are the responsibility of the individual Lamesa ISD Cheerleader; they will be checked out by the individual on time and counted. Money will be returned to the Coach in a timely manner and in proper order to ensure proper accounting. Missing money and/or unaccounted items are the responsibility of the individual who signed for those items.
4. **Time COMMITMENT is a large part of involvement in Cheerleading.** No one has the right to ask other members of the Squad to take his/her responsibilities. All Lamesa ISD Cheerleader candidates should carefully weigh the sacrifices he/she will be called upon to make if they are elected. **It is VERY difficult to manage several extracurricular activities and school and a job and personal relationships.**
5. **All Lamesa ISD Cheerleaders will attend all meetings during the scheduled summer camp and practice time and during the school year.** A regular time will be arranged at the beginning of the school year for these. Cheerleaders will dress appropriately to practice cheerleading and related activities (cheers, chants, stunts, dance routines, body conditioning, sign painting, team building activities, meetings, etc.)
6. **Online/Distance learning:** During times of online/distance learning, cheerleading responsibilities outlined above will still be in effect. Cheerleaders will be responsible for communicating with the Coach and participating in all activities.
7. **Practices**

Cheerleaders must realize that the physical demands placed on their bodies are rigorous; they must be willing to train as athletes in order to perform the skills necessary safely and effectively at pep rallies, games, and on other occasions. Persons who are physically weak and/or frequently ill will find the training very difficult.

  - a. **Practice** is the time to learn routines, cheers, chants, as well as jumps, stunts, and tumbling skills as a team. **It is not time for horseplay, clowning, or idle or loud chitchat.**
  - b. **Practice times will be communicated via Remind between the cheer coach and the squad. Changes in phone numbers, or in the instance that one may be without a phone, will need to be communicated to the coach. If the change in number is not communicated to the coach, the girl will be responsible for the missed practices. Other arrangements will be made if necessary, but this must be communicated to the coach.**

- c. Cheerleaders will warm-up and stretch before all practices and performances. Cheerleader warm-ups should not take place in front of an audience.
- d. The Cheer Coach (and Administration) will have final approval of all cheers, chants, music, dances, skits, etc.
- e. **Lamesa ISD recognizes only practices called by the Cheerleading Coach; however, all Cheerleaders should spend some time working on skills outside of practice time.**
- f. All **practices are closed to everyone** except Cheerleaders.
- g. Any Cheerleader who **misses practice** before an activity without gaining approval to be absent prior to the practice will receive demerits.
- h. **ALL Lamesa ISD Cheerleaders** will attend a cheer camp selected by the Cheer Coach and Administration. Practices before camp will be noted on the accompanying summer practice calendar. Camps will vary from High School and Middle School.
- i. The Mascot will participate in all practice sessions with other members of the Varsity Squad.
- j. Cheerleaders will be expected to arrive on time and remain for the entire practice.
- k. **Cell phones and other personal property are the responsibility of the individual Cheerleader. Cheerleaders will NOT answer or talk on the phone during practice; phones will be turned off or placed on silent mode during all practices and events. Failure to follow this will result in demerits as laid out in part X.**
- l. Items brought to practice or cheer events will be the cheerleader's responsibility. The cheer sponsor or school will not be liable for missing or stolen items.
- m. An effort must be made to follow a regular practice schedule; however, at times (such as Homecoming or other special functions), it may become necessary to **call additional practices.**
- n. The majority of work learning cheers and chants and developing expertise in executing various cheers and chants will take place during the summer so that Cheerleaders are prepared to be effective for the first football game. A schedule will be provided to all cheerleaders.
- o. **All Cheerleaders** will take personal responsibility for **learning all** Cheerleading **material.** Before they are allowed to perform as a part of the group, each person on the Squad will be required to demonstrate his/her expertise. **Failure to perform** will remove the cheerleader from the performance group until the material is learned. **If a cheer, chant, or dance has been taught, the cheerleader is expected**

**to know it. Cheerleaders must practice on their own time if they are struggling. Failure to know material once it has been taught will result in demerits.**

- p. Each cheerleader will work through a **progression** of simple to more skilled stunts. Before the Squad will be allowed to either perform a stunt or progress to a more difficult stunt, the Squad must demonstrate that they can safely execute the given stunt a minimum of 10 times without mishaps or mistakes for the Coach. This is for safety reasons. Any Participant, who feels uncomfortable with any part of a stunt, should tell the Coach so that adjustments can be made. All cheerleaders will be part of a stunt group taking the role of a base, flyer, back spot, or spot. Groups and positions may change based on the difficulty of the stunt. Failure to follow safety guidelines will result in the entire squad being grounded temporarily or permanently. **If a flyer hits the floor, the squad will owe the cheer coach crunches, push-ups, or burpees and possibly be placed on probation.**

## **V. Uniforms & Supplies**

**A.** The cheerleader is financially responsible for all equipment checked out to him/her.

1. Cheer uniforms are the property of Lamesa ISD Cheer.
2. Any cheerleader with an unpaid balance on the first day of school will be ineligible to cheer.
3. Each cheerleader & parent will be responsible for signing a "Uniform Agreement/Care Sheet" before uniforms are distributed.
4. No alterations may be made to the uniform checked out without the approval of the cheer coach.
5. Cheerleaders/Mascot will receive credit on returned items only if they were checked out to him/her. Checked-out uniforms must be returned to the coaches clean and in good condition. A fee will be assessed if cleaning or replacement of the uniform is required.
6. He/she must treat all equipment like it is his/her personal property. It should not be abused. It should be kept in the proper place.
7. No school equipment should at any time be loaned or shared with anyone for any reason.

**B.** Each individual Cheerleader and his/her parent/guardian will purchase the following items: cheer shoes, socks, wind suit, game day shirts, briefs, tights, cheer bag, hair bows, poms, and camp uniforms.

**C.** Cheerleaders will wear their uniform shell and wind suit during the regular school days when a game is scheduled.

**D. No part of the Cheerleader uniform may be worn except for official Cheer activities designated by the Cheer Coach. This includes Cheerleading shoes and sweats.**

**E.** Cheerleaders represent Lamesa ISD any time they appear in an official



capacity. **Therefore, they must be in uniform and remain so for the duration of the activity.** This rule will apply whether at home or when they travel. Each away activity will include a designated travel uniform.

**F.** All cheerleaders will dress as a squad: same bow, uniform, briefs, and hairstyle. This includes jackets. If one cheerleader wears their jacket, all cheerleaders must wear their jackets. No jackets may be worn while cheering in a climate-controlled gym.

**G. Hair must be out of the cheerleader's face at all activities.**

**H.** Cheerleading is a UIL athletic activity. For this reason, no jewelry may not be worn at any time. This includes earrings, belly button rings, tongue rings, facial piercings, or any other body piercings, watches, necklaces, rings, anklets, bracelets, and other forms of jewelry. All jewelry is hazardous to Cheerleaders and is a UIL violation. **Lamesa ISD, Cheer coaches, and administrators are NOT responsible for any personal items.**

**I.** Cheerleaders must keep their nails cut short, and kept neatly manicured. Polish must be complete and unkept, not peeling, fading, etc. otherwise, no nail polish will be allowed. **Fake nails will not be allowed during the cheering seasons.**

**J. Lamesa ISD Cheerleaders may not lend any article of Cheer clothing to another person for any reason to prevent items from being lost or destroyed. This rule also applies to the most expensive part of the uniform—the Cheer Jacket.**

**K.** The Coach will make final decisions based on suitability and price about what will be purchased and worn.

**L.** The Coach will conduct periodic uniform checks and violators will be given demerits as laid out in part X.

## **VI. Officers**

**A.** (High School) There will be one Cheer Captain. For members of both the Varsity and JV squads, judges will select the cheer captain based on the highest votes.

**B.** (High School) There will be a Varsity Co-Captain. Judges will select the Varsity Co-Captain based on the second-highest scores.

**C.** (High School) There will be a Junior Varsity Co-Captain. Judges will select the Junior Varsity Co-Captain based on the second-highest scores.

**D.** All Cheerleader Officers will be responsible for carrying out the stated duties of their offices. Failure to do so will, and at the discretion of the Cheer Coach and Administration, may result in a replacement.

**E.** Middle School will not have a cheer captain.

### **F. Officer Duties**

1. General officer duties:

- a. Each will keep the Cheer Coach informed of any conflicts arising within the squad at the time of occurrence.
- b. Officers must work closely with the Cheer Coach and communicate with the squad when asked.

2. Cheer Captain Duties are:

- a. Assist in leading all practices; this includes outlining each in such a manner that there is a range of different activities at each practice, with the approval of the Cheer Coach.
- b. Make certain the entire Squad has learned a wide range of cheers and chants with appropriate motions and knows the correct times to use them in game situations.
- c. Direct the Squad in cheering at games. All Squad members will be cheering at all times.
- d. Show no partiality.
- e. Engage the entire Squad in planning and Conducting Cheerleading activities.
- f. Serve as the liaison between the Squad, the Cheer Coach, and Administration.
- g. Be available to direct the activities of the entire Squad whether the Coach is present or engaged in other Cheer activities.
- h. The Head Cheerleader will have knowledge of all Cheerleader activities. In addition, be the leader among all Lamesa ISD Cheerleaders.

3. (High School) The Varsity Co-Captain will stay informed about all Cheerleading activities at Lamesa High School and serve as the assistant to the Head Cheerleader in carrying out duties. He/she will act in the capacity of Head Cheerleader as the need arises.

Junior Varsity Co-Captain will:

- a. Direct the activities of the Squad of which they are a member and, in addition, coordinate activities between the two squads.
- b. Work with the Varsity Officers and Coach to coordinate full squad duties.
- c. Know and use appropriate cheers and chants.
- d. Lead their Squad in the same manner as outlined in Sec A, 1-2.

4. All Officers will work with the Coach to develop mutual respect among the group. Neglect in performing duties will result in replacement after the following steps:

- a. A written warning will be issued to the cheerleader and must be signed by the coach, cheerleader, and their parents/guardians.

- b. A 2<sup>nd</sup> written warning will be issued to the cheerleader, and a meeting will be held between the coach, cheerleader, and their parent/guardian.
- c. A 3<sup>rd</sup> warning will not be issued. It will result in the officer being replaced.

## VII. Travel

- A. The Cheer Coach and High School Administration will mutually agree upon all travel to out-of-town activities. Middle School cheerleaders will not travel to out-of-town games.
- B. Cheerleaders will travel to and from away functions in the transportation provided by Lamesa ISD.
- C. A Sponsor/Coach or other designated school official must accompany the Traveling Squad on all away trips.
- D. Should the need arise for a Cheerleader to travel by other means, this procedure will be followed:
  - 1. Permission will be granted only when a Parent/Guardian makes a written request. Phone requests must be followed up with a written notification.
  - 2. Such a request must be made no less than 24 hours prior to departure.
  - 3. The parents of said Cheerleader must pick up their own child.
  - 4. Any situation that requires other arrangements needs to be addressed directly to Administration.
- E. Cheerleaders shall travel in a designated uniform. On close trips, Cheerleaders may travel in their cheer uniform, or for longer trips; they will be required to wear practice clothes or wind suits. **All will travel in the same uniform.**
- F. Cheerleaders will remain in-game suits until after eating at away games and will conduct themselves so as to bring honor to their positions and school.
- G. Cheerleaders will initiate bus clean-up on their own.
- H. Travel to out-of-town games is **required** of all Varsity Cheerleaders. If plans change, efforts will be made to notify cheerleaders as quickly as possible. **Occasionally, Cheerleaders may need to attend official cheer functions rather than follow personal plans.** This is one of the responsibilities of the elected position.
- I. Junior Varsity will not travel to out-of-town events except to attend cheer camp and/or in special situations such as playoff games. **However, JV cheerleaders may need to travel, on occasion, at the coach's request.**

## VIII. Cheerleader Demerit System

Please review the 2023-2024 demerit system and sign at the bottom. This system is used to enforce policies and discipline a cheerleader/mascot for infractions of rules. **The maximum amount of accumulated demerits allowed will be twenty. After obtaining ten demerits,** the cheerleader/mascot will be put on a one-week probationary period, during which he/she will continue as normal (attend practices) with the exception of performances. After obtaining fifteen demerits, the cheerleader/mascot will be placed on a three-week probationary period, during which he/she will continue as normal with the exception of performances. On the dates of any scheduled performances that occur during the probationary period, the cheerleader/mascot will attend games with the rest of the squad but will not wear their uniform to school or to the game. The cheerleader/mascot on probation will be required to sit in the stands with the sponsors. The cheerleader/mascot will owe the sponsor one week of I&E workdays. Accumulated demerits will be calculated for the probationary period. If a cheerleader is removed from the squad or quits the squad, they will be ineligible to try out for cheerleading the following year.

With each demerit assignment, athletic consequences (such as running or jumping) or cheer consequences (such as making signs or cleaning cheer equipment) will be assigned. Punishment will be determined according to the cheer coach.

A demerit slip will be given upon each infraction and will be required to be signed by the cheerleader/mascot at that time.

The following infractions are grounds for immediate removal from the squad.

- ⇒ Suspension from school or DAEP
- ⇒ Use/possession of drugs or alcohol
- ⇒ Fighting
- ⇒ Conviction of adjudication of a felony crime

The following infractions will result in 15 demerits.

- ⇒ Insubordination towards authority
- ⇒ Truancy from school
- ⇒ Purposefully dropping a flyer
- ⇒ Instigating conflict in school
- ⇒ Teacher complaints due to classroom behavior or responsibility
- ⇒ Disrespect towards Coaches and/or other squad members
- ⇒ Public displays of affection & hickies
- ⇒ Wrong uniforms, missing bows, no bloomers, colored bras, colored socks, or wrong shoes

The following infractions will result in 10 demerits.

- ⇒ Office referrals resulting in ISS placement
- ⇒ Unexcused or unexplained absence from practice or game
- ⇒ Wearing jewelry, including a smartwatch.
- ⇒ Use of profanity
- ⇒ Poor attitude during practice and/or games
- ⇒ Playing around and talking in practice when it is time to be practicing

The following infractions will result in 5 demerits.

- ⇒ Failure of course
- ⇒ Playing around and talking during games and/or performances
- ⇒ Initiating unnecessary conflict within the squad
- ⇒ Instigating conflict at school
- ⇒ Instigating or involvement in conflict through texting and/or any form of social media
- ⇒ Office referrals resulting in Saturday School or Detention
- ⇒ Chewing gum
- ⇒ Bra straps showing when in uniform
- ⇒ Hair in your face or not worn as directed by the cheer coach (designated hairstyles is part of the uniform)

The following infractions will result in 3 demerits.

- ⇒ Improper conduct on the sidelines or practice
- ⇒ Failure to learn the material by the assigned date
- ⇒ Use of phone during practice, game, or school
- ⇒ Food consumption during practice or during game time
- ⇒ Unexcused or unexplained tardy or leaving early (after 30 min you are considered absent)
- ⇒ The excused absence with prior contact.
- ⇒ Not yelling or cheering.
- ⇒ Wearing uniforms without permission or allowing others to wear any part of their uniform. This includes jackets and shoes.

Your cooperation with these policies is expected. A signed copy of this policy will be kept on file.