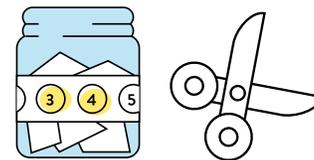


# Winter Break Activities for Families

Embrace the fun over winter break with these creative activity ideas. Cut out the cards and drop them into a jar for kids to choose from. Challenge them to complete 10 before the New Year!



## SNAIL MAIL

Pick a friend or family member and write them a letter the old-fashioned way. Use a pen, paper, envelope, stamp, and your brain—no computer! Make sure to ask them to write back before you drop your letter in the mailbox.



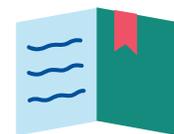
## FAMILY NEWSLETTER

Make and send out a family newsletter. It can be digital or just stapled paper. Try including a variety of stuff: news, interviews, history, recipes, and more.



## GRATITUDE LIST

Think of three things you're grateful for. Describe exactly why you appreciate these things, to yourself or someone else.



## CREATE A KINDNESS CHALLENGE

Think of a way your family can show kindness to each other this week. How can you help each other or make the day better?



## COMMUNITY GIFT BOX

Decorate a cardboard box. Use it to store gifts for local charities. Put in toys to donate, food to give, and more!



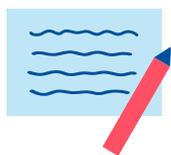
## FAMILY PHOTO ALBUM

Take some time together to curate your best family photos, and put them into a digital or old-school album. Create a theme or just choose your favorites.



## WHAT CAN YOU GIVE?

Make a list of things you can gift, like toys, clothes, money, skills, time, or love. Figure out whom or what to give those things to.



## THINKING ABOUT TRADITIONS

Write down your family or personal traditions for the holidays. Which do you enjoy the most? Are there new ones you'd like to create?



## SHOW THE SEASON

Color and cut out snowflakes, flowers, leaves, and more to decorate your windows to show the season or a holiday that means something to your family.



Tape this to the jar and X out or color as you complete an activity:



## VIDEO-CHAT WITH A FAMILY MEMBER

Make sure to keep connected with family, especially older people in your life. Let them know what you are learning in school.



## FOREVER FLOWERS

Use some art supplies to create a bouquet of flowers for a family member. Write a note or draw a picture to go with it.



## EXPLAIN EMPATHY

What does it mean to have empathy? Write a poem, create art, or make a picture book that expresses your point of view.



## HELP OUT

Ask an adult how you can help for 15 minutes. Or set a timer and find something to clean, wipe, or put away until the alarm sounds.



## FAMILY FRIDGE QUOTABLES

Each week have a family member curate a collage of quotes—from family, friends, or famous people—on your fridge. You can use sticky notes or get creative with your own cutout shapes.



## MAKE A DEVICE-FREE DINNER

Prepare a meal for your family, and then enjoy it together. The catch: All devices should be locked away.



## SECRET MESSAGES IN INVISIBLE INK

Find two pieces of paper and put one over the other. Now write something with a pencil, applying as much pressure as possible. The bottom sheet now has the secret message. Shade it gently to read it!



## CREATE A CARDBOARD ARCADE GAME

Grab some cardboard and any art supplies you have to build a playable game for your family. Think Skee-Ball made out of boxes!



## CALL AN ELDER

Call a grandparent, a neighbor, or a friend of the family to check in on them and make their day. Maybe tell them a joke!



## ROSE, BUD, THORN

Describe your day to a family member with one thing that fits each category, including something positive (rose), something hopeful (bud), and something challenging (thorn). Take turns sharing.



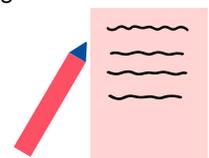
## PAPER AIRPLANES

Try folding paper into airplanes without a model. Then look up different techniques. Which ones fly the farthest?



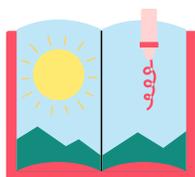
## LETTER OF APPRECIATION

Practice your writing skills by writing a thank-you note to your favorite teacher. Include a drawing, too!



## DRAW YOUR FEELINGS

Find some markers and paper and turn your emotions into art. What color is joy? Sadness? Boredom? Love?



## LOVE ALL AROUND

Color paper hearts and cut them out. Then write messages on each one, and place them around the house for your family members to find.



## DANCE PARTY!

Listen to your favorite kid-friendly playlist, and bust a move!

