

## Quil Ceda Tulalip Newsletter—January 2021

Principal's Message

Dearest QCT families,

I hope this message finds you and your families well as we head into our December break as a school district. Please remember our last day of classes before the break is Friday, 12/18/2020 and our first day back in January will be Monday, 1/4/2021.

I know many of us find an upcoming new year an opportunity to set new goals and healthy habits for ourselves. To that end I would like to urge each of you to help your child do the same. These can be goals for both home and/or school. Consider asking your child, as 2021 begins, what are some of the poor habits can we let go of and what are the good habits we can start? Waking up on time? Eating healthy foods? Getting classwork done daily? Making your bed?

As you can see in this PBS article, How to Help Your Child Set and Reach Goals, there are many benefits to learning how to set and achieve reasonable goals:

- •Responsibility: Success or failure depends on what they put into it.
- •Time Management: Kids learn how to manage their time to meet their goals.
- Self Confidence: Nothing beats the feeling of meeting your own goal.
- •Resilience: Kids learn to cope with the small setbacks that might stand in their way.
- •Perseverance: They learn to keep trying and rework their steps until they meet their goals.

I hope everyone has a wonderful break. Happy goal-setting and Happy New Year!

Sincerely,

Sarah-Marie Boerner

## Calendar Dates

Monday, January 4th—School Resumes

Friday, January 8th—Early Release

Friday, January 15th—Early Release

Monday, January 18th—No School—Martin Luther King, Jr. Day

Friday, January 22— Early Release for grading

Wednesday-Friday, January 27-29— Semester 1 Early Release grading days

Monday, February 1—no student day—Teacher Professional Learning Day

# Special Zoom Notes

Zoom meetings are a special time for teachers to connect with their students. Feel free to help your child with any technical difficulties. If you have questions or concerns, please reach out to the teacher through email.



## Attendance Information

If your child is going to be absent, please remember to call the school office at 360-965-3100. Also, if you are having Chromebook issues let the office know so we can connect you with tech support and excuse your child for the day.

## Daily Symptom Tracker

Parents are the most knowledgeable judge of their own child's health. Please use this checklist each day. If your child is experiencing any of the symptoms, please keep your child home.

- Check temperature If your child has a temperature of 100.4 or higher, please do not send them to school.
- Uncontrolled cough, fatigue, muscle or body aches, sore throat, new loss of taste or smell, nausea or vomiting, diarrhea, shortness of breath or difficulty breathing, severe headache, congestion or runny nose.
- If they had close contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID -19.



#### Report Cards

Be on the look out for report cards that will be mailed home on February 8, 2021.

### **QCT Swag**

We are happy some of you were able to purchase our QCT Swag this fall. We love to see our kids and families wearing them. If you missed out, don't worry you will be able to purchase again this spring

## <u>QCT School Wide Zoom</u> <u>Expectation Reminders</u>

Grow your brain.

<u>Respect</u> yourself, all people, and things.

Own your actions and attitudes.

<u>Welcome</u> all who come to our community.

<u>S</u>afety is a must.

## Specialist Live Zoom Links

Don't' forget to sign in to your Specialist (Science, PE, Library, Music) each day. Each day you will need to click on the Specialist live link.

Kind.—2nd Grade—1:30 p.m. 3-5 Grades—2:15 p.m.

#### Non-Discrimination

Marysville School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

The following employees have been designated to address questions and complaints of alleged discrimination: Civil Rights Coordinator - Gregg Kuehn, Risk Management Supervisor, gregg kuehn@msd25.org, 360-965-0110; Title IX Officer - Tracy Souza, Executive Director of Human Resources, tracy\_souza@msd25.org, 360-965-0071; Section 504 Coordinator, Andrea Wyatt, Director of Categorical Programs, andrea\_wyatt@msd25.org, 360-965-0053; ADA Coordinator - Brad Roden, Director of Secondary Special Education, brad\_roden@msd25.org, 360-965-0175. Address: 4220 80th Street NE, Marysville, WA 98270. Website: www.msd25.org Marysville School District is a drug- and tobacco-free workplace.

You can report discrimination and discriminatory harassment to any school staff member or to the district's Civil Rights Coordinator, listed above. You also have the right to file a complaint.

Note: Policies that address this issue are policy 3210 "Non-Discrimination" & 5010 - "Non-Discrimination and Affirmative Action." These Policies are available online at <a href="https://www.md25.org">www.md25.org</a>, at your school, or at the District Office: 4220 80th Street NE, Marysville, WA, 360-965-0000.