

# JANUARY 2021

## ABINGDON-AVON TORNADOES

PRE K-12

WE RESERVE THE RIGHT TO MAKE SUBSTITUTIONS

Monday

Tuesday

Wednesday

Thursday

Friday



1

HAPPY  
NEW  
YEAR!!!

4

NO SCHOOL  
TEACHER  
INSTITUTE DAY

5

B: CEREAL BREAKFAST  
KIT  
L: HAMBURGER/BUN  
FRENCH FRIES  
FRUIT, VEGETABLE

6

B: EGG PATTIE, ENGLISH  
MUFFIN, FRUIT JUICE  
L: DELI SANDWICH  
CHIPS, FRUIT  
VEGETABLE

7

B: CEREAL BREAKFAST  
KIT  
L: HOT DOG/BUN  
MAC AND CHEESE  
PEAS, FRUIT CUP  
TREAT

8

B: MINI FRENCH TOAST  
SYRUP, FRUIT  
L: SUB SANDWICH ON  
HOAGIE BUN, CHIPS  
CHEESE STICK  
FRUIT

11

B: CEREAL BREAKFAST  
KIT  
L: PULLED PORK/ BUN  
POTATO WEDGES,  
FRUIT AND VEGETABLE  
TREAT

12

B: BREAKFAST SANDWICH  
GO GURT  
L: CHICKEN SANDWICH  
MACARONI SALAD  
CHEESE STICK  
FRUIT, VEGETABLE

13

B: CEREAL BREAKFAST  
KIT  
L: MAIDRITE  
MAC AND CHEESE  
CARROTS, FRUIT  
TREAT

14

B: BREAKFAST PIZZA  
TRIX YOGURT CUP  
L: HAM AND CHEESE ON  
CROISSANT, SALAD  
CHIPS, FRUIT

15

B: BREAKFAST HOT POCKET  
MINI MUFFIN  
L: WALKING TACO  
(MEAT, CHEESE, CHIPS)  
SALSA, SOUR CREAM  
SALAD, FRUIT

18

NO SCHOOL

19

B: CEREAL BREAKFAST  
KIT  
L: CHICKEN NUGGETS  
MASHED POTATOES  
ROLL, FRUIT, VEGETABLE

20

B: BREAKFAST SANDWICH  
GO GURT  
L: GRILLED CHEESE  
SOUP/CRACKERS  
PEPPER STRIPS/HUMMUS  
FRUIT, TREAT

21

B: BREAKFAST PIZZA  
FRUIT JUICE  
L: SUNBUTTER SANDWICH  
GOLDFISH CRACKERS  
CHEESE STICK, YOGURT  
FRUIT

22

B: CEREAL, POPTART  
JUICE  
L: PIZZA RIPPERS  
MARINARA SAUCE  
SALAD/DRESSING  
CHIPS, FRUIT

25

B: APPLE FRUEDEL  
CHEESE STICK  
L: TURKEY SANDWICH  
PRETZEL/ CHEESE CUP  
RAISELS, VEGETABLE  
TREAT

26

B: CEREAL BREAKFAST  
KIT  
L: PULLED PORK/BUN  
AU GRATIN POTATOES  
FRUIT AND VEGETABLE

27

B: CINNAMON TOAST  
CRUNCH BREAD, YOGURT  
L: GARLIC CHEESE PIZZA  
MARINARA CUP  
SALAD/DRESSING  
APPLE SLICES/CARAMEL

28

B: CEREAL BREAKFAST  
KIT  
L: SPAGHETTI  
GARLIC TOAST  
GREEN BEANS, FRUIT

29

B: CEREAL, GRANOLA BAR,  
JUICE  
L: NACHO SUPREME  
BLACK BEANS  
SALSA, SOUR CREAM  
FRUIT, TREAT

ALL BREAKFAST ARE SERVED WITH 100% JUICE CUP OR FRUIT AND A CARTON OF MILK  
ALL LUNCHESES ARE SERVED WITH A CHOICE OF 1% WHITE OR CHOCOLATE MILK

**REHEAT HOT FOOD ITEMS TO 165 DEGREES, KEEP COLD ITEMS AT 41 DEGREES OR BELOW, DISCARD LEFTOVERS AFTER 3 DAYS**