



PCSSD - District Wellness Meeting

Monday, May 15, 2023~Pine Forest Elementary

ATTENDEES

- Tonya Raborn
- Regena English
- Jessica Duff
- Mike Morrison
- Detrich Smith
- Laura Sergeant

New Business/Action Items

- Student Nutrition- Regena English
 - MENUS
 - Menus are available on PCSSD app and Nutrislice app.
 - New program - Mood Boost Café
 - [Chartwells K12 initiative](#)
 - Idea for next year: coordination between PBIS and Wellness teams
 - PBIS coach at each school would be the assigned wellness coordinator for that school (starting 2023-2024 school year)
 - Charge policy for 2023-2024
 - "Deposit only" zone - students can pay with cash more meals, but no change will be given. The change will be added back into the student's account as credit toward the next meal.
 - Community Eligibility Provision - possibility of more schools added in the 2024-2025 school year
 - Chartwells renovations - Summer 2023
 - Sylvan Hills Middle (Bamboo Lane)
 - New serving lines at several schools
- Student Health Services - Cynthia Hines
- School Based Health Clinics - update
 - Research phase
- Wellness updates - Tonya Raborn
 - New wellness policy presented to the board 9-13-22
 - [2022 Wellness Policy](#)
 - February Wellness Challenge
 - 8 schools participated
 - Reward for participation
 - [PRIZES that were purchased included: Backpack, Water bottle, Journal, Resistance bands, Beach towels](#)



PULASKI COUNTY SPECIAL SCHOOL DISTRICT

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- Those receiving the prizes:
 - Cato: Katie Beard
 - PFE: Jessie Thomas, Carrie Eubanks, Paris Broyles, Laura Sergeant
 - Sherwood Elem: Ann Nicholas
 - Landmark: Kerri Rowell, Audry Nichols
 - Robinson High: Marion Carter, George Thompson, Laura Fluger, John Morrison
 - Robinson Middle: Coach Jones, Kathy Sims, April Reisma
- Health and PE professional development opportunity
 - Free
 - June 5 for PCSSD staff
 - 495729

UPCOMING MEETINGS

- District Committee Meetings
 - Will set meetings for 23-24 school year closer at a later date
- District Committee Members - still needed
 - Board member
 - Middle school representative
 - Student representative - rotate by feeder; high school student