



PCSSD - District Wellness Meeting

Wednesday, January 25, 2023~Pine Forest Elementary

ATTENDEES

- Tonya Raborn
- Jessica Duff
- Laura Sergeant
- Ann Haver
- Mike Morrison
- Cynthia Hines
- Michelle Muhammad
- Detrich Smith
- Jenna Evans*
- Valerie Bailey*

New Business/Action Items

- Student Nutrition- Regena English
 - MENUS
 - [Menus](#)
 - Menus are available on PCSSD app and Nutrislice app.
 - New program - Mood Boost Café
 - [Chartwells K12 initiative](#)
 - [News story about the program](#)
- Student Health Services - Cynthia Hines
 - School Based Health and Wellness Clinics- Jenna Evans
 - Nurses: how are we doing staffing?
 - Still need 5 full time nurses
 - Some nurse positions are rotating schools
 - 1 float nurse - but always covers life skills school
 - Spring screening has begun
 - BMI & scoliosis
 - Looking to bring back "Keep the Beat" program for staff
 - AED/CPR training required for front office staff at all schools
 - Ordering AED equipment for all athletic facilities (for those who didn't have it)
 - If there is a time when the nurse is absent, a designee must be assigned at each school to know how to operate and check AED equipment for functionality
- Wellness updates - Tonya Raborn
 - New wellness policy presented to the board 9-13-22
 - [2022 Wellness Policy](#)
 - February Wellness Challenge
 - 8 schools participating, will extend sign up through Friday, January 27, 2023



PULASKI COUNTY SPECIAL SCHOOL DISTRICT

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- Tonya will send out communication to participating schools on Monday, January 30, 2023
- Monetary reward for participation
 - \$ or gift card - TBD
- PBIS check in... rewards, especially year-end
- Recycling
 - Looking to incorporate a district-wide recycling program
 - Could be organized by each school's EAST program (at the secondary level); the student council or Alpha club could do it at the elementary level
- Cleaning supplies for classrooms
 - What are the expectations for cleaning procedures now?
- Health and PE professional development opportunity
 - Free
 - June 5 for PCSSD staff

UPCOMING MEETINGS

- District Committee Meetings
 - 4th meeting - April 12, 2023
- District Committee Members - still needed
 - Board member
 - Middle school representative
 - Student representative