PCSSD - District Wellness Meeting

Wednesday, Sep 14, 2022 Pine Forest Elementary

ATTENDEES

- Tonya Raborn
- Laura Sergeant
- Mike Morrison
- Brittany McDonald
- Jessica Duff
- Lynette Slaughter
- Anne Haver
- Cynthia Hines

New Business/Action Items

- Student Nutrition
  - We are preparing for our State and USDA audit.
    - The audit will take place the week of October 10th.
  - Review Menus
    - [Menus](#)
  - 681 free and reduced lunch applications filled out over the weekend after the callout from communications on Friday, Sept. 9
  - Over $5,200 payments applied to MyPaymentsPlus accounts over the weekend after the callout from communications on Friday, Sept. 9
    - Comparison: only $988 the weekend prior
  - Chartwells events in September:
    - Discovery Kitchen - making fruit pizzas with elementary schools
    - Student Choice - middle school and high schools, students get a voice to vote on item they want on next month's menu
    - Add this information to Indistar

- Arkansas Department of Health - Anna Haver
  - Back to business as usual in terms of education, programs, presentations, etc.
  - New vaping & nicotine prevention campaign
    - PreK - 2 grade target audience
    - Coloring book with resources included
    - ADH can come out and do a presentation on this, included a video and more
      - Be Well Arkansas website
  - QPR (question, persuade, revert)
    - Suicide prevention
    - Offered at any time
  - Project Prevent
    - Video contest
      - For middle school students
      - 30 - 60 second PSA for tobacco / nicotine prevention

- Deadline for contest entry is January 13, 2023
- Awards event in early 2023
  - Essay contest
    - 4th - 6th graders

- Student Health Services- Cynthia Hines
  - Staffing continues to be an issue
    - 9 open positions
    - Currently conducting interviews and reference checks; offered 3 positions this week and 1 new sub
      - Working on orientation schedule for new
    - Keep posting open "just in case"
  - Flu clinics will be on Nov. 4
    - Met with NLR, Pulaski and Jacksonville health clinics to schedule details
    - All clinics will be at the same sites as the COVID clinics were
    - 9am - 12pm and 1:30pm - 3:30pm
    - 5 stations per location
    - 25 people every 15 minutes
    - Jessica will create an online sign up form
      - Communications will send information to sign up along with consent form via callout system in October
  - Vision and hearing screening starts soon
    - New equipment for vision screening
      - Will help significantly
    - PreK, K, 1 and even grades
  - Every school has a trained "first responder"
    - CPR, first aid and AED training (required to be a "first responder")
      - Posted in main office
    - All PE teachers and health are fully trained (as of August 2022)

- Wellness updates - Tonya Raborn
  - New wellness policy presented to the board 9-13-22   2022 Wellness Policy
  - Schools that have local team in place
    - Cato, College Station, Pine Forest, Robinson Middle
    - Partial (Chairperson in place)
      - Chenal, Crystal Hill, Daisy Bates, Sherwood, Mills Middle, Robinson Elementary, Robinson High
    - No team as of Spet. 14, 2022
      - Baker, Harris, Lawson, Landmark, Oak Grove, Oakbrooke, Sylvan Hills Elementary, Sylvan Hills Middle, Sylvan Hills Junior High, Sylvan Hills High,, Mills University Studies, William Jefferson Clinton, Maumelle Middle, Maumelle High

- - Go Red program – [What is Go Red?](#)
    - [Introduction](#)
    - [October message](#)
    - Committee loves the idea; will start in January 2023
  - Bring back wellness fairs!

UPCOMING MEETINGS

- District Committee Meetings
  - 9am at Pine Forest Elementary; virtual option as well
    - 2nd meeting – November 16, 2022
    - 3rd meeting – January 25, 2023
    - 4th meeting – April 12, 2023
- District Committee Members
  - Board member
  - Middle school representative
  - Student representative