

3 FREE TRAINING SESSIONS

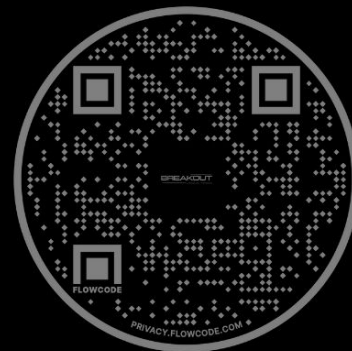
THE BREAKOUT DIFFERENCE:

- Our Members and Coaches Create a Community that Motivates and Supports One Another While also Bringing that Competitive Spirit to Push You to the Next Level!
- Affordable, Innovative, Proven Training
- Passionate, Experienced, Educated Coaches to Help You Every Step of the Way with Full BMI Tracking, Educational Nutrition Guidance, Accountability, and Support
- Personal Training in a Group Environment with Structured Strength/Resistance Training Backed by Science for Results You Can Achieve and Maintain
- Session Schedule Tailored to Fit Even the Busiest Schedules

ALL STAFF INVITED!

*VALUE of
\$450-\$850*

SCAN TO VIEW SESSION SCHEDULE
AND RESERVE YOUR SPOT



Memberships

Basic - 2X/Week	\$139/Month
Elite -3X/Week	\$159/Month
Exclusive -Unlimited	\$189/Month

Founding Memberships

Basic - 2X/Week	\$99/Month
Elite -3X/Week	\$119/Month
Exclusive -Unlimited	\$149/Month

Corporate Memberships

Elite -3X/Week	\$99/Month
Exclusive -Unlimited	\$139/Month

Rates After Grand
Opening

Rates BEFORE
Grand Opening

Rates Honored for
5 or More People

~ NO CONTRACT ~ NO ANNUAL FEE ~ NO ENROLLMENT FEE ~

- RESULTS YOU DESERVE -

Improve

- Strength
- Agility
- Endurance
- Stamina
- Flexibility
- Productivity
- Confidence
- Mental Health
- Energy
- Immune System
- Gut Health
- Heart Health
- Brain Health
- Skin Clarity

Decrease

- Body Fat
- Time/Money Spent Training
- Med Dependence
- Likelihood of Chronic Diseases
- Stress and Anxiety
- Fatigue, Bloating, and Irritability