

SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 1

Generated on: 11/19/2020 12:49:20 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/04/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT & GRAVY (1) 309c	1 EACH	20	38.5
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	25	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	60	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09

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BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 2

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
WRAP, CHICKEN HS 397C	1 EACH	100	18.93
SANDWICH LET TOM ONI PI SAU	SERVING	75	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	100	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, CHICKEN NOODLE 81c	1 CUP	100	14.14
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			87.82
% of Calories			53.4%
Nutrient Guideline			

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Base Menu Spreadsheet

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BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 3

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/05/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BREAKFAST TACO	1 EACH	20	16.7
POTATO, TATER TOTS 131C	8 EACH	20	17.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
CHICKEN, BOWL	SERVING	25	76.01
BISCUIT *	1 EACH	25	28.0
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
CHICKEN, SWEET THAI CHILI	SERVING	60	15.05
RICE, SEASONED CHINESE 178c	1 CUP	30	27.52

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BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 4

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
PASTA, LO MEIN NOODLES 372C	1 CUP	30	45.7
VEGETABLES, STIR FRY 92C	1/2 CUP	60	9.55
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHICKEN 355c	CASE	200	42.12
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, TACO	1 CUP	100	17.76
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			92.01
% of Calories			54.4%
Nutrient Guideline			

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BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 5

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/06/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
CINNAMON ROLL JOYLENE'S 257C	1 EACH	20	43.21
SAUSAGE PATTIES 165c	1 EACH	20	0.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	30	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	30	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83

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Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 6

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH BUFFALO CHIX FLATBREA	1 EACH	100	29.19
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
HAMBURGER * with cheese 329c	1 EACH	100	29.0
FRENCH FRIES 153C	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, CHEESE POTATO	1 CUP	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JELL-O 30c	1/2 CUP	450	17.0
Weighted Daily Average			87.26
% of Calories			52.6%
Nutrient Guideline			

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BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 7

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/07/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT * SAUSAGE 316c	1 EACH	20	28.0
POTATOES, HASH BROWN, REDI-67c	1 SERVING	20	15.86
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
STEAK * FINGERS 290C	SERVINGS/ 4 EA	25	16.0
POTATOES, *MASHED 80c	1/2 CUP	25	13.62
GRAVY, brown 25c	1/2 CUP	12	7.37
GRAVY, CREAM 35C	1/2 CUP	13	9.88
ROLL, * WHEAT JOYLENE'S 165C	1 EACH	25	26.43
CORN ON THE COB 29c	1/2 EACH	25	8.17
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0

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Portion Values - Detailed

Page 8

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
PASTA, ** SPAG/MEAT SAU 222C	1.5 CUP	30	45.08
BREAD STICKS W/W 220c	1 EACH	60	37.53
PEAS, ENGLISH 37C	1/2 CUP	60	17.18
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	100	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	75	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
SANDWICH, PHILLY STEAK FLATBR	1 EACH	40	19.71
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, LASAGNA	SERVINGS	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			88.96
% of Calories			54.6%
Nutrient Guideline			

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Portion Values - Detailed

Page 9

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/08/2021			
SANDITE BISTRO & MARK	Total	100	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT & GRAVY (1) 309c	1 EACH	20	38.5
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	25	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	60	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 10

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHICKEN 355c	CASE	200	42.12
SANDWICH LET TOM ONI PI SAU	SERVING	50	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, BROCCOIL/CHEESE 70c	1 CUP	100	14.21
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			89.46
% of Calories			54.3%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 11

Generated on: 11/19/2020 12:49:21 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/11/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
PANCAKES/WAFFLES	SERVING	20	37.92
SAUSAGE LINK, ADVANCE 176c	1 EACH	20	0.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	25	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	30	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 12

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
WRAP, CHICKEN BACON RANCH	1 EACH	50	14.65
SANDWICH LET TOM ONI PI SAU	SERVING	75	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	100	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, CHICKEN NOODLE 81c	1 CUP	100	14.14
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			84.20
% of Calories			54.2%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 13

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/12/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT SAUS/egg/CHEESE	1 EACH	20	29.0
POTATO, TATER TOTS 131C	8 EACH	20	17.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
STEAK, * CHICKEN FRY 324c	1 EACH	25	16.0
POTATOES, *MASHED 80c	1/2 CUP	25	13.62
GRAVY, CREAM 35C	1/2 CUP	25	9.88
BEANS, GREEN seasoned 9c	1/2 CUP	25	4.47
ROLL, * WHEAT JOYLENE'S 165C	1 EACH	25	26.43
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 14

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
OR*****	0	0	0.0
CHICKEN, SMACKERS 272C	SERVING/10 PCS	60	20.0
SWEET AND SOUR SAUCE	3 TBSP	60	8.05
RICE, SEASONED CHINESE 178c	1/2 CUP	30	13.76
PASTA, LO MEIN NOODLES 372C	1 CUP	30	45.7
BROCCOLI, ROASTED	1/2 cup	60	4.48
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	200	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, TACO	1 CUP	100	17.76
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			90.97
% of Calories			53.2%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 15

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/13/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BREAKFAST SAUSAGE ROLL 234c	1 EACH	20	30.05
POTATO, TATER TOTS 131C	10 EACH	20	21.25
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	635	
WAFFLES 228c	SERVING/2	30	32.0
CHICKEN, SMACKERS 272C	SERVING/10 PCS	30	20.0
SYRUP, PANCAKE/WAFFEL 56c	3 TBSP	30	36.19
POTATO, TATER TOTS 131C	10 EACH	30	21.25
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 16

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
MEXICAN, CREATE YOUR OWN HS	SERVING	30	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH SRIRACHA CHIC WRAP	1 EACH	200	32.5
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	130	28.64
MEAT, SUB/SALAD LINE	SERVINGS	130	3.41
CHEESE, SUB/SALAD LINE	SLICE	130	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, CHEESE POTATO	1 CUP	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
PUDDING, CANNED 38c	SERVINGS	400	22.0
Weighted Daily Average			99.58
% of Calories			54.3%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 17

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/14/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT * CHICKEN w/chees 385C	1 EACH	20	35.5
POTATOES, HASH BROWN, REDI-67c	1 SERVING	20	15.86
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
CHICKEN, SMACKERS 272C	SERVING/10 PCS	25	20.0
MACARONI & CHEESE, AMER 189c	1 CUP	25	32.4
BEANS, BARBEQUED 64c	1/2 CUP	25	29.51
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
PASTA, *ALFREDO ITALIA chicken	1.5 CUP	60	53.03

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 18

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
BREAD STICKS,ITALIAN WW(ELEM)	1 EACH	60	12.98
PEAS, ENGLISH 37C	1/2 CUP	60	17.18
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
HAMBURGER, * BACON/CHE 427c	1 SANDWICH	100	1.3
SANDWICH LET TOM ONI PI SAU	SERVING	75	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	100	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	50	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, LASAGNA	SERVINGS	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			90.16
% of Calories			54.2%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 19

Generated on: 11/19/2020 12:49:22 PM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/15/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT & GRAVY (1) 309c	1 EACH	20	38.5
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	25	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	60	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 20

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHICKEN 355c	CASE	200	42.12
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, BROCCOIL/CHEESE 70c	1 CUP	100	14.21
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			88.98
% of Calories			54.0%
Nutrient Guideline			

Tue - 01/19/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BREAKFAST TACO	1 EACH	20	16.7
POTATO, TATER TOTS 131C	8 EACH	20	17.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 21

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
SANDITE BISTRO & MARK	Total	630	
CHICKEN, BOWL	SERVING	25	76.01
BISCUIT *	1 EACH	25	28.0
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
CHICKEN, SWEET THAI CHILI	SERVING	60	15.05
RICE, SEASONED CHINESE 178c	1 CUP	30	27.52
PASTA, LO MEIN NOODLES 372C	1 CUP	30	45.7
VEGETABLES, STIR FRY 92C	1/2 CUP	60	9.55
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHICKEN 355c	CASE	200	42.12
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, TACO	1 CUP	100	17.76
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			92.01
% of Calories			54.4%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 22

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/20/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
CINNAMON ROLL JOYLENE'S 257C	1 EACH	20	43.21
SAUSAGE PATTIES 165c	1 EACH	20	0.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	30	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	30	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 23

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH BUFFALO CHIX FLATBREA	1 EACH	100	29.19
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
HAMBURGER * with cheese 329c	1 EACH	100	29.0
FRENCH FRIES 153C	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, CHEESE POTATO	1 CUP	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JELL-O 30c	1/2 CUP	450	17.0
Weighted Daily Average			87.26
% of Calories			52.6%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 24

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/21/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT * SAUSAGE 316c	1 EACH	20	28.0
POTATOES, HASH BROWN, REDI-67c	1 SERVING	20	15.86
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
STEAK * FINGERS 290C	SERVINGS/ 4 EA	25	16.0
POTATOES, *MASHED 80c	1/2 CUP	25	13.62
GRAVY, brown 25c	1/2 CUP	12	7.37
GRAVY, CREAM 35C	1/2 CUP	13	9.88
ROLL, * WHEAT JOYLENE'S 165C	1 EACH	25	26.43
CORN ON THE COB 29c	1/2 EACH	25	8.17
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 25

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
PASTA, ** SPAG/MEAT SAU 222C	1.5 CUP	30	45.08
BREAD STICKS W/W 220c	1 EACH	60	37.53
PEAS, ENGLISH 37C	1/2 CUP	60	17.18
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	100	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	75	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
SANDWICH, PHILLY STEAK FLATBR	1 EACH	40	19.71
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, LASAGNA	SERVINGS	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			88.96
% of Calories			54.6%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 26

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/22/2021			
SANDITE BISTRO & MARK	Total	100	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT & GRAVY (1) 309c	1 EACH	20	38.5
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	25	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	60	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 27

Generated on: 11/19/2020 12:49:23 PM

	Portion Size	Reimb Qty	Carb (g)
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHICKEN 355c	CASE	200	42.12
SANDWICH LET TOM ONI PI SAU	SERVING	50	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, BROCCOIL/CHEESE 70c	1 CUP	100	14.21
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			89.46
% of Calories			54.3%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 28

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/25/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
PANCAKES/WAFFLES	SERVING	20	37.92
SAUSAGE LINK, ADVANCE 176c	1 EACH	20	0.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	25	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	30	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 29

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
WRAP, CHICKEN BACON RANCH	1 EACH	50	14.65
SANDWICH LET TOM ONI PI SAU	SERVING	75	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	100	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, CHICKEN NOODLE 81c	1 CUP	100	14.14
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			84.20
% of Calories			54.2%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 30

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/26/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT SAUS/egg/CHEESE	1 EACH	20	29.0
POTATO, TATER TOTS 131C	8 EACH	20	17.0
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
STEAK, * CHICKEN FRY 324c	1 EACH	25	16.0
POTATOES, *MASHED 80c	1/2 CUP	25	13.62
GRAVY, CREAM 35C	1/2 CUP	25	9.88
BEANS, GREEN seasoned 9c	1/2 CUP	25	4.47
ROLL, * WHEAT JOYLENE'S 165C	1 EACH	25	26.43
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 31

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
OR*****	0	0	0.0
CHICKEN, SMACKERS 272C	SERVING/10 PCS	60	20.0
SWEET AND SOUR SAUCE	3 TBSP	60	8.05
RICE, SEASONED CHINESE 178c	1/2 CUP	30	13.76
PASTA, LO MEIN NOODLES 372C	1 CUP	30	45.7
BROCCOLI, ROASTED	1/2 cup	60	4.48
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	200	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, TACO	1 CUP	100	17.76
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			90.97
% of Calories			53.2%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 32

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/27/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BREAKFAST SAUSAGE ROLL 234c	1 EACH	20	30.05
POTATO, TATER TOTS 131C	10 EACH	20	21.25
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	635	
WAFFLES 228c	SERVING/2	30	32.0
CHICKEN, SMACKERS 272C	SERVING/10 PCS	30	20.0
SYRUP, PANCAKE/WAFFEL 56c	3 TBSP	30	36.19
POTATO, TATER TOTS 131C	10 EACH	30	21.25
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 33

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
MEXICAN, CREATE YOUR OWN HS	SERVING	30	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH SRIRACHA CHIC WRAP	1 EACH	200	32.5
SANDWICH LET TOM ONI PI SAU	SERVING	25	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	130	28.64
MEAT, SUB/SALAD LINE	SERVINGS	130	3.41
CHEESE, SUB/SALAD LINE	SLICE	130	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, CHEESE POTATO	1 CUP	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
PUDDING, CANNED 38c	SERVINGS	400	22.0
Weighted Daily Average			99.58
% of Calories			54.3%
Nutrient Guideline			

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 34

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/28/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT * CHICKEN w/chees 385C	1 EACH	20	35.5
POTATOES, HASH BROWN, REDI-67c	1 SERVING	20	15.86
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
CHICKEN, SMACKERS 272C	SERVING/10 PCS	25	20.0
MACARONI & CHEESE, AMER 189c	1 CUP	25	32.4
BEANS, BARBEQUED 64c	1/2 CUP	25	29.51
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
PASTA, *ALFREDO ITALIA chicken	1.5 CUP	60	53.03

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 35

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
BREAD STICKS,ITALIAN WW(ELEM)	1 EACH	60	12.98
PEAS, ENGLISH 37C	1/2 CUP	60	17.18
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
HAMBURGER, * BACON/CHE 427c	1 SANDWICH	100	1.3
SANDWICH LET TOM ONI PI SAU	SERVING	75	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
SANDWICH, * CHIC SPICY BREADED	1 EACH	100	41.0
SANDWICH LET TOM ONI PI SAU	SERVING	50	15.97
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, LASAGNA	SERVINGS	100	19.16
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			90.16
% of Calories			54.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 36

Generated on: 11/19/2020 12:49:24 PM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/29/2021			
SANDITE BISTRO & MARK	Total	95	
PARFAIT, BREAKFAST	SERVING	10	36.54
BREAKFAST GRAIN HS 1 GR	SERVING	10	17.53
OR*****	0	0	0.0
BISCUIT & GRAVY (1) 309c	1 EACH	20	38.5
OR*****	0	0	0.0
CEREAL, assorted	1 EACH	15	21.75
SUGAR 16c	2 TSP	15	8.4
BREAKFAST GRAIN HS 1 GR	SERVING	15	17.53
OR*****	0	0	0.0
SANDWICH, GRAM PB & JELLY 378c	1 EACH	5	34.0
OR*****	0	0	0.0
MUFFIN, WG CHOC C IW BAKECRAFT	1 EACH	5	48.17
OR*****	0	0	0.0
MUFFIN, WG BLUEBE IW BAKECRAFT	1 EACH	5	39.95
OR*****	0	0	0.0
MUFFIN, WG BANANA IW BAKECRAFT	1 EACH	5	42.94
OR*****	0	0	0.0
DONUT, MINI SUGAR WG SUPER BAK	1 EACH	10	41.0
OR*****	0	0	0.0
BREAKFAST CROISSANT EGG CHEESE	1 EACH	10	31.05
OR*****	0	0	0.0
BREAKFAST CROISSANT HAM/SAUSAG	1 EACH	15	30.19
ALL MEALS COME WITH	SERVING	0	0.0
VEGETABLES/FRUITS, DAILY HS	SERVING	75	10.11
JUICE, ASSORTED 100% 57c	1 CARTON	75	14.5
MILK, ***variety 103c	1 CARTON	95	15.33
SANDITE BISTRO & MARK	Total	630	
BASKET, **CHICKEN HS	SERVING	25	73.49
OR*****	0	0	0.0
SANDWICH ROLLUPS	1 EACH	25	14.79
OR*****	0	0	0.0
SALAD-BOWL CHEF SALAD SB	SERVING	8	40.8
OR*****	0	0	0.0
PARFAIT, LUNCH	SERVING	8	58.43
OR*****	0	0	0.0
SACK LUNCH HS PBJ	1 EACH	4	51.78
OR*****	0	0	0.0
MEXICAN, CREATE YOUR OWN HS	SERVING	60	48.27
OR*****	0	0	0.0
PIZZA, MAZZIO'S 8 CUT	SERVINGS	100	39.83
FRENCH FRIES,oven 51c****	1/2 CUP	100	18.09

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SAND SPRINGS PUBLIC SCHOOLS

Jan 1, 2021 thru Jan 31, 2021

Base Menu Spreadsheet

Combined: SANDITE BISTRO & MARKET
BRKFT/SANDITE BISTRO & MARKET LUNCH

Portion Values - Detailed

Page 37

Generated on: 11/19/2020 12:49:25 PM

	Portion Size	Reimb Qty	Carb (g)
OR*****	0	0	0.0
BREAD, * CHEESE STICKS 368C	SERVING	75	39.48
FRENCH FRIES,oven 51c****	1/2 CUP	75	18.09
OR*****	0	0	0.0
SANDWICH, * CHICKEN 355c	CASE	200	42.12
FRENCH FRIES,oven 51c****	1/2 CUP	200	18.09
OR*****	0	0	0.0
BREAD, SUB/SALAD BREAD	1 EACH	125	28.64
MEAT, SUB/SALAD LINE	SERVINGS	125	3.41
CHEESE, SUB/SALAD LINE	SLICE	125	0.8
VEGETABLES, SUB/SALAD LINE	SERVING	125	2.62
SAUCES, SANDWICHES	1/16 CUP	125	0.15
SOUP, BROCCOIL/CHEESE 70c	1 CUP	100	14.21
ALL MEALS COME WITH	SERVING	0	0.0
SALAD-BOWL 67C	1 CUP	200	7.05
VEGETABLES/FRUITS, DAILY HS	SERVING	600	10.11
HUMMUS	1/4 CUP	25	1.75
DIP, CREAMY VEGETABLE 30c	4 TBSP	125	4.28
MILK, ***variety 103c	1 CARTON	600	15.33
JUICE, ASSORTED 100% 57c	CARTON	400	14.5
Weighted Daily Average			88.98
% of Calories			54.0%
Nutrient Guideline			

Weighted Average			90.05
			53.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	90.05	53.94%						

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