



Copeland Middle School is a collaborative community, where all stakeholders work in solidarity, thus creating an environment of mutual-respect, trust, and responsibility while empowering all individuals to be their authentic selves.

2020-2021

Virtual Monday, Tuesday, Thursday, Friday Schedule

Wednesdays are all Asynchronous.

Time	6th	7th	8th
8:30 - 9:05	Period 1	Period 1	Period 1
9:05 - 9:10	Period 2 Brain/Movement Break	Period 2 Brain/Movement Break	Period 2 Brain/Movement Break
9:10 - 9:45	Period 2	Period 2	Period 2 PE/Related Arts
9:45 - 9:50	Period 3 Brain/Movement Break	Period 3 Brain/Movement Break	Period 3 Brain/Movement Break
9:50 - 10:25	Period 3 PE/Related Arts	Period 3	Period 3
10:25 - 10:30	Period 4 Brain/Movement Break	Period 4 Brain/Movement Break	Period 4 Brain/Movement Break
10:30 - 11:05	Period 4 Lunch	Period 4 PE/Related Arts	Period 4
11:05 - 11:10	Period 5 Brain/Movement Break	Period 5 Brain/Movement Break	Period 5 Brain/Movement Break
11:10 - 11:45	Period 5	Period 5	Period 5 Lunch
11:45 - 11:50	Period 6 Brain/Movement Break	Period 6 Brain/Movement Break	Period 6 Brain/Movement Break
11:50 - 12:25	Period 6	Period 6 Lunch	Period 6 PE/Related Arts
12:25 - 12:30	Period 7 Brain/Movement Break	Period 7 Brain/Movement Break	Period 7 Brain/Movement Break
12:30 - 1:05	Period 7	Period 7 PE/Related Arts	Period 7
1:05 - 1:10	Period 8 Brain/Movement Break	Period 8 Brain/Movement Break	Period 8 Brain/Movement Break
1:10 - 1:45	Period 8 PE/Related Arts	Period 8	Period 8

We have H.E.A.R.T.  Honesty. Empathy. Acceptance. Respect. Trust.



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1:45 - 2:00	End of Day Brain/Movement Break	End of Day Brain/Movement Break	End of Day Brain/Movement Break
2:00 - 2:30	Teacher Office Hours	Teacher Office Hours	Teacher Office Hours

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