

# JUNIOR & SENIOR HIGH LUNCH MENU/JANUARY 4 – 29, 2021

## MENU SUBJECT TO CHANGE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">4</p> <p>POPCORN CHICKEN w/bbq SEASONED WAFFLE FRIES GREEN BEANS ½ c DICED PEACHES ½ c WG BISCUIT MILK</p>	<p style="text-align: center;">5</p> <p>WG CHICKEN QUESADILLA w/salsa 3 oz. BLACK BEANS ½ c CORN ½ c DICED PEARS ½ c MILK</p>	<p style="text-align: center;">6</p> <p>CHICKEN &amp; NOODLES GLAZED CARROTS ½ c BREAD SLICE APPLESAUCE ½ c MILK</p>	<p style="text-align: center;">7</p> <p>CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES ½ c CELERY STICKS MANDARIN ORANGES ½ c MILK</p>	<p style="text-align: center;">8</p> <p>ORANGE CHICKEN FRIED RICE ½ c BROCCOLI FLORETS ½ c w/ff dip EGG ROLL w/sweet &amp; sour PINEAPPLE ½ c FORTUNE COOKIE MILK</p>
<p style="text-align: center;">11</p> <p>WG CHICKEN NUGGETS w/bbq MASHED POTATOES ½ c &amp; GRAVY 2 oz BREAD SLICE DICED PEACHES ½ c MILK</p>	<p style="text-align: center;">12</p> <p>MOZZARELLA BREADSTICKS w/marinara 3 oz GREEN BEANS ½ c BIRTHDAY CUPCAKE DICED PEARS MILK</p>	<p style="text-align: center;">13</p> <p>MEXICAN GOULASH CORN ½ c CORNBREAD APPLESAUCE ½ c MILK</p>	<p style="text-align: center;">14</p> <p>WG CORN DOG w/catsup/mustard TATER TOTS ½ c BAKED BEANS ½ c PINEAPPLE ½ c MILK</p>	<p style="text-align: center;">15</p> <p>BBQ PORK ON BUN w/pickles SAVORY POTATO CUBES ½ c MANDARIN ORANGES ½ c FRUIT ROLL UP MILK</p>
<p style="text-align: center;">18</p> <p>MARTIN LUTHER KING'S BIRTHDAY</p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: center;">19</p> <p>WG CHICKEN TENDERS w/bbq MASHED POTATOES ½ c &amp; GRAVY 2 oz GREEN BEANS APPLESAUCE ½ c MILK</p>	<p style="text-align: center;">20</p> <p>SPAGHETTI w/MEAT SAUCE CORN ½ c GARLIC BREADSTICKS MIXED FRUIT ½ c MILK</p>	<p style="text-align: center;">21</p> <p>TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice/Slices) GLAZED CARROTS ½ c DICED PEACHES ½ c MILK</p>	<p style="text-align: center;">22</p> <p>NACHO GRANDE (TACO MEAT/TOSTITO CHIPS) SALSA/SOUR CREAM SHREDDED LETTUCE ½ c SHREDDED CHEESE 1 oz DICED TOMATOES ¼ c REFRIED BEANS ½ c APPLE SLICES ½ c MILK</p>
<p style="text-align: center;">25</p> <p>WG CHICKEN FRYZE w/bbq SWEET POTATO PUFFS PRETZEL &amp; CHEESE DICED PEACHES ½ c MILK</p>	<p style="text-align: center;">26</p> <p>WG FISTADA PIZZA (hs) SAUSAGE PIZZA SLICE (jh) GREEN BEANS ½ c CORN ½ c MANDARIN ORANGES ½ c MILK</p>	<p style="text-align: center;">27</p> <p>MACARONI &amp; CHEESE 2/3 c PEAS ½ c CHERRY SIDEKICK 4 oz. MIXED FRUIT ½ c MILK</p>	<p style="text-align: center;">28</p> <p>WG CHICKEN PATTY ON WG BUN w/mayo CHEESY POTATOES ½ c BABY CARROTS w/ff dip DICED PEARS ½ c MILK</p>	<p style="text-align: center;">29</p> <p>TERRIYAKI CHICKEN FRIED RICE ½ c CORN ½ c EGG ROLL w/sweet &amp; sour FORTUNE COOKIE PINEAPPLE ½ c MILK</p>

\*WG/Whole Grain Rich