

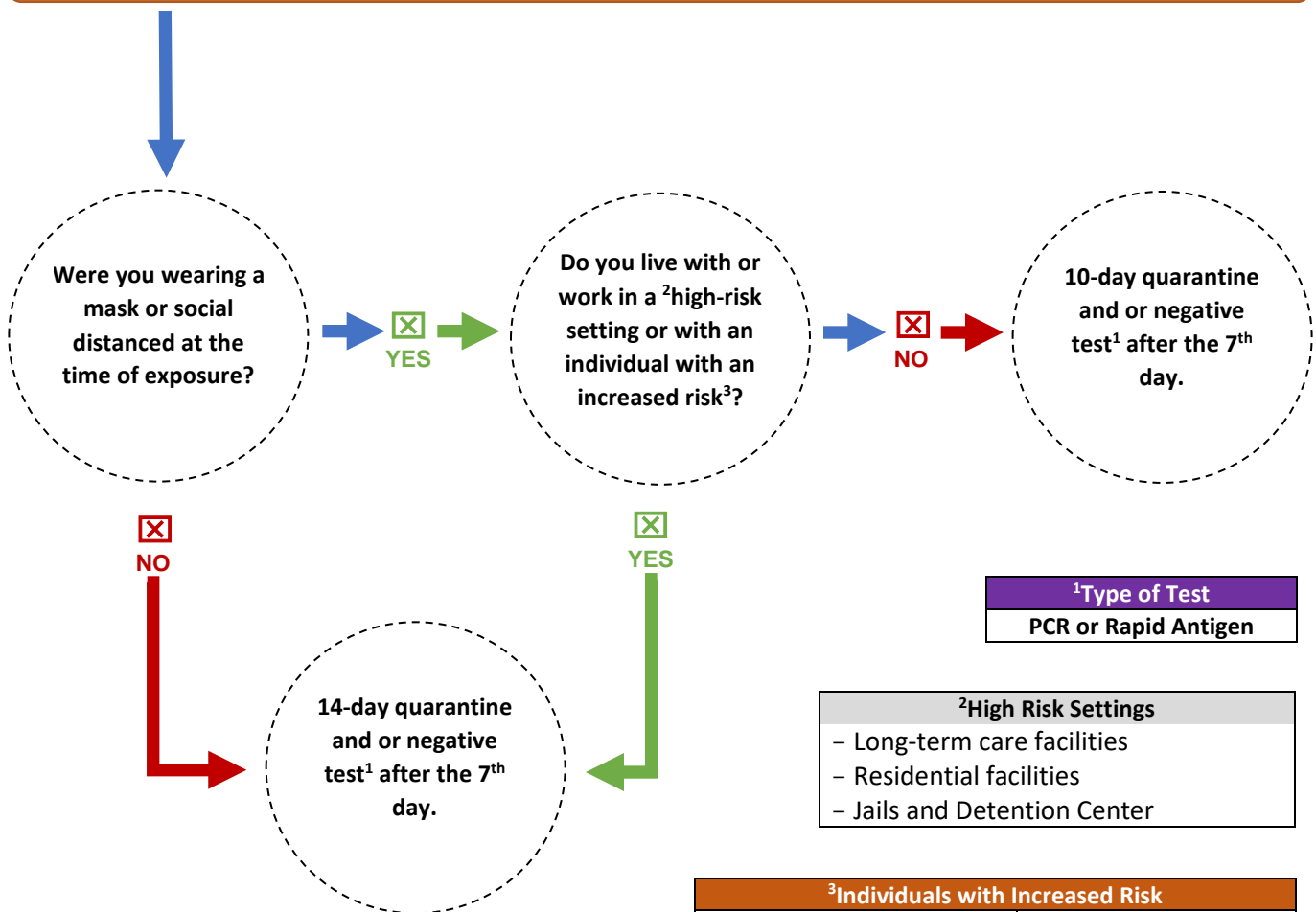
# MISD COVID-19

## Infection and Close Contact Guidelines

*Based on current CDC recommendations.*

**Positive COVID-19 Test<sup>1</sup>:** An employee or student must self-isolate/quarantine for 14 days from the onset of symptoms with no less than 1-day symptom free and fever free without the use of prescription or over the counter medication.

### Close Contact with COVID-19 infection?



#### <sup>1</sup>Type of Test

PCR or Rapid Antigen

#### <sup>2</sup>High Risk Settings

- Long-term care facilities
- Residential facilities
- Jails and Detention Center

#### <sup>3</sup>Individuals with Increased Risk

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| <ul style="list-style-type: none"><li>– Persons &gt;65 Years of age</li><li>– Persons with underlying conditions</li><li>– Cancer</li><li>– Chronic kidney disease</li><li>– Heart conditions, such as: heart failure, coronary artery disease, or cardiomyopathies</li><li>– Immunocompromised</li><li>– COPD</li></ul> | <ul style="list-style-type: none"><li>– Obesity: BMI &gt;30 kg/m<sup>2</sup> but &lt;40 kg/m<sup>2</sup></li><li>– Severe Obesity: &gt;40 kg/m<sup>2</sup></li><li>– Pregnancy</li><li>– Sickle cell disease</li><li>– Smoking</li><li>– Type II diabetes mellitus</li></ul> |
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#### NOTE

Practice wearing a mask, washing your hands and watching your distance for the full time following your last exposure even within your own household.

Guidelines are subject to change.  
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*See additional conditions from the CDC.*