

THE QUARLES' BUZZ

A MONTHLY SCHOOL NEWSLETTER

APRIL 2023 · ISSUE 8

BLOOMING LEARNERS



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We hope that everyone enjoyed their spring break! We had beautiful weather! We hope our families were able to rejuvenate, relax and enjoy the sunshine! We would like to take this time to express our gratitude to our AMAZING teachers, classroom assistants and staff, as we will be acknowledging our staff during Teacher Appreciation Week - May 8 - May 12, 2023. Our teachers at Quarles are doing a wonderful job! We are filled with such gratitude for all their efforts, dedication, and hard work! Please join us in celebrating our Quarles teachers and staff!



In continuing our staff celebration, we would like to acknowledge our Quarles nurse, Ms. Julie Klapper and wish her a very Happy Nurse's Appreciation Week - May 6 - May 12, 2023.

We would like to acknowledge our wonderful administrative assistants Ms. Jeanette Reyes & Ms. Luz Castillo, Happy Administrative Professionals Day!



Happy Spring Everyone! Quarles Administration

APRIL RECAP



This month Quarles students and staff celebrated Autism Awareness Day on Monday April 3, 2023. We celebrated Autism Awareness by engaging students in character education lessons centered around inclusivity, understanding differences, and respect. Students and teachers participated in a parade where they marched outside our Quarles campus giving students and staff a sense of unity and inclusion. Students and staff showcased their Autism awareness shirts,

Special Visit - PNC Bank Readers!

Quarles Kindergarten and PreK classrooms were visited by twenty-eight PNC employees on April 19, 2023, as part of the PNC Bank Grow Up Great program. Each classroom was read to and received the book Mr. Tiger Goes Wild. Thank you to our PNC guest readers!



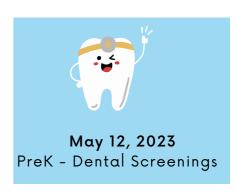


QUARLES HIGHLIGHTS FOR MAY 2023

ribbons, and carried posters to music.





















NOTES FROM THE SCHOOL NURSE, MRS. JULIE KLAPPER



With the change of weather, allergy season is fast approaching. Allergies are best managed early in the season; when there is less need for strong medication and before causing secondary infections.

Many symptoms can be avoided/managed via a regimen prescribed by your doctor. In most cases, that may include a daily medication given at home, in the morning, before school starts, providing all day relief and avoiding the need for in-school intervention. This is the preferable mode of treatment. In the event that a student is experiencing uncomfortable symptoms, or forgot to take their allergy medication at home, please be informed that the school nurse **cannot dispense medications** without the following:

- 1. **Physician orders cosigned by a parent and updated yearly.** Please use the Medication Authorization form that can be found on our school website.
- 2. A home-supplied quantity of the needed medication in the original container and labeled with your child's name.

With your assistance, and with the guidance of your child's pediatrician/allergist, we can help your child have a more comfortable and productive school experience.

If you have any questions, I can be reached at 201-862-6112 or via email at jklapper@epsd.org





PRE-K SPOTLIGHT



BERGEN FAMILY CENTER







Books With Buddies Parent Event

We are always looking for ways to bring the community together. Here's an inside look at our Books with Buddies Initiative - parents got to come in for modeled reading and activities with their kids and teacher.









Music Study. Classroom #13

Children learned all about musical instruments and celebrated with a music show. Children sang songs and played instruments.



Pet Study

Our creative staff makes learning fun at Bergen Family Center. This month's lesson is all about pets.



Pet Study, Bunny Visit. Classroom #10 Our special guest brought in a bunny to teach us all about caring for our furry friends. Just in time for Easter/Spring!

Pet Study, Cat Visit. Classroom #14 & 15 Our special guest brought in a cat to teach us all about caring for our furry friends.



PRE-K SPOTLIGHT MS. HOLLANDER'S CLASS



Mrs. Hollander's class has been so busy learning and growing and getting ready for kindergarten! We have been working hard on our letter sounds and beginning to add numbers together. We had so much fun when our families came to the classroom to work on our boat building project for STEAM family day! We have been keeping a close watch on our caterpillars as they go through the life cycle of growing into butterflies. We celebrated Earth Day and learned how to take care of our Earth by keeping it clean and beautiful. We also learned how important it is to recycle! Every day we are working together on building strong friendships and spreading kindness into the world!



MS. BICKOFF'S CLASS

In the spring flowers bloom and so do my students! My students have been working so hard this school year and their hard work is paying off! Most students started with lines and scribbles when writing their names and now they are writing first and last name. I'm so proud of them. My students are progressing nicely and getting ready for kindergarten.

We just finished our study on buildings and started our study on pets. Our pet study has been the most exciting this school year. We have a vet clinic and we are going to adopt our own "stuffed animal pets". We are working hard at learning about keeping animals safe and how to treat animals with respect. Our classroom is full of fun.

MS. SENESE'S CLASS

Mrs. Senese's class completed our Pet Study. Students investigated each animal we can have as pets, learned what they eat and drink, where they live, and how to take care of them. We even got a classroom pet fish that the students named "Fire."



PRE-K SPOTLIGHT

MS. GREEN'S CLASS



The children have become authors and illustrators while making their books about pets!







MS. WALKER'S CLASS

Spring is here and your child has blossomed! They have progressed academically, socially, and independently. We had an amazing time learning about tubes and tunnels that we created our own tunnel with cardboard boxes.

This week we began our Pet Study and students decided to turn the dramatic play area into a Pet Store. Throughout centers, students built or made homes for pets and families sent in pictures of their pet or stuff animals to be displayed. With partnership and dedication to students' growth we are succeeding as a group, thank you parents!























PRE-K SPOTLIGHT MS. KIMBLE'S CLASS



The month of April brought a lot of fun to H7! We continued learning about Buildings and were engineers, architects and creators. We had our Family STEAM day where we built boats and then over Spring break, we experimented if they floated or not. We ended the month with a visitor from PNC Growing Up Great, who read us a wonderful story, Mr. Tiger Goes Wild, by Peter Brown. We will be beginning our unit of study on Insects next week and were very excited when we found an inch worm on the playground.















MS. FJOREK'S CLASS

We have been learning about buildings. Children have learned how buildings are made, what materials are used to build them, about the various types of buildings all over the world, and what happens inside of buildings such as restaurants, car washes, schools, etc. Children used a variety of materials to build their own buildings during our study.











KINDERGARTEN SPOTLIGHT MS. NAVARRO'S CLASS



During the month of April, our class learned different ways to help our Earth. Like reusing, reducing and recycle. We also learned about 3D shapes. Our family's made animals made from recycling with their children. We celebrated Spring. We had fun coloring eggs and egg hunting.















MS. DEL ARCA'S CLASS

The students in F4 dyed eggs for Easter and we had lot of fun! In Math we have been studying solid and plane shapes. We have also learned how to make bigger shapes from smaller shapes. Finally on earth day, we went around the school and helped the earth by picking up any trash that was hiding underneath nooks and crannies. We learned about the three R's reduce, reuse, and recyle.



















KINDERGARTEN SPOTLIGHT MS. KHAN & MS. RODRIGUEZ'S CLASS



During the month of April, Dual Language students from Ms. Rodriguez and Ms. Khan's classes participated in a school-wide initiative to support Autism Awareness. Students came dressed to school in their special t-shirts or blue and marched around campus to show support and acceptance of everyone.



Ms. Khan's class also won the grand prize during our reading marathon with the most books read in kindergarten and the highest reader in the whole school. The class was awarded a pizza/ pajama party and a popsicle dance party. Students were then welcomed back from spring break with bright smiles for picture day. For Earth Day, both classes planted seeds and will observe them over the course of the next few weeks. Students also discussed ways they could help the planet by recycling, reducing, and reusing.







Read-a-thon Winners

Theresa Manziano, Kindergarten Reading Specialist

In March, D.A. Quarles Early Childhood Center held its 2nd Annual School Wide Read-A-Thon. This was a huge success, and our students earned a popsicle dance party for reading over 5,000 books. All students who participated received a participation prize and each student who read 50 or more books received a special reward. Our top Kindergarten and Pre-K readers received book baskets filled with lots of great books and reading tools to congratulate them for all their hard work. Wonderful job Quarles students.

Alexa from Ms. Bedoya's Class









Janelle from Ms. Khan's Class



Every Day Can Be Earth Day

by: Tara Nukk

This year, Earth Day was celebrated on Saturday, April 22nd. Since 1970, Earth Day has been celebrated annually to show support and raise awareness for the protection of our environment. With the right mindset, every day can be Earth Day! There are always opportunities to connect with nature and help protect it for generations to come. To get started, here is a fun list of activities you and your child can do together to commemorate our planet and its resources:



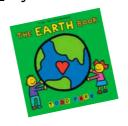
Plant a flower, bush, garden or tree: One of the most hands-on things you can do with your child to celebrate Earth Day is plant a plant. If your child loves flowers or a certain fruit, take them to a local garden store where they can pick their favorite to take home. This is a great way to introduce your child to the concept of "Farm to Table."

Feed wildlife: Take a nice stroll through your neighborhood or a local park. Bring some birdseed or bread to feed the birds you encounter. Your little one will love it!





Read a book: Read a nature-related book with your little one. Children love learning about the earth and how we can conserve it with books such as The Lorax by Dr. Seuss or The EARTH Book by Todd Parr.



Recycle: Teach your little one which household items can be recycled, composted or trashed. This activity can be continued throughout the year and will help teach sorting skills while making your home environmentally friendly.





Building Communication Skillsby Venus Rose, School Counselor

Teaching effective communication skills to children helps them to express themselves clearly and convey their feelings. Having good communication skills will help your child be more successful in school, in his/her career and in personal life. Good communication not only means being able to express oneself, but also paying attention to what others say.

Speaking Clearly - Work with your child to make his/her speech clear and understandable. Also, discuss how tone of voice can change the meaning of what is said.

"I" Message - The "I" message is a statement that focuses your child on his/her feelings and promotes non-defensive communication, to help your child move away from blame to taking responsibility for clearly communicating his/her feelings in a situation.

Be a Good Listener - Promote good listening skills with your child by modeling and focusing on what he/she is saying and expressing by making eye contact, asking questions and restating

Non-Verbal Communication – While having a conversation with your child pay attention to his/her body language and explain different facial expressions and body postures.

Communication Activities for Children

Play Telephone - You can include all members of the family. Have everyone sit in a circle, close enough to whisper easily. Start with your child, who will whisper a message into the ear of the player sitting to the right, who then whispers it into his neighbor's ears, and until everyone in the circle has taken a turn. The player at the end relays the message out loud. Once this is done, the last person to receive the message can reveal it everyone. It's very likely that the original message and the final received message are very different!

Show and Tell - Give your child a topic, like a favorite food, a favorite book, a favorite toy, or a road trip with the family. Have him/her exhibit an item related to the topic, and ask him/her to speak five sentences on it.

Emotional Charades - Play the game with the whole family by providing your child with a card depicting a particular feeling, like anger, sadness, boredom, fatigue, or happiness, and have him/her act it out and everyone takes turns guessing the feeling.



Bergen Family Center Summer Camp Information

A SUMMER ENRICHMENT PROGRAM June 26 to August 18, 2023 8am to 530pm

Children ages 3-6 years old (entering 1st grade)

Registration is complete when the first week of camp is paid. Availability is limited to 75 spots.

\$225.00 p/week per/child OFC Accepted: Please START paperwork ASAP

For more information please contact Alexandra Granados -

agranados@bergenfamilycenter.org https://docs.google.com/forms/d/e/1FAIpQLS fzs4jEN8v93Kyousfb-

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