



DWIGHT MORROW HIGH SCHOOL

274 KNICKERBOCKER ROAD, ENGLEWOOD, NJ 07631



Athletic Director: Shannon Arrieta 201-862-6047

August 2022

Dear Raider Nation:

My name is Shannon Arrieta and I am the new Athletic Director and DMHS! I am excited to continue to serve the Englewood school community in my new roll here on the campus. We are getting ready to begin our Fall season and the following is important information and requirements that will need to be fulfilled before getting started with practices and games.

Students who are interested in interscholastic athletic participation at Dwight Morrow High School. All Athletic Registration Information & Medical forms can be found on the athletic website; DwightMorrowRaider.com. We will continue to utilize the Genesis Parent Portal for the registration of student athletes. The following forms must be electronically submitted/acknowledged online: NJSIAA Steroid Testing Consent Form, NJSIAA Concussion Acknowledgement Form, Sudden Cardiac Death in Young Athletes Sign Off Form and Opioid Sign Off Sheet.

Physical examinations must be completed by a personal family physician. We must have a current and valid physical (no more than 365 days old) on file for clearance to participate in any organized athletic activity. Examination forms given to your private physician must be completely filled out including student signature, parent signature and the doctor's signature in multiple places and a clear stamp of the attending physician's office. It is crucial to indicate the grade your child is entering in September of 2022 on the physical form and the sports they would like to participate in. Please do not fill out and submit a form that will be older than one year prior to the start of the first sports season your student-athlete will participate in. Older physicals with outdated information will only delay in having your child physically cleared to participate. **In order to be guaranteed clearance for fall sports the forms must be submitted no later than Friday, 8/12/22.**

Under state law, the school doctor must verify the accuracy of the completed form and officially validate it. Only the state required forms will be accepted. These forms are available in the Athletic Office located in the MLK Hall in room 529 and are also available online as indicated above.

All required forms must be completed and submitted together in the following manner:

MAIL to Dwight Morrow High School, Attn: Shannon Arrieta, Athletic Director, 274 Knickerbocker Road, Englewood, NJ 07631 or

SCAN & EMAIL them but they must be clear and legible to sarrieta@epsd.org or asecretary@epsd.org or

DROP OFF the forms to the Athletics Office at the High School.

Your compliance with this procedure will ensure accuracy and expedite the process of officially clearing the student to participate. If a physical form is not filled out and signed correctly, it will be sent back to you and your student-athlete(s) will NOT be cleared. All athletes must practice a minimum of 6 days before participating in scrimmages as per NJSIAA rules.

We look forward to your child's participation next year. Thank you for your attention to this important and state required procedure.

My Best Regards,

Shannon Arrieta
VP/Athletic Director
Dwight Morrow High School

DO NOT WAIT UNTIL THE LAST MINUTE. ANY QUESTIONS PLEASE CALL: 201-862-6107

OR

EMAIL - asecretary@epsd.org